

9 V 9 ATTACK NEAR OPPONENTS GOAL

REINFORCEMENTS

- When a player shoots when they have space to do so or creates a enough space to shoot
- When a player uses proper technique to score - inside close, instep further away
- When a player uses their non-dominant foot to shoot
- Variety of crosses
- When a player takes their touch towards goal to shoot
- When a player receives with a touch towards goal
- Combination play
- When we use space, either central or wide, to create scoring opportunities
- Scoring off a volley or bouncing ball

COACHING POINTS

- Receiving
 - Across body with inside of the foot
 - Into space if space is there
 - Away from pressure
 - Into the attack beating a line, if possible
- Passing/Finishing
 - Inside of both feet
 - Heel down and toe up
 - Instep of both feet
 - Off bouncing ball in box/volley/header (u12)
- Crossing - why do we do it?
 - Variety
- Where is the space - where are defenders?
 - Where are the 2v1s
 - How do we get there?
- Communicate effectively and work together to create space or find space
- Set pieces and corner-kicks

QUESTIONS

- If we have space, what should we try to do? Set up a shot and finish
- Is there space to go forward?
- How do you know if you have space? Scan before receiving
- What foot should you receive with if you have space? Foot closest to goal
- Can you open your body so you can receive with a touch towards goal?
- What can you do to get space from defenders? Scan and find space away
- Where is the best area to shoot from? How do we create space there? central, go wide
- If you don't have the ball, where is space? Wide, high, back, angle, and away from defenders in the final third
- What foot of your teammates should you pass to? So they can take a touch towards goal
- Who can we look for if we don't have space going forward? Wide, back at angle (not square)
- When the ball moves central (CM, FWD, etc.) where should the outside players go? Wide How? Backpedal or rounded run
- Why do we want to get the ball wide if it is easier to score in front of goal? If we can spread the defense out to create space in front of goal to play in to

Red - Base level questions Orange - Mid-level questions Green - Upper level questions

NOTES

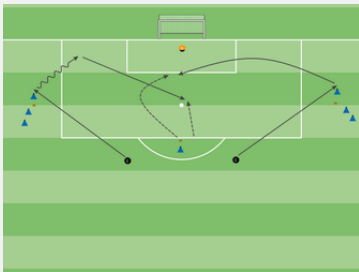
- Use Play-Practice-Play
- Start simple - go complex
- Use 2-3(max) activities per session in addition to play phases
- Dashed arrow - movement without ball
- Squiggly arrow - movement with ball
- Solid arrow - movement of ball

STANDARDS

- Dribbling
 - To penetrate
 - To find space
 - To change speed
 - To beat or commit defender
- Passing/finishing
 - Inside of both feet
 - Instep of both feet
 - Volleys/headers
- 2v1s - Find, create, exploit
- Receiving
 - Across body with inside
 - Bouncing balls
 - Where to go- 1st touch
 - To goal?
- Reading defensive shape
- Combination play
- Shape - Width/Depth
- Teamwork
- Self-Analysis

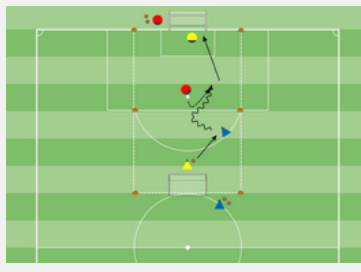
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N.90 Crossing



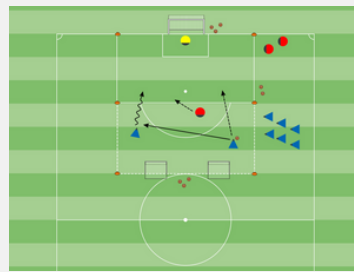
- Four lines - rotate through
- Coaches can play balls in or players can if service can be OK
- Ball is played in to outside player, touch towards goal, then service in.
- Player from one of the top two lines runs wide then attacks ball/goal
- Focus on crossing options
 - Early big cross
 - Late deep cross on the ground
 - Late cross in air to back side

A.21 1v1 (big goals)



- Three cones - Just add ball played in across body
- As soon as player shoots, player runs back around cone to play with opposite foot from other side
- If balls aren't played in well, coach can play ball
- Focus on instep (laces) from first position and inside from second position
- Let ball cross body if it is played in front of player

A.22 2v1 (big goal)



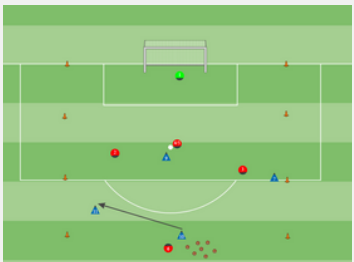
- Field as shown
- 2v1 with ball played in from coach
- Use to teach offside
- Use to teach about finishing 1v1 with keeper
 - Dribble until keeper commits
 - Inside of the foot by keeper
- Continue 2v1 teaching to create space for teammate
- Teammate stay even with defender and create separation
- Pass in front-touch to goal

A.23 2v2 (big goals)



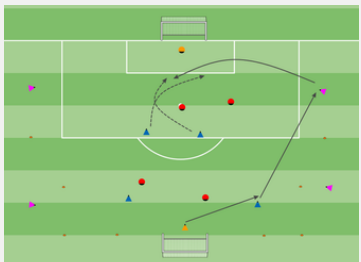
- Field as shown
- 2v2 with two goals
- More difficult variation of A.22
- Dribble to beat an opponent or create a shot opportunity
- Shoot is always first option
 - 2nd - Can you create space to shoot
 - 3rd - Teammate in a position to score?
- Teammate stay even with defender and create separation
- Pass in front-touch to goal

A.24 4v3(or 2) to goal



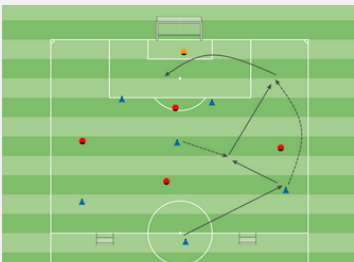
- Just smaller than width of 18, but a tad longer.
- 4v3 or 4v2 (if needing more shots) to goal
- Ball can be played in from coach or CM player
- Defending team plays to target CM
- Can do three counter goals
- Focus on creating just enough space to shoot or put someone in on goal with a pass to foot in to goal
- Use offside

A.25 4v4 + Flank N



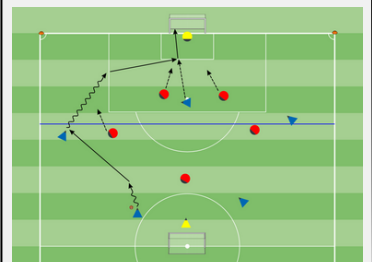
- Fields about the size of two penalty boxes
- Flanks on sides (one or two Neutrals on each side)
 - If two are used, just stay on one half
- Flank player - limit touches - and can take a touch inside to goal for a late cross on ground
- Focus on finding flank players and scoring from wide areas
- Focus on finishing technique
- Can add central neutral if needing extra attacker

A.26 6v4+Gk



- Attacking half of the field
- 6v4 + Gk to large goal and two counter goals
- Use 2v1s to create space on width
 - Example shown with wall pass
- Start ball with blue team at half-line
- Where is the space? If it is central, can we get there or can we shoot/score? If it is wide, can we get there to open up central areas?

A.27 6v6 (big goals)



- Attacking 2/3 of the field
- 6v6 or 7v7 + Gk to two large goals
- Could play to counter goals
- Free flowing to create a game form if possible
- If limitations are needed, you could use:
 - Neutrals
 - Counter goals
 - Target/Neutral on half line