



2025 Johnston Running Club Youth Track & Field Meet Schedule



General Information

Date: Sunday, June 1, 2025
Location: Johnston High School 6500 NW 100th St. Johnston, IA 50131
Registration: \$15.00 athlete participation fee (plus online processing fee)
Spectator Fee: None
Time: 8:00 a.m. Gates open
9:00 a.m. Field events begin
10:40 a.m. Running events begin

Pre-Registration Link: <https://www.athletic.net/TrackAndField/meet/602424/register>

Registration Deadline: Friday, May 30, 2025 @ 12:00 p.m (Noon).

Order of Events (girls followed by boys in each age group)

Track Events	
3000m Run*	B, C, D, E
4x800m Relay	B, C, D, E
100m Dash	SA, A, B, C, D, E
80m Hurdles	B
100/110m Hurdles	C, D, E
1500m Run	SA, A, B, C, D, E
4x100m Relay	SA, A, B, C, D, E
400m	SA, A, B, C, D, E
200m Hurdles	C
400m Hurdles	D, E
800m Run	SA, A, B, C, D, E
200m Dash	SA, A, B, C, D, E
4x400m Relay	SA, A, B, C, D, E

Age Groups

Age Groups	# of Events
SA – 2017 or later (8 & under)	3
A – 2015-2016 (9-10)	3
B – 2013-2014 (11-12)	3
C – 2011-2012 (13-14)	4
D – 2009-2010 (15-16)	4
E – 2007-2008 (17-18)	4
Age determined as of 12/31/2025	

of Events means the maximum number of events allowed for athletes in the age group
**Relays do not count towards an individual's max number of events

* = All ages will likely be combined for the 3000m Run.

All events will be a timed final. Please pay attention to the announcer, as we will run on a rolling schedule. Proceed to the clerk of course once event is announced. Check-in for all running events will be at the tent on the north side of the track.

Field Events - youngest to oldest unless noted

Long Jump (2 pits)	SA, A, B, C, D, E	
High Jump	A, B, C, D, E	(High Jump will be oldest to youngest age group, some age groups combined)
Discus	B, C, D, E	
Shot Put	SA, A, B, C, D, E	
Triple Jump	C, D, E	(Triple Jump will immediately follow long jump at the jumping pits)
Javelin	SA, A, B, C, D, E	(Javelin will be oldest to youngest age group, some age groups combined)

Field Event Check-In Locations

Long/Triple Jump: Located on the north side of the track - one pit for girls, one pit for boys

High Jump: Located on the south side of the track in the infield

Shot Put: Located west of the stadium

Discus: Located west of the stadium

Javelin: Located west of the stadium

Contact Info

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