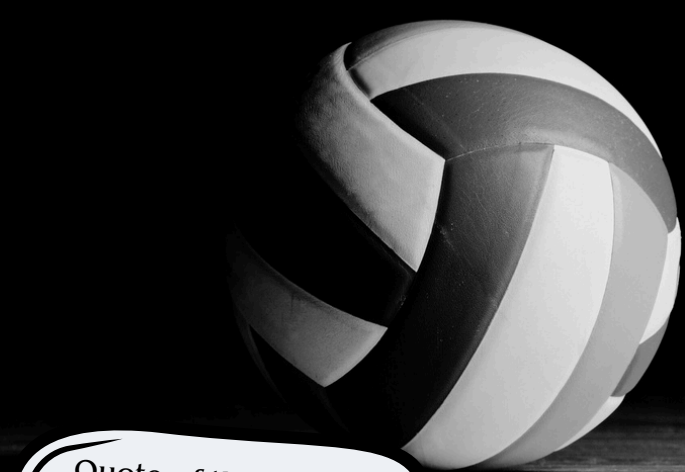


# The Court Chronicles

“Your child’s success or lack of success in sports does not indicate what kind of parent you are. But having an athlete that is coachable, respectful, a great teammate, mentally tough, resilient and tries their best IS a direct reflection of your parenting.”  
-Anonymous



## Sport Parenting 101

Do	Don't
Treat the coach as an ally, not an adversary.	Sugarcoat. Kids know the reality of the game or their skill set.

**Quote of the Week**  
 “We must all suffer from one of two pain; The pain of discipline or the pain of regret. The difference is discipline weighs ounces while regret weighs tons.”  
 -Jim Rohn

## BOOK CLUB

*The Gift of Failure*  
 by Jessica Lahey



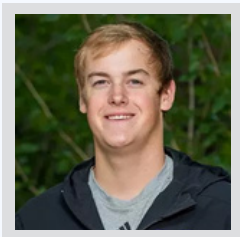
In Chapter 5 of *The Gift of Failure* by Jessica Lahey, titled “The Role of Struggle,” focuses on the importance of allowing children to struggle in order to develop essential skills for success. Lahey explains that struggle is an integral part of learning and growth, as it helps build resilience and perseverance. By stepping back, parents and educators can create opportunities for children to encounter challenges that require effort and problem-solving, which ultimately boosts their self-confidence. The chapter stresses that while it’s natural to want to protect children from failure, stepping in too soon can prevent them from developing the grit needed to overcome obstacles on their own. Lahey discusses how embracing struggle, rather than avoiding it, equips children with the ability to cope with frustration, learn from mistakes, and build a strong sense of capability. Struggling, in the right context, is an essential part of becoming competent and independent.

## FROM THE VAULT

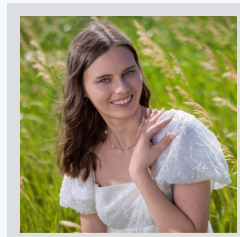
Why do we pay so much money for our kids to do all their sports? I have a confession to make; I don’t pay for my kids to do sports. Personally, I couldn’t care less about what sport they do. So, if I am not paying for sports *what am I paying for?*

**I pay for my kids to learn to make and accomplish goals.**

## ALUMNI HIGHLIGHT



**Noah Fader**  
 Capital City  
 Player/Official



**Sydney Harris**  
 NVA Coach and  
 Official

Kyle’s  
**DAD** Joke  
 of the week!

Dogs can’t read MRIs...  
 ...but catscan!

## Upcoming Games

- 2/19/25** LOVB HOU v. LOVB AUS  
 7:00pm CST on LOVB
- 2/20/25** LOVB OMA v. LOVB HOU  
 4:30pm CST on LOVB  
 LOVB STL v. LOVB AUS  
 7:00pm CST on LOVB
- 2/21/25** LOVB MAD v. LOVB ATL  
 6:30pm CST on LOVB