



ABOUT US

We offer highly effective baseball, basketball, and personal training programs for dedicated youth athletes of all skill levels. Sozo was created in collaboration with Marquis Grissom and Courtney Duncan, who share the same level of commitment, expertise, and passion to develop the next generation of athletes. In addition, Sozo offers HitTrax, a virtual program that provides real-time stats and key performance metrics, along with video analysis, trend reports, and more. Sozo is more than just a training facility, as we offer not only a unique approach to training athletes, but also to helping develop lasting life skills, exemplary character, outstanding work ethic, and the tools to become the best versions of themselves.

OUR FACILITY

Our new facility in Atlanta is over 16,000 square feet. Our team of coaches is among the most accomplished in their sport, from baseball, to basketball, to speed, and more! To compliment the superior hands-on coaching, we have implemented the most effective technology platforms known within the sports training industry. From diagnostics, to skill enhancement, to increasing speed and coordination, our proprietary sports curriculums are fine-tuned to accommodate the goals of each athlete, while Microgate technology allows our team of coaches to analyze and track player data in real-time for instant feedback and development.

WINTER PROGRAMS

Programs: We offer individual and group training for both baseball and basketball. For information, visit:

- Baseball: www.sozo.club/baseballtraining
- Basketball: www.sozo.club/basketballtraining

Duration: January 18th, 2021 - February 19th, 2021

Location: S24 Labs Atlanta - 5500 S Cobb Dr SE, Atlanta, GA 30339

Check-In: Players will check in at the front of building and enter the gym immediately upon arrival **COVID-19 Precautions:** Masks must always be worn in the facility (except when athlete is participating in athletic training)

- PARENTS CANNOT ENTER THE FACILITY (they must drop-players off)
- Players must bring their own water and equipment
- Players should not enter the facility until their assigned program time
- Players who are feeling sick or exhibiting symptoms of COVID-19 should not enter the building

Attire: Athletic wear, sneakers, and absolutely no cleats