

# Lake Park Sportzone

Presents



## OtterBasketball



**Location:** Lake Park Sportzone

N8770 Lake Park Rd  
Menasha, WI 54952

**When:**

November 6<sup>th</sup> – 8<sup>th</sup>, 2020

November 6<sup>th</sup> – 7<sup>th</sup> Two Day Camp

November 7<sup>th</sup> Footwork Camp 12:00pm – 3:00pm

November 8<sup>th</sup> Shooting Camp 8:00am-1:00pm

November 8<sup>th</sup> Explosive Guard Camp 2:00pm-7:00pm

**Cost:**

**Two Day Camp \$95 Footwork & Finishing Camp \$50**

**Shooting & Explosive Guard Camp \$150 each**

**Register:** [OtterBasketball.com](http://OtterBasketball.com), call 1-866-357-2966 or

**Mail Check with Registration Form on Back**

**Two-Day Camp:** Come train with the best! The first day starts by covering OtterBasketball's level I foot speed development plan and OtterBasketball's efficiency of movement concepts off the dribble and out of triple threat. This session will also cover OtterBasketball's 8 essential dribble moves that should be used to create opportunities for teammates as well as scoring opportunities. The camp will then cover manipulation of defense and straight line moves that will allow players to be more successful when playing against the taller, longer, quicker, more athletic player. Players will also be taught change of direction principles as well as the ability to go from acceleration to speed which is directly related to OtterBasketball's efficiency and kinesthetic alignment principles. Students will also work on their ability to make moves on the run-in transition following OtterBasketball concepts in the open floor. Jason will also demonstrate proper shot development and practice procedures which can directly affect shooting from an efficiency and consistency standpoint. The First session is Friday, Nov 6, 4-7pm & the Second session is Saturday, Nov 7, 8am-11am. Open to players 5th grade through 12th grade!

**Footwork & Finishing:** Footwork is something that is consistently overlooked and one of the most important aspects of being a successful player! From primary pivot out of triple threat to step backs, players have to learn proper footwork to reach their full potential. The first half of the camp will focus on footwork development helping players to create space against the defense to get shots off, create a deeper understanding of loading their feet to maximize their explosiveness and more! The second half of the camp will focus on finishing at the basket. Players will learn multiple different situational finishes at the rim, both speed finishes and power finishes. Players will use the Efficiency of Movement learned from the Day Camp and move into holistic work by incorporating making reads on the defense into finishes at the rim. This is a packed 3 hours of excellent game essential drills that every up and coming player needs! A minimum of One Day or Two Day Camp experience prior to this camp is highly recommended. Ages 7th grade and up.

**Shooting Camp:** Details: Shooting efficiency (taking out all wasted motion in the shot leading to a quicker release and more consistency) catch and shoot (release the ball faster and with more consistency by understanding proper techniques to the catch and shoot) catch and square (teach players how to catch and square up helping them establish correct pivot foot and load their legs for their shot and a explosive 1st step) creating space out of triple threat (making more efficient moves out of triple threat / creating space out of triple threat in the form of step backs and dribble moves / reading the defense out of triple threat / keys to making yourself hard to guard).

**Explosive Guard:** Every player wants to be more explosive and OtterBasketball's Explosive Guard Camp is THE camp that will get you there! This is an advanced camp and players entering this camp need to be familiar with OtterBasketball concepts and practice them regularly. This is an intense and physically demanding camp. The concepts covered in this camp include: \* Advanced Jump Rope Techniques \* Becoming Deceptive by Changing Speeds & Covering Ground Off the Dribble \* Taking Contact From Defense \* Strong Drives to the Basket \* Speed & Power Finishes at the Basket \* Proper Catch & Shoot Techniques \* Proper Catch & Shoot On the Run \* Shooting Off the Dribble \* Creating Space Out of Triple Threat \* Making the Proper Read on the Defense \* Much, Much More. These 5 Hours are packed full of information, drills and concepts that will make you the Explosive Guard you want to be! Remember: This camp is for players that have attended OtterBasketball events in the past, practice our drills and concepts regularly and are ready to be pushed to the next level. Players in 7th grade thru College, only 18 players accepted!

# OtterBasketball.com



Mail To:

OtterBasketball  
5800 Kochville Rd.  
Saginaw, MI 48604

# REGISTRATION FORM

**REPETITION + PROPER MECHANICS + INTENSITY = GAME SUCCESS**

***Please Circle Camps you are Attending***

**Two Day Camp – November 6<sup>th</sup> – 7<sup>th</sup> (\$95)**

**Footwork & Finishing Camp – November 7<sup>th</sup> (\$50)**

**Shooting Camp – November 8<sup>th</sup> 8am-1pm (\$150)**

**Explosive Guard Camp – November 8<sup>th</sup> 2pm-7pm (\$150)**

Player Information:

**Player Name:**

**Gender:** Male / Female  
(Please Circle One)

**Date of Birth:**

**E-mail:**

**Address:**

**Phone:**

**City:**

**State:      Zip:**

**T-Shirt Size:**    S M L XL XXL  
(Adult Sizes - Please Circle One)

**School:**

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Parent/Guardian Authorization: I hereby certify that my child is in good health and able to participate in the basketball camp activities. I hereby authorize the coaches/employees of the camp to act for me according to their best judgment. I hereby release this basketball camp from any and all actions for any injuries sustained while at the basketball camp or in the process of being transported to and from the basketball camp. I agree that all images, video or voice recording taken at OtterBasketball camps are the sole property of Jason Otter's School of Basketball and may be used for the promotion of the OtterBasketball brand.

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Signature of Parent/Guardian

***Please Make checks payable to Jason Otter***

***Mail to:***

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5800 Kochville Rd.  
Saginaw, MI 48604