



## Kodiak Hockey League 2025-2026 Season Overview

### KHL Board:

President – Carmel Carty – [president@kodiakhockeyleague.org](mailto:president@kodiakhockeyleague.org)  
Vice-President – Angela McFarland – [vicepresident@kodiakhockeyleague.org](mailto:vicepresident@kodiakhockeyleague.org)  
Treasurer – Melissa Cook – [treasurer@kodiakhockeyleague.org](mailto:treasurer@kodiakhockeyleague.org)  
Secretary – Breanna Peterson – [secretary@kodiakhockeyleague.org](mailto:secretary@kodiakhockeyleague.org)  
Registrar – Dan Polhemus – [registrar@kodiakhockeyleague.org](mailto:registrar@kodiakhockeyleague.org)  
Director of Coaching – Josh McCarthy – [coach@kodiakhockeyleague.org](mailto:coach@kodiakhockeyleague.org)  
Board Member – Jenn Caskey – [jenncaskey@kodiakhockeyleague.org](mailto:jenncaskey@kodiakhockeyleague.org)  
Board Member – Devin Skonberg – [devinskonberg@kodiakhockeyleague.org](mailto:devinskonberg@kodiakhockeyleague.org)  
Board Member – *OPEN POSITION, please submit applications to [info@kodiakhockeyleague.org](mailto:info@kodiakhockeyleague.org)*

### KHL Goals:

KHL is staffed by a volunteer Board of Directors, coaches, parents, and others, who are committed to providing an enriching and challenging program through teamwork, respect, discipline, and a lifelong appreciation of the game of hockey. KHL defines success as continual player development through active participation in the sport of hockey, while building sportsmanship and character. Hockey activities are designed to meet the needs of all levels of youth, with progressive and challenging programs as they move up age divisions.

- Develop teams & challenge players individually
- Instill a love for the game
- Understand and follow the American Development Model (ADM) principles
- Prepare for the next level
- Prepare and feed the high school hockey program

### Hockey Gear & Skate Sharpening:

Full gear is required for all players, whether in LTS/LTP or registered for a full season. Starter gear for 5-8 year olds is available for first-year KHL players, who are brand new to hockey. Gear bags include a helmet and all necessary pads. They are available mid-October for \$25.00 and \$150.00 deposit. *Please note: players must provide their own skates and sticks.*

**Required Hockey Gear:** Helmet with face shield, chest protector, elbow pads, hockey gloves, padded hockey pants, shin pads, hockey skates, hockey stick, mouth guard (required for 12U and up, highly recommended for all ages), KHL game jerseys, KHL practice jerseys, KHL game socks, KHL practice sock, highly recommended: neck guard, athletic cup.

**Uniforms:** game jerseys & game socks \$130/set and practice jerseys & practice socks \$60/set. If you still need your jerseys or need to confirm your jersey number, contact your Team Manager. Once confirmed, Bases Loaded will print your player's last name and number on the jersey for a fee (around \$30.00).

**Skate Sharpening:** Young players can get their hockey skates sharpened every 2-4 weeks, or 20-30 hours of ice time. If you push hard on your edges, you'll want it done more often. This time-frame is only to give you an idea; it would be best to sharpen your skates whenever you feel like it's affecting your game. Skate sharpening is available through the city, drop off & pick-up at the Teen Center: If you drop off your skates Monday - Thursday between 2:00pm – 8:00pm, your skates will be ready for pick up the next day, in the afternoon. Any skates dropped off Friday - Sunday will be available for pick-up Monday afternoon. Prices for skate sharpening: \$7 per pair or \$60 for a 10 - punch card.

**Need Gear?:** FLOW: in Kodiak Marketplace, [flowkodiak@gmail.com](mailto:flowkodiak@gmail.com); Play-it-Again Sports in Anchorage (907) 278-7529; Champion's Choice in Anchorage (907) 563-3503; Hockey Monkey [www.hockeymonkey.com](http://www.hockeymonkey.com); Pure Hockey [www.purehockey.com](http://www.purehockey.com); Sideline Swap [www.sidelineswap.com](http://www.sidelineswap.com); Poshmark [www.poshmark](http://www.poshmark); Ebay [www.ebay.com](http://www.ebay.com); Facebook (Kodiak Hockey Gear Swap, Swip-Swap); Sports Engine (use the chat or email feature to ask your team about possible available gear); Active Duty Military and other eligible military members can request gear through United Hero's League (UHL). Eligibility and equipment is solely up to UHL.

### **Season Schedule:**

**Player Registration:** \$275.00

**Regular season:** October 20th – February 28th

**LTS/LTP Registration:** \$150.00

**Last day to register:** November 30<sup>th</sup>

*please note: Migrant Ed will reimburse up to \$200.00 for the 25-26 registration costs, for Migrant-Ed players*

**The schedule below is subject to change. The most current practice and game schedules are posted in SportsEngine, under the player's age group.**

***Please note:** parents of those in 8U and under need to stay at the rink for the duration of practice and games*

### **Weekly Practices:**

- **LTS/LTP week one:** Friday 5:30pm - 7:00pm
- **8U week one:** Monday, Wednesday 5:30pm – 6:30pm \*players will be moved into Red/White/Blue after the first week
- **12U** Mondays & Wednesdays 7:00pm - 8:30pm
- **10U** Tuesdays & Thursdays 5:30pm - 6:30pm
- **14U** Tuesdays & Thursdays 7:00pm - 8:30pm

**Saturday Games:** Games will begin October 25th

*\*coaches build schedules one week in advance, typically games start with oldest age group and end with youngest age group, games will be posted in SportsEngine once the schedule is confirmed\**

- 8:00am – 9:15am
- 9:45am – 11:00am
- 11:30am – 12:30pm
- 1:00pm - 2:00pm
- 2:30pm - 3:30pm

### **Dryland:**

- Coaches may add dryland to their weekly practices, they will share that information as the season progresses

### **Coaches & Managers:**

- **LTS/LTP:**
- **8U:** Head Coach – D.J. Rhinehart, Dan Morrissey - Team Manager – Shannon Polhemus
- **10U:** Head Coach – James Jackson - Team Manager – Shanti Peterson
- **12U:** Head Coach – Erik Riutta - Team Manager – Jami Gardner
- **14U:** Head Coach – Derek Hietala - Team Manager – Amanda Morgan
- **16U/18U:** Head Coach – Josh McCarthy - Team Manager - Breanna Peterson
- **Director of Coaching** – Josh McCarthy

## Potential Off-Island Games:

*Please note – tournament fees are \$125.00 per invitational, there is no fee for the State tournament*

### Invitationals:

- **Turkey Shootout** - Anchorage, November 27th - 30th
- **WinterFest** - Anchorage, December 12th - 14th
- **Peninsula Winter Games** - Kenai, January
- **Presidents Day** - Anchorage, February 6th - 8th (10B, 12B, 14B)
- **Presidents Day** - Anchorage, February 13th - 16th (10A, 12A, 14A, 16A, 16B, 18A, 18B)
- **Ponytails** - Anchorage (all girls), April 10th - 12th
- **Mac Attack** - **8U ONLY**, Eagle River, dates TBD (often first weekend of March)

### State Tournaments:

- **10UB** - AHA (Anchorage) - March 6th - 9th - Ben Boeke Rink
- **10UA** - Avalanche (Wasilla)- March 27th - 29th - Menard Rink
- **12UB** - KPHA (Kenai) - March 20th - 22nd - SSC/Kenai
- **12UA** - Homer - Feb. 27th - March 2nd - Kevin Bell Arena
- **14UB** - TBD - March 12th - 15th
- **14UA** - HCF (Fairbanks) - March 20th - 22nd
- **16B** - HCF (Fairbanks) - March 13th - 15th
- **16A** - MHA (Eagle River)- March 20th - 22nd - MAC
- **18B** - MAHA (Wasilla) - March 12th - 15th - Menard
- **18A** - Juneau - March 6th - 8th - Treadwell

## Communication:

**In-person:** Team Managers or Coaches, KHL Board Members (emails posted on website)

**Website:** Board meetings and Board Member emails are posted on website; Coach, Player, Referee and Off-Ice Volunteer Registration posted on website; Parent Resource Tabs; Season Schedule

**SportsEngine:** Primary means of communication between KHL players/coaches/team managers, please refer to the SportsEngine document Team Managers send out

**Social Media:** Facebook – Kodiak Hockey League, Instagram - @kodiakhockeyleague\_ak

Coaches will also hold a parent meeting the first week of practice. Please attend, as coaches will share important information about the season, including A and B teams, Saturday games, code of conduct, KHL Move-Up Policy, Guest Player Policy, travel, and more!

## Fundraising:

Bruin Burgers: Biggest Fundraiser of the season, assembly of burgers occurs in April or May and selling of burgers is over Crab Festival weekend. *All families are given the option of volunteering 10-hours or paying a \$200.00 volunteer fee.*

## Merchandise:

**Hoodie Hut:** Open periodically throughout the season. We will be sharing a dibs to sign-up to volunteer, three volunteers max and one must be an adult. *10U and under may not volunteer.*

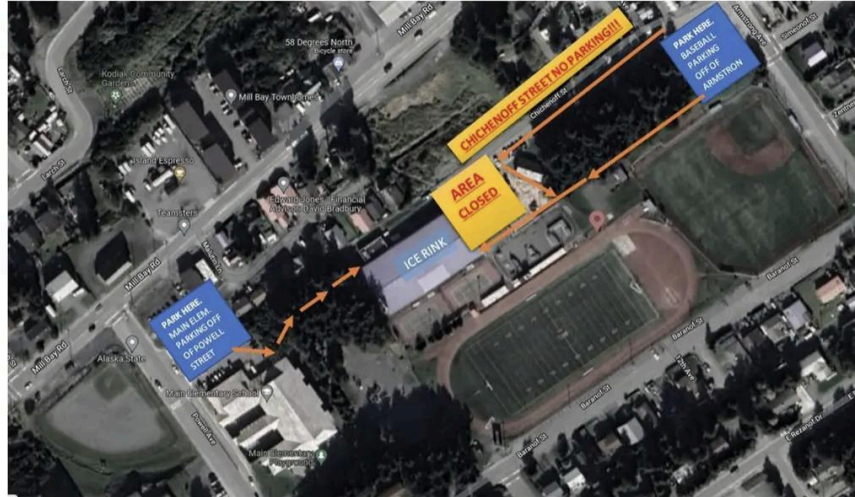
## 8th Grade Volunteers:

We will hold a meeting on Monday, October 20th at 4:30pm at the rink, for any 8th graders interested in volunteering with KHL this season. We are also using dibs for volunteer opportunities, you can find the link here:

[https://www.kodiakhockeyleague.org/dib\\_sessions/show/66830](https://www.kodiakhockeyleague.org/dib_sessions/show/66830).

**Parking:**

Parking will remain the same as last year. It is available at Main Elementary, the Baseball field, or the track. Please refer to the image below:

**Volunteer Opportunities:**

On-Ice Coaches, Dryland Coaches, Team Managers, KHL Board Positions, Scorekeeping, Run the Clock, Penalty Box, Bruin Burgers, Committee and Coordinator Positions are all available. More information can be found here: <https://www.kodiakhockeyleague.org/volunteers>.

Please reach out to your team manager to register as a volunteer or email [volunteer@kodiakhockeyleague.org](mailto:volunteer@kodiakhockeyleague.org).

**High School Hockey:**

This is the fifth season of KHS Hockey. While KHS Hockey is not affiliated with KHL, please consider supporting the KHS Team through their fundraising efforts and at their home games. Please note that KHL games will run a modified schedule on the weekends that KHS Hockey has home games.

KHS Home Games are:

- November 14th & 15th, KHS hosts Homer
- December 5 & 6th, KHS hosts Service
- January 16th & 17th, possible home games
- January 23rd & 24th, KHS hosts Palmer
- January 30th & 31st, KHS hosts Soldotna

When not traveling or not hosting home games, KHS Hockey plays the Men's League Friday evenings at 7:30pm.

**We are looking forward to a great season,  
where teamwork, respect, discipline, and a lifelong appreciation  
for the game of hockey is developed.  
Thank you for joining us for the 2025-2026 season!**

