## White Bear Baseball Association 11-12 Year Old In-House League Rules

| (a) | Section 1-Schedule |
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| 1.1 | The season will begin as early as field conditions allow. Once the start date is announced, the league will schedule practice sessions followed by a season of 12-16 games. The season will culminate with an end of year championship tournament to be played on a Saturday in July. |
| 1.2 | Preseason practices will be held on Monday and Wednesday evenings at 5:00 and 6:30. Two teams will share each field for practices, with one early start time and one late start time each week. |
| 1.3 | When the regular season begins, games will be played on Monday and Wednesday evenings beginning at $6: 15 \mathrm{pm}$. Teams should arrive at fields at least 30 minutes prior to game time to properly warm up. |
| 1.4 | In the event of a rainout makeup games will be rescheduled by league director. |
| 1.5 | Prior to games, the home team will have infield for warm-ups from 5:45-6:00, visiting team will have infield from 6:00-6:15. <br> **Batter's Box and Pitching Rubber should not be used during warm-ups** |
| (b) | Section 2 - Rosters |
| 2.1 | Rosters will be created based on elementary school boundaries. |
| 2.2 | Each team roster will have a combination of eleven and twelve year old players. |
| 2.3 | A player that is eight years old on May 1st of the year may play in the 9-10 League if that player is in third grade. |
| 2.4 | An individual volunteering to coach a team is allowed to select two assistant coaches, all other players will be assigned to the team by the league director. |
| (b) | Section 3 - Game Rules |
| 3.1 | Games will begin at 6:15, a team must have at least 8 players to begin |
| 3.2 | Games will be 6 innings. 3 outs or 5 runs per inning. |
| 3.3 | Umpires will be assigned for each game. |
| 3.4 | 46 ' pitching rubber will be used. Umpire will call balls (4) and strikes (3). No curveballs will be permitted. |


| 3.5 | A team plays 9 players in the field, three in the outfield. The outfielders must remain in proper position during gameplay. |  |  |
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| 3.6 | The entire roster is entered into the batting order. |  |  |
| 3.7 | No leading off is allowed. |  |  |
| 3.8 | Runner may steal only after pitch has crossed home plate. No stealing of of home plate. |  |  |
| 3.9 | Runners may not advance on an overthrow from catcher back to pitcher. |  |  |
| 3.10 | The base runner is limited to one base on any steal attempt, wild pitch, or passed ball. |  |  |
| 3.11 | Runner on third base may not score on a throw from catcher to second base on a steal attempt. |  |  |
| 3.12 | One base on overthrow at any base that ends up in foul territory. Overthrow that remains in field of play is live ball. |  |  |
| 3.13 | Runners must slide when there is a play at any base other than first. Failing to slide will result in runner being called out. |  |  |
| 3.14 | Games will be called after 2 hours or due to darkness, score will revert back to last completed inning. Inning may not begin after 8:00 pm. |  |  |
| (b) | Section 4 - Playing Time |  |  |
| 4.1 | An individual player may not play more than one additional inning per game than any other player on the roster. |  |  |
| 4.2 | An individual player may not play more than one additional inning of infield per game than any other player on the roster. |  |  |
| 4.3 | Over the course of the entire season each coach should make sure that every player has the same number of innings in the infield. |  |  |
| 4.4 | Each player must play a minimum of 4 innings per game. |  |  |
| 4.5 | Over the course of the entire season each coach should make sure that every player has the same number of at bats. |  |  |
| 4.6 | A player may not play more than 9 outs at any one position, pitchers included. 9-out rule supersedes pitch-count rule. |  |  |
| 4.7 | Pitchers will be limited to 75 throws per week, no more than 50 in one game. Pitcher may finish the at-bat when limit is reached. |  |  |
| 4.8 | Game scores and pitch counts will be documented on website weekly. |  |  |
| 4.9 | Courtesy runner will be used when upcoming catcher is on base with two outs to improve speed of play. |  |  |
|  |  | WHITE BEAR BASEBALL ASSOCIATION CODE OF CONDUCT |  |
| Pla | r Responsibilities | Coach Responsibilities | Parent Responsibilities |
| I will: <br> Remem uniform Keep a | er to wear my full <br> ositive attitude. | I will: <br> Be prepared for practices and games. | I will: <br> Be positive and cheer for everyone. <br> Do my best to arrive on time. |

Support and cheer for my team.
Congratulate my opponents after each game.

Be a good sport.
Do my best.
Not argue with the umpire.

Schedule equal playing time for the entire team.

Teach in a positive and encouraging manner.

Try to make everyone on my team a better baseball player.

Be a role model.
Not argue with the umpire.

Not make negative comments about our team or our opponents.

Refrain from using alcohol or tobacco on ISD \#624 public school grounds.

Encourage and support my child.
Not argue with the umpire.

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