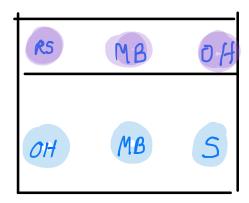
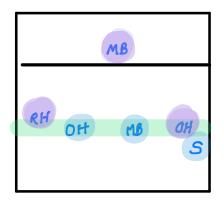
Rotation 1



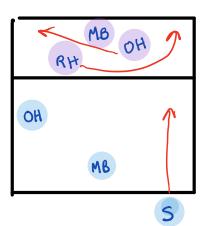
- = front row players = back row players

Red Arrows 1 1 indicate position switches after the server contacts the ball

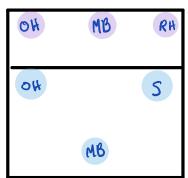
Serve Receive

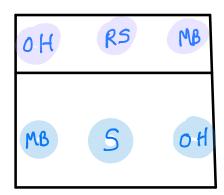


Serve

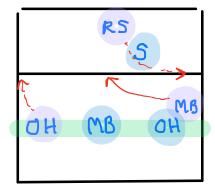


Base Defense 1

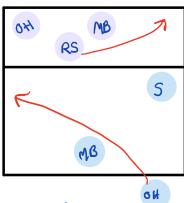




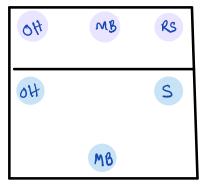
Serve Remove 2



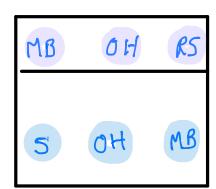
Serve 2



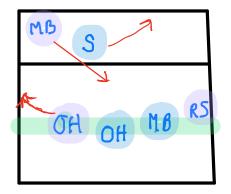
Base Defense 2



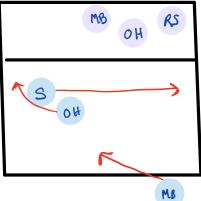
Rotation 3



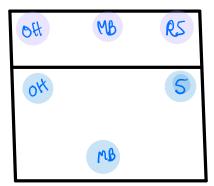
Serve Receive #3



Serve 3



Base Defense 3



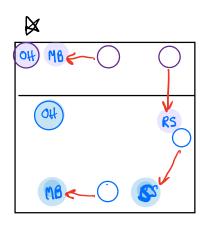
## **DEFENSE**

After our team serves the ball we immediately move into BASE Defense.

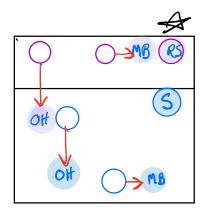
Additionally, when we are receiving the serve, we move into BASE Defense as soon as we have sent the ball onto our opponents side of the net. This is done quickly and ASAP Know your BASE position for front row play and back row play.

Once in BASE Position we will shift depending on where the opponent sets up their attack, so that

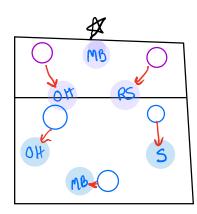
we have the best chance of blocking or digging and passing their attack.



red arrows indicate shift in position to prepare for defending attack attack on left side - Circle outlines show original base position. shaded circles show locations to which we move when opponents
set to the left side
2 blockers - back row of stays to defend tops attack on Right Side



Setter stays at base to help pick up typo



Attack in Middle

Only one blocker in middle. The left and right front players move back to help pick up

We may later adjust this formation in order to have 2 blockers on the attack.