



October 27, 2024

BK Swimmers & Parents,

**2 Days Until Districts**  
**12 Days Until State Championships**

TEAM!! We are two days out! You have all done an absolutely fabulous job this season and you are ready to roll on Tuesday. We are going to see some amazing swims and our team goals are in reach. You've endured 11 weeks of training and 7 preparatory meets. We are confident that you have worked harder than your opponents and made every opportunity count throughout the season. Now it's just time to have fun and race!

**Team Mass:** Reminder that we have team mass tomorrow morning. Please arrive no later than 7:40am. If there are circumstances that will prevent you from attending, please let me know ASAP and we will make accommodations for an alternative option.

**Districts:** There is a lot of scheduling around this meet, so please note the following...

7:30am	BK JV Swimmers Arrive at West Y
7:30am	Spectator Gates Open
8:00am	Warm-ups Open (BK will be in Lane 5)
9:00am	JV Meet Starts
11:00am	JV Meet Concludes
11:45am	Varsity Athletes Release From School
1:00pm	BK Athletes Arrive at West Y
1:30pm	Warm-ups Open (BK will be in Lanes 11-12)
3:00pm	Varsity Meet Starts
7:00pm	Varsity Meet Concludes

**School & Early Release:** Please note that Varsity swimmers MUST attend class on Tuesday morning and will be released at 11:45am. Swimmers cannot carpool in a student-athlete driven vehicle, so please plan accordingly. JV Swimmers are released for the entire day, but can choose to attend afternoon classes.

**State Qualifiers:** The top 7 finishers (and top 6 relay finishers) in each event are auto-qualifiers for state. In addition, there will be 6 at-large births awarded to the next 6 fastest times after all Districts have placed their auto-qualifiers. We will not receive the final list of qualifiers until next Sunday, but we will be keeping tabs on all of the District meets and keeping everyone up to speed on where you may stand.

Coaches:

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**Practices After District:** EVERYONE is welcome at all remaining practices and we encourage you all to attend, regardless of whether or not you qualified for state. Our team success is the result of ALL team members and we want you all there!

## Calendar Reminders:

October 28	@ 7:40am -	Team Mass at BK
October 28	@ 4:00pm -	Practice
October 28	@ 5:15pm -	Carbo Load Dinner at ICAC
October 29	@ 9:00am -	JV District Champs at West Y
October 29	@ 3:00pm -	Varsity District Champs at West Y
Oct. 30 – Nov. 1	@ 4:00pm -	Practice
November 4	@ 7:40am -	Team Mass at BK
Nov. 4 – Nov. 7	@ 4:00pm -	Practice
Nov. 8-9	@ 1:30pm -	State Prelims/Finals at West Y
November 19	@ 6:00pm -	Team Banquet at HCC

**Final Reminders:** A couple items that we will work through after the District meet. First, a quick reminder that I will be out of town next weekend and will miss practice on Friday. Coach Chelsea will have the workouts and make sure everyone has a great practice.

Second, tickets for state will be allocated to teams based on qualifiers and we have no idea what that will actually mean in terms of the number of tickets available to us. BK will purchase all available tickets allotted to us and then we will figure out how to disburse to the parents. If teams do not use all of their tickets, then there will be some available for sale to the general public. We'll cross that bridge next week, but I'll keep everyone informed as best as possible.

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We're looking forward to a fantastic District Championship Meet on Tuesday! This TEAM is ready to crush it!

As always, if you have any questions, please reach out anytime!

Go Knights!  
Coach Ryan



## 2024 TEAM COVENANT

- **WE ARE** strategically sophisticated in our success both swimmingly and scholarly.
- **WE WILL** be hard working and strive to achieve inspiring actions filled with integrity in an environment full of spirit.
- **WE ARE** a supportive community that leads by example through every aspect of our lives.
- **WE WILL** put in maximum effort in everything we do.
- **WE ARE** respectful and supportive of all teammates and opponents.
- **WE WILL** bring extraordinary energy and dedication to every practice and create a friendly and cohesive environment for all athletes.
- **WE WILL** motivate, inspire, and be respectful to all surrounding athletes, coaches, and officials.

## TEAM GOALS

### Women's Team

- (1) Win 6A State Championship
- (2) Academic State Champions
- (3) Be a Team, In and Out of the pool

### Men's Team

- (1) Top 3 Finish at 6A State
- (2) Relay Finalists at State
- (3) Academic State Champions

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