



Welcome to North Middlesex AYF!

We are starting the 13th season of North Middlesex American Youth Football & Cheer. We welcome boys and girls grades PreK-8th to join us and enjoy the benefits gained from a high quality youth football and cheer program. NMA YF provides a foundation on which each child will develop core character values, honesty, caring, respect, responsibility and commitment. We encourage parents and athletes to embrace competition, participation, continuous improvement, team work, and good sportsmanship above winning.

NMAYF is run completely by volunteers. For each child that participates it is expected that parents will volunteer a minimum of 5 hours coaching, concession, sideline chains, football MPRs, fundraisers, etc. There will be many opportunities to volunteer and your kids will love having you there to play a part in this experience.

Our season is officially underway with two weeks in. We will be having parent meetings with your coaches, football/cheer director and president/VP next week.

As you all start to prepare for the season, I just wanted to remind everyone we will need accounts paid in full, paperwork turned in and if you have not done so already and either a 2023 physical or the medical certification signed by your child's doctor prior to their conditioning being completed. All athletes need to complete 10 hours of conditioning in the first two weeks, if you had vacation time planned in that time frame, your child will need to make up that time before they can move on to the next phase. Please work with your coach to make sure your child is all set for when they return. If you have not done so already, make sure you RSVP to practices so coaches know who is in attendance and who will need to make up hours. If you have not done so already, make sure you have downloaded the sportsengine app.

Please keep in mind all team communication is with your head coach only. If your child will be missing practice or there are any issues it should go directly to the head coach (unless it is in regards to league business)

Our game season kicks off August 20th with Jamboree. Our tackle & Flex teams will be attending, cheer teams do not. The regular game schedule will start the following week and lasts for 8 weeks. (plus any additional playoff games) We DO NOT typically get game schedules until the second or third week in August.

Cheer

Practices are typically at Pepperell Town field (4 Hollis Street, Pepperell) until school starts! Please note that due to the Pepperell concert series, Tuesday practices will be at Lower Varnum fields (behind the elementary school) through August 15th. The coaches will provide you with more information, of what is needed if they have not already. While the girls are outside, they should wear sneakers and bring plenty of water and have on bug spray! We provide the girls with a rental cheer uniform (D10 and above), game & comp bows. Jackets that we will have the girls wear to games once the colder weather starts is available on our online store.

Flag Flex Football

Practices are at Pepperell town field (4 Hollis Street, Pepperell) starting the week of July 25th until the season ends in late October. Please note that due to the Pepperell concert series, Tuesday practices will be at Lower Varnum fields (behind the elementary school) through August 15. We will provide the shoulder pads, helmet, game shirt. You will need to buy navy blue pocketless shorts for games (we do have one on our website), cleats and mouth guard. Bring lots of water to practice, you will go through LOTS. At the games and practices you can wear shorts that do not have pockets!

Tackle Football

Practices are at Pepperell town field (4 Hollis Street, Pepperell) from July 2 until the season ends in late October/early November. Please note that due to the Pepperell concert series, Tuesday practices will be at Lower Varnum fields (behind the elementary school) through August 15th. We are still in search of assistant coaches at 5th grade level if you have interest or know someone that may have interest. We will provide the shoulder pads and helmet. If you need a special mouth guard due to braces, make sure you get those orders in now with your dentist. You will need mouth guards, cleats, practice pants. (If you need any we have some available by our mech table for the next week) practice jersey, girdle for your game pants. Please note if your girdle does not have knee and thigh pads, you will need to buy them in addition. Some people have bought lightweight practice pants to wear with the game pants and that works too. Bring lots of water to practice, you will go through LOTS.

Webstores

<https://store.evo9x.com/collections/north-middlesex-patriots> open year round (has flex shorts)

<https://www.localprosports.biz/my-team-store/shop-my-team-store/#!/North-Middlesex-Patriots-AYF/c/21046087> open until midnight August 18th and orders will be distributed on or around September 8th.

Kristi Wakeham, President
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Steve Johnson, Vice President
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Travis Adams, Football Director
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Heather Schoff, Cheer Director
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Julie Gavin, Secretary
jcosta9@yahoo.com

Sean Parsons, Treasurer
clarksautobodyllc@gmail.com

IMPORTANT DATES

AUGUST

Monday, August 14: Golf Tournament - no football practices -- See attached Flier

Sunday, August 20th Central Mass North Jamboree, Tyngsboro

Saturday/Sunday. August 26-27th: Week 1 Games

SEPTEMBER

****PLEASE NOTE**** There will be games Labor Day weekend, most likely Saturday, 9/2
Sunday, September 17th: AYC North Fun Competition - Lunenburg-Ayer-Shirley

OCTOBER

Friday October XX Youth night at the high school

October XX Show and Go - League cheer showcase

Saturday, October 14th: Last weekend of Regular Season Games

Saturday, October 21st: Local Cheer Competition - Lowell Memorial Auditorium

Saturday, October 21st: First Week of Playoffs*

Saturday, October xx: Mighty Mite Bowl - Location TBD

NOVEMBER

Saturday, November 4th: MA State Cheer Competition* - Lowell Memorial Auditorium

Saturday, November 4th: All star game - Location TBD

Sunday, November 6th: American Bowl* - Location TBD

Saturday, November 19th: NE Regional Cheer Championships* - Whittemore Center

DECEMBER

Monday, December 4th - Sunday, December 10th: AYF/AYC National Championships*
Orlando FL

*Playoffs and States/Regional/National Competitions are for advancing teams only.

Dates are subject to change. Additional events may be added.

FUNDRAISING REQUIREMENTS

Each participant that registered directly with NM AYF was required to pay \$25 during the registration process. This fee covers the cost of 5 Calendar Raffle tickets. This fundraiser will take place the month of October. Calenders will be distributed soon and you can keep the tickets for yourself or sell them to friends and family members for \$5 each. If you are able to sell any additional tickets please do! The more we sell, the more the league benefits!!! We are looking for a few more dates to be filled, if you are a business or know of one interested in donating a prize, please reach out.

Each participant must sign up for at least 1 canning shift. Our canning weekend dates will be assigned soon.

Attached is the mums order form and flier for our Golf Tournament we will be hosting. As a reminder registration covers very little, donations and fundraisers are what keeps our program going

Each year we look for donations for our snack shack, once we have the game schedule we will send out a sign up to donate items.

We may be conducting other fundraisers throughout the season. Additional information will be shared as it becomes available.

This year we are selling 8" mum plants in 6 different color varieties for \$10 a piece.

The profit from each plant sold goes directly to North Middlesex AYF Patriots.

These plants are great gifts and complement any fall festive decor!

All Orders & Money must be in by Thursday, August 31st to your team mom! We will not place any unpaid orders. Delivery will take place at town field the following week. We can only take checks written by parents of our athletes

Name:	Phone:	White	Red	Orange	Bronze	Purple	Yellow	Total	pd

Cut

Please give hand in this
portion with your cash/Single
Check by 8/31

Needed of each Color

White	Red	Orange	Bronze	Purple	Yellow	Total

Players Name:

Team:

X \$10
Due:

Checks must be made payable to: NM AYF Patriots

As part of your NMAYF registration you pre-paid for \$25 worth of raffle tickets. We encourage you to sell as many tickets as you can though. (anyone that does not have an account paid in full will need to turn in \$25 with their tickets sold, raffle tickets are not covered under scholarships) Ticket sales no later than 9/27. Tyngsboro kids, feel free to sell tickets as well.

<div>\$5.00</div> <div>Calendar Raffle Ticket</div> <div>Thank you for supporting the NM AYF Patriots!</div> <div>NAME: _____</div> <div>PHONE: _____</div> <div>Ticket Sold By: _____</div> <div>Prizes will be distributed to the person that sold the ticket.</div>	
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