



ImPACT Baseline Testing

It is no secret that the topic of concussions is at the forefront of athletics these days. With the continued focus on the appropriate treatment and management of concussions, many athletic organizations are looking for ways to ensure their athletes are properly cared for. One such step is having an athlete complete a **neurocognitive baseline test** before starting an athletic season. Should they experience a concussion, this information is then used by a healthcare provider to assist in this athlete's concussion management and safe return to play.

Athletico Physical Therapy can assist athletes and teams interested in obtaining these baseline tests through **ImPACT Baseline Testing** at select clinic locations. Please see below for more information and answers to some frequently asked questions.

Concussion ImPACT FAQs

What is a "Baseline Test"?

- Assess an athlete's brain function for items such as learning, memory, concentration, and problem-solving
- Establish an athlete's "normal" cognitive profile

What is ImPACT Testing?

- ImPACT = Immediate Post-Concussion Assessment and Cognitive Testing
- The most widely used and scientifically validated computerized concussion management tool available
- The only FDA-approved concussion management tool on the market today
- 30-minute online test for athletes ages 11-59 completed in a secure portal
- Measures visual/verbal memory, motor speed, impulse control, and reaction time

What are the benefits of ImPACT Testing?

- Supported by an industry-leading normative database of clinical research that increases the reliability and validity of testing results
- Assists qualified healthcare providers in the management of concussions and safe return to play
- Evolving continuously by incorporating the latest advancements in neurocognitive science and technology

How can my athlete complete an ImPACT Test?

- Contact select Athletico clinic(s) to administer baseline test for your athlete
- Contact baselinetesting@athletico.com if your organization is interested in partnering with Athletico to provide baseline testing

If you are interested in learning more about how Athletico can work with your organization in providing ImPACT baseline testing, [visit **athletico.com/baseline-testing**](https://athletico.com/baseline-testing)