



Orinda Baseball Association COVID POLICY

Orinda Baseball Association (OBA) has developed the following safety protocols jointly with the California Department of Public Health (CDPH) and Contra Costa County Health Services (CCCHS). The following protocols are subject to change. Please visit the OBA Baseball website (www.obabaseball.com) for the most current information.

As of March 1, 2021, baseball is classified by the CDPH as an outdoor moderate contact activity.

Agreement to comply with the terms and conditions set forth below is required to participate in OBA.

1. All field time is assigned by OBA. Teams may only use fields during their scheduled field time. There are no open times. All use is scheduled specifically by team.
2. Physical Distancing
 - o Maintain at least **6 feet of distance** between sport participants and others to the maximum extent possible, including when on the sidelines.
 - o Maintain at least 6 feet of distance between coaches and participants and facilitate physical distancing between participants to the maximum extent possible.
3. Each athlete must have and use only their own bat, glove and helmet.
4. Hand sanitizer is to be made available by coaches at all events. Participants are required to use sanitizer before and after play as well as during breaks.
5. **Face coverings** are to be worn by **coaches, support staff and observers at all times**, and in compliance with the CDPH Guidance for the Use of Face Coverings.
 - o Face coverings are to be worn by **participants** during practice, conditioning and during competition, even during heavy exertion as tolerated. See the American Academy of Pediatrics Interim Guidance on Return to Sports [1] for specific exceptions where the face covering may become a hazard.
6. Spectators and Observers
 - o Spectators are not allowed at practices.
 - o Observers are limited to immediate household members, and for the strict purpose of age appropriate supervision.
 - o Observers shall maintain at least 6 feet distance from non-household members.
 - o Observers must wear face coverings at all times.
7. No sharing of drink bottles and other personal items and equipment.
8. Mixing with other households prior to and post any practice or competition must strictly adhere to current gathering guidance.
9. Balls or other objects or equipment can be touched by multiple players during practice and play if the above hand hygiene practices are followed.
10. Participants with COVID-like symptoms should not attend practice or competitions, should notify their team Manager & should consult their physician for evaluation and/or testing prior to returning.
11. Anyone with a suspected COVID-19 case, or in isolation or quarantine for COVID-19 should consult their physician for testing and notify their Manager and their coach, athletic trainer and/or school administrator of their symptoms and test results.
 - o Youth recovering from COVID-19 will have different paths to return to sports based on the severity of their illness. See the American Academy of Pediatrics Interim Guidance on Return to Sports [1] for additional guidance for more serious infections.

Additional Resources:

- **American Academy of Pediatrics:** <https://services.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/covid-19-interim-guidance-return-to-sports/>
- **California Department of Public Health:** <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/outdoor-indoor-recreational-sports.aspx>