

2025-26 Gopher State High School League Playing Rules

*National Federation of State High School Association rules will apply, with the following modifications.

- I. Eligibility
 - A. Players in the Gopher State High School League are **ONLY** eligible if they are **NOT** on the roster of any official High School basketball team.
 - B. All challenges to eligibility must be brought to the attention of and reviewed by the GSHSL Commissioner.

- II. Timing Factors
 - A. Games will consist of two 22-minute, running halves, with stop-time the last two minutes of the second half.
 - 1. However, if a team leads by 13 points or more in the last two minutes of the second half, running time will continue. If, at any point, the lead becomes 12 points or less, stop-time will be used.
 - B. Halftime will be two minutes.
 - C. Timeouts are limited to three 60-second timeouts per game.
 - D. **Overtime:** Each team will be awarded one timeout for each overtime period. There is **NO** carryover of unused timeouts.
 - 1. The first overtime period will be two minutes, stop-time
 - 2. The second overtime period will be the first team to **TWO** points wins. The clock is turned off.

- III. Playing Rules
 - A. **Foul Rules:** Fouls rules are same as High School
 - 1. The bonus will be awarded on the seventh (7) team foul of the half.
 - 2. The double bonus will be awarded on the tenth (10) team foul of the half.
 - 3. Players are permitted five (5) fouls before fouling out.
 - 4. **Technical Fouls:** **ONE** shot for **TWO** points and the ball will be awarded to the opposing team
 - 5. Two (2) technical fouls, by a player or coach, in the same game, will result in an ejection. The individual is disqualified from competition for the remainder of the day. Additionally, the individual may be subjected to further punishment if so, determined by MYAS.

 - B.
 - 6. FREE THROW RULES, STANDARD FREE THROW RULES APPLY

IV. Equipment/Attire

- A. **Uniforms:** Jersey tops must be of identical color and it is recommended they be numbered front and back. Teams are encouraged to have two sets (a light and a dark) of jerseys. Proper shoes must be worn.
- B. All jewelry must be removed prior to stepping onto the court. Players are **NOT** allowed to tape over any kind of jewelry (earrings, bracelets, necklaces, etc.)
- C. Teams are responsible for providing their own first-aid and sanitizing supplies.