

SHSAA Cross-Country Provincial Championships
October 11th, 2025

Deer Park Golf Course
Yorkton, SK



Week of SHSAA 2025 Cross Country Provincials

Coaches Meeting

Wednesday, October 8th, 2025 @ 3:40pm (Virtual via Zoom). There will not be a coaching meeting on site. SHSAA will send out the meeting link on Monday, October 6th.

Scratches

Can be emailed up to Friday, October 10th @ 4:00pm. After that, scratches will need to be reported at the registration tables before the event.

Substitutions

Available until 4:00pm Wednesday, October 8th.

Please email jeff@shsaa.ca with your substitutions/scratches.

Race Day Schedule

Registration 9:30 am-10:30 am

- Coaches will be directed to register at the tables located west of the main parking lot.
- Coaches will check their school in, pick up their envelopes containing their athletes' race sticker (Race bib provided by 321) and pins and report any scratches not previously reported.

Admission Gate

- We ask that all families, friends and supporters pay admission at the gate and not cut across the field.
- We will ONLY be able to accept CASH at the admission gate.
- Adults \$8.00
- Students (Grade7-12) \$6.00
- Youth – Free

Course Walk-Through 10:45 am

- Intermediate Girls and Intermediate Boys – 3 km loop (2 separate groups)
- Junior Girls, Junior Boys, Senior Girls and Senior Boys – 2km loop (4 separate leaders)

Opening Ceremonies 11:30 am by the start line

- ECDAA Greetings
- SHSAA Greetings
- Honorable Minister: David Chan

Approximate race times-starting at 12:00 pm

Note: A race will not begin until the previous race has been completed

- 12:00pm - Intermediate Girls (3 km)
- 12:30pm - Intermediate Boys (3 km)
- 1:00pm - Junior Girls (4 km)
- 1:30pm - Junior Boys (4 km)
- 2:00pm - Senior Girls (4 km)
- 2:30pm - Senior Boys (4 km)

Awards Ceremony

The awards ceremony will take place following the final race of the day (Sr. Boys). The awards presentation will take place near the finish line.

2025 SHSAA Cross Country Merchandise

The SportLogo boutique will be located on the west side of the clubhouse.

Washroom Facilities

Washroom facilities are in the golf clubhouse. Wheelchair accessible washrooms are also available.

Food Concession – Owls Nest

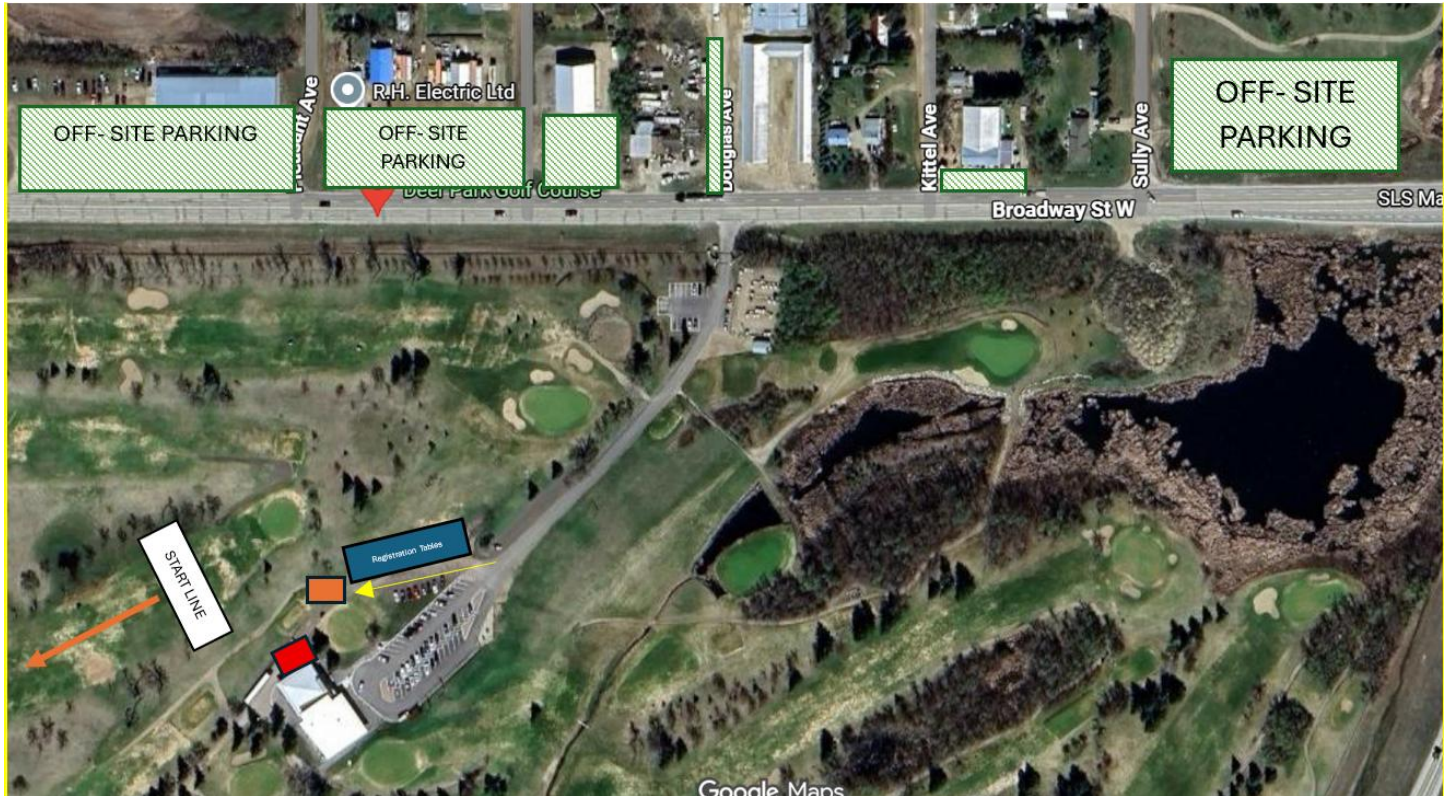
Owl's nest is asking visitors to access their restaurant on the east side of the golf clubhouse.

Parking

- ONLY entrance into the golf course is by entering from Broadway/Highway 52 gateway.
- 75 on-site parking spaces will be available. We ask that visitors respect the golf course and only park in designated spots. We need to keep reserved parking spaces open for the golf course workers.
- There are 3 accessible parking spaces available near the clubhouse.
- There will be student volunteers to help direct vehicles to these parking spots.
- We have plenty of available spots across the road due to local businesses graciously offering their space for our use. Please be respectful and park in a considerate way.
- More parking will be available in the green space located on Sully Avenue.

Bus Parking

Buses are permitted onsite to drop off athletes but there will not be any space large enough for them to stay parked. We ask that buses park at the Gallagher Centre parking lot until teams are needed to be picked up. Gallagher Centre is located on Broadway Street only half a kilometer east of Deer Park entrance.



Admission Gate	SportLogo Boutique	Registration Tables
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Finish Line

Race Numbers

All athletes will receive a race number with bobby pins to place on the front of their district singlet. These race numbers will have a race chip on the backside to allow for quicker results.

Once you have finished race, we ask that you stay away from the finish line when wearing this race number so it does not interfere with the finish line results.



Results – Following Completion of Each Race

Instantaneous (relatively speaking) results – Shortly after each race is completed. This will include placings and times. The raw results will not be physically posted anywhere at the race site. Athletes will have to listen for their placing at the finish table and check their times online.

Official results – Sometime after the meet has ended, an official and formatted document will be posted on the SHSAA website (www.shsaa.ca). These results will also include the team and District results.

Top 10 finishers – the top 3 runners will receive a medal and 4th-10th place will receive a ribbon at the awards ceremony following the final race of the day (Sr. Boys).

Team Awards – The top 3 teams from 1-5A will receive a medal (maximum four medals per team). Teams awards will be based on the top 4 finishers from a school across all age classes.

Finish Line ribbons (11th place and onward)- once runners' stickers have been peeled, each runner after the top 10 will be given a finish line ribbon as they leave the finish line funnel as memento of their participation in this 2025 Provincial Championship.

Sask Milk

Will be providing free milk to the athletes throughout the competition. Milk distribution will be located at the Awards tent by the finish line where volunteers will circulate and hand out milk.

On-site Medical

- * Medical will be provided on site at the finish line. Provided by Jannalee Physiotherapy.
- * All coaches should equip themselves with the standard first-aid supplies **including tape**, as with any other activity.

Course Information

The course is grassy with rolling hills throughout the course. There is one steep hill that all athletes will climb twice.

3KM course: Athletes will complete a 1km loop followed by the 2km loop.



4KM Course: Athletes will complete the 2km loop twice.

- Finishing the loop the first time, athletes will run back past the start line to start their second lap.



"Thanks in advance for coming—we can't wait to see you here!"

