



THURSDAY, JUNE 20

16.00 HOKA 5KM FUN RUN CITY TOUR (FOR FREE – SHOW UP)
Axeltorv, City Center

FRIDAY, JUNE 21

10.00 - 18.00 IRONMAN VILLAGE AND MERCHANDISE OPEN FOR ALL
M/S Maritime Museum

18.00 4:18:4 HELSINGØR (MINI TRIATHLON – REGISTER ONLINE)

SATURDAY, JUNE 22

10.00 - 18.00 IRONMAN VILLAGE AND MERCHANDISE OPEN FOR ALL
M/S Maritime Museum

13.00 IRONKIDS (KIDS RUN FOR FREE – REGISTER ONLINE)
IRONMAN Finish Line

SUNDAY, JUNE 23

07.30 START
Athletes start between 07.30 – 08.50

07.50 FIRST ATHLETE FINISHES SWIMMING / START CYCLING
All athletes between 07.50 – 10.10

09.50 FIRST ATHLETE FINISHES CYCLING / START RUNNING
All athletes between 09.50 – 14.30

10.00 - 18.00 IRONMAN MERCHANDISE STORE OPEN FOR ALL

11.30 FIRST FINISHER AT FINISH LINE
All athletes between 11.30 – 17.20

18.15 - 20.00 AWARDS & WORLD CHAMPIONSHIP SLOT ALLOCATION
Auditorium, M/S Maritime Museum



SEVERAL CAFÉS AND GOOD OPPORTUNITIES TO SEE THE ATHLETES / FLERE SPISESTEDER OG GODE MULIGHEDER FOR AT SE ATLETERNE



SHOPPING / INDKØB OG SHOPPING

FOOD AND DRINKS FROM THE LOCAL CAFÉS AND SHOPS / MAD OG DRIKKE FRA BYENS LOKAL ERHVERVSDRIVENDE



PARKING / PARKERING



KRONBORG CASTLE
(OPEN FOR ALL)

IRONMAN
MERCHANDISE
(OPEN FOR ALL)

CAFE
(OPEN
FOR ALL)

M/S MARITIME
MUSEUM
(OPEN FOR ALL)

ATHLETES GARDEN
PRE+POST RACE ZONE
(ATHLETES ONLY)

FINISH LINE

START

FOOD CORNER

NO ACCESS
(IRONMAN STAFF ONLY)

PARKING
CLOSED WHEN
RACE ON

STREET FOOD
(OPEN FOR ALL)
NO ACCESS
(IRONMAN STAFF ONLY)



INFORMATION WEBPAGE
ACTIVITIES, TRAFFIC ETC.
(DANISH)

1) CHECK THE VENUE AND
FIND THE LOCATION YOU NEED

2) FOLD, CLAP, CHEER!



HELSINGØR
KOMMUNE

IRONMAN®
70.3® EL SINORE

EVENT AREA WAYFINDING

- SWIM COURSE (ATHLETES)
- BIKE COURSE (ATHLETES)
- RUN COURSE (ATHLETES)
- PATH BEFORE/UNDER/AFTER (ATHLETES)
- BARRIERS
- SPECTATOR/PUBLIC PATH
- CROSS OVER (SPECTATORS/PUBLIC ETC.)
- ★ GOOD SPECTATOR SPOTS