

2026 St Croix Cup Rules

Players may only be listed on one roster per age division

Home team will wear light colors

Game Information

Teams must be ready to play up to 15 minutes prior to scheduled game time

5 minute warm up period

Tag up off sides will be used

Icing will be allowed while shorthanded

No checking 2013 through 2018, Slap Shots allowed at all levels

2 minute minor penalties and 5 minute major penalties at all levels

Otherwise USA Hockey Rules will be enforced

Three 15 minute stop time periods

1 minute break between periods

Ice will be resurfaced every 3 periods for all levels

Running time will be enforced with a 6 goal lead

The clock will not stop during running time

Each team is permitted one 1 minute timeout per game

Championship and Third place games will go to a 5 minute overtime and then a 3 person shoot out if tied at the

end of

overtime

Pool Play

Two points for a win and one point for a tie

Teams will be seeded by the number of points they accumulate within their pool

Tie breakers

Points

Head to Head: two teams only

3 or More Tied: Goal Differential (Between tied teams)

Goal Differential: 7 goal max per game

Least goals allowed

Highest total goals scored

Coin flip