




Age Groups - TriClub Results
1.- Swansea Vale Tri (225419 points)

Start #	Athlete	AG	Country				Time	AGR
1	138 Daren Davies	M40-44	 - GBR	00:32:29	02:32:51	01:26:56	04:40:00	3500
2	267 Princess Maddison Shaddick	F25-29	 - GBR	00:32:56	02:50:36	01:37:44	05:08:50	3500
3	204 Marc Davies	M50-54	 - GBR	00:32:10	02:47:58	01:27:36	04:56:37	3434
4	137 Emily Marchant	F30-34	 - GBR	00:37:45	02:57:35	01:28:37	05:11:56	3297
5	122 Daniel Evans	M35-39	 - GBR	00:28:20	02:42:25	01:36:11	04:55:22	3096
6	152 Craig Jones	M35-39	 - GBR	00:28:33	02:47:09	01:32:57	04:56:50	3070
7	262 Iestyn Evans	M25-29	 - GBR	00:31:49	02:35:19	01:31:18	04:46:57	3009
8	273 Scott Ruse	M35-39	 - GBR	00:31:29	02:47:11	01:31:16	05:00:29	3004
9	286 Phillipa Mounsey	F40-44	 - GBR	00:38:21	03:33:27	01:46:42	06:11:38	2963
10	206 Sam Evans	M30-34	 - GBR	00:33:03	02:45:14	01:34:09	05:00:47	2955
11	218 Daniel Grimshaw	M30-34	 - GBR	00:30:45	02:50:02	01:32:48	05:03:38	2904
12	261 Mike Tate	M50-54	 - GBR	00:35:46	02:58:31	01:42:24	05:26:06	2903
13	253 Carl McClarnan	M50-54	 - GBR	00:38:32	02:50:09	01:49:59	05:27:37	2876
14	182 Abbie Evans	F35-39	 - GBR	00:33:57	03:09:05	01:48:09	05:41:22	2854
15	248 Matt Anthony	M35-39	 - GBR	00:29:02	02:48:16	01:44:58	05:11:32	2805
16	132 Marc Barrow	M45-49	 - GBR	00:34:00	03:04:28	01:42:38	05:32:27	2739
17	203 Jordan Discombe	M35-39	 - GBR	00:28:45	02:56:33	01:40:05	05:15:59	2725
18	176 Sam Lucitt Rees	M35-39	 - GBR	00:36:04	02:59:18	01:32:15	05:17:32	2697
19	249 Teifion Maddocks	M40-44	 - GBR	00:31:26	02:57:20	01:45:57	05:25:39	2678
20	231 Simon Bickel	M50-54	 - GBR	00:37:26	02:45:22	01:54:25	05:39:54	2655
21	213 Lee Hopkins	M40-44	 - GBR	00:36:52	02:50:40	01:52:34	05:30:55	2583
22	245 Paul Seppman	M45-49	 - GBR	00:28:48	02:58:54	02:02:17	05:42:29	2558
23	222 Antony Andrus	M35-39	 - GBR	00:38:43	02:52:47	01:45:25	05:28:22	2502
24	277 Llywelyn Williams	M35-39	 - GBR	00:35:09	03:00:54	01:41:07	05:29:51	2475
25	226 Alex Thomas	M45-49	 - GBR	00:36:47	03:02:17	01:52:45	05:48:53	2443
26	241 Mathew Giles	M45-49	 - GBR	00:31:13	03:17:09	01:48:56	05:49:38	2430
27	183 Chris Knight	M30-34	 - GBR	00:37:10	02:54:23	01:45:23	05:30:07	2427
28	270 Ryan Gibbons	M30-34	 - GBR	00:36:01	03:03:52	01:43:41	05:32:09	2391
29	225 Steve Lisk	M50-54	 - GBR	00:38:10	03:12:26	01:53:08	05:56:25	2358
30	276 Robert Hall	M40-44	 - GBR	00:37:29	03:10:02	01:42:28	05:43:30	2357
31	264 Julian Poole	M40-44	 - GBR	00:34:10		02:01:26	05:44:47	2333
32	285 Emily Mounsey	F30-34	 - GBR	00:39:15	03:24:10	01:47:31	06:05:38	2331
33	251 Daniel Bradbeer	M25-29	 - GBR	00:35:09	02:55:53	01:45:23	05:24:51	2327
34	179 Stuart Chrch	M45-49	 - GBR	00:39:23	03:17:05	01:42:59	05:56:55	2299
35	274 Daniel Jones	M25-29	 - GBR	00:32:38	02:57:33	01:43:58	05:26:26	2298
36	205 Ben Williams	M35-39	 - GBR	00:41:41	02:58:45	01:43:54	05:41:43	2262
37	199 Paul Harris	M55-59	 - GBR	00:40:04	03:28:57	02:02:58	06:23:46	2258
38	250 Lisa Starbuck	F30-34	 - GBR	00:38:20	03:25:49	01:56:22	06:10:58	2235
39	190 Daniel Evans	M35-39	 - GBR	00:40:26	03:19:23	01:32:40	05:44:10	2218
40	230 Craig Hellier	M40-44	 - GBR	00:42:20	03:01:00	01:58:46	05:51:29	2213
41	195 Scott Wemyss	M50-54	 - GBR	00:38:43	03:12:05	01:55:44	06:04:44	2208
42	104 Dom Capel	M50-54	- GBR	00:36:20	03:34:57	01:40:17	06:05:17	2198
43	196 Jamie Lowndes	M45-49	- GBR	00:38:25	02:59:39	02:13:00	06:03:49	2174

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Start #	Athlete	AG	Country				Time	AGR
44	933 Anthony Jones	M30-34	 - GBR	00:34:29	03:13:13	01:43:31	05:44:22	2171
45	283 Joseph Bailey	M25-29	 - GBR	00:31:14	02:54:09	01:55:10	05:33:50	2165
46	254 Paul Morris	M45-49	 - GBR	00:42:12	03:18:21	01:50:46	06:05:05	2152
47	244 Richard Pelta	M35-39	 - GBR	00:35:33	03:14:38	01:48:29	05:48:59	2131
48	191 Richard Hughes	M40-44	 - GBR	00:35:16	03:09:50	02:00:00	05:56:12	2128
49	759 Lynsey Dowling	F30-34	 - GBR	00:39:26	03:22:02	02:04:18	06:16:55	2128
50	187 Morgan Roberts	M30-34	 - GBR	00:37:48	03:17:52	01:40:20	05:47:23	2117
51	258 Conrad John	M55-59	 - GBR	00:38:47	03:27:09	02:14:11	06:32:19	2104
52	279 Daniel Ginn	M35-39	 - GBR	00:33:26	02:59:06	02:07:46	05:50:45	2099
53	239 Ian Lloyd	M45-49	 - GBR	00:38:09	03:14:45	02:00:11	06:08:01	2099
54	188 Andrew Downie	M40-44	 - GBR	00:32:05	03:11:19	02:04:30	05:58:23	2089
55	209 Stuart Prendiville	M45-49	 - GBR	00:37:55	03:26:30	01:51:05	06:09:01	2081
56	247 Matthew Lewis	M45-49	 - GBR	00:40:58	03:08:33	02:00:57	06:09:07	2079
57	227 Kevin Watson	M50-54	 - GBR	00:34:56	03:22:32	01:58:13	06:12:39	2066
58	215 Lee Draper	M35-39	 - GBR	00:38:58	03:10:29	01:53:29	05:54:10	2038
59	177 Stephen Arnold	M50-54	 - GBR	00:41:24	03:31:33	01:46:37	06:14:49	2027
60	234 Adrian Blake	M45-49	 - GBR	00:37:52	03:31:42	01:47:57	06:12:16	2022
61	185 Alex Simpson	M35-39	 - GBR	00:39:10	03:17:58	01:45:48	05:55:37	2012
62	193 Darren Thomas	M45-49	 - GBR	00:47:36	03:03:27	01:58:27	06:13:03	2008
63	180 Craig Ayers	M45-49	 - GBR	00:32:38	03:17:24	02:08:15	06:13:34	1999
64	186 Christian Madge	M30-34	 - GBR	00:41:54	03:20:10	01:38:25	05:54:51	1982
65	263 Jonathan Gates	M50-54	 - GBR	00:31:24	03:22:34	02:09:10	06:17:55	1971
66	174 Ian Gabe	M50-54	 - GBR	00:39:03	03:07:58	02:19:15	06:19:29	1943
67	220 Llyr Davies	M25-29	 - GBR	00:30:28	03:12:54	01:53:29	05:46:54	1930
68	223 Drew Johnson	M35-39	 - GBR	00:34:40	03:10:32	02:07:47	06:02:26	1889
69	219 Paul Egan	M45-49	 - GBR	00:37:50	03:15:37	02:14:27	06:20:16	1878
70	278 Sian Richards	F40-44	 - GBR	00:38:11	03:52:02	02:27:33	07:12:37	1865
71	217 Russell Bailey	M40-44	 - GBR	00:38:29	03:28:24	01:50:11	06:11:56	1845
72	212 Thomas Williams	M40-44	 - GBR	00:39:17	03:23:37	01:52:28	06:12:59	1826
73	181 Matthew Thomas	M45-49	 - GBR	00:37:04	03:17:51	02:13:22	06:23:22	1823
74	202 Spencer Lawrence	M45-49	 - GBR	00:36:28	03:06:09	02:27:54	06:23:49	1814
75	211 Lucy Chieffo	F35-39	 - GBR			02:10:21	06:39:06	1814
76	288 Simon Davies	M35-39	 - GBR	00:39:00	03:19:19	01:58:46	06:08:01	1788
77	246 Neo Seppman	M18-24	 - GBR	00:27:47	03:00:16	02:04:55	05:46:31	1775
78	221 Cameron Hopkins	M30-34	 - GBR	00:44:06	03:26:30	01:45:39	06:09:11	1724
79	208 Connor Ireland	M25-29	 - GBR	00:34:49	03:12:47	02:00:21	05:58:50	1715
80	287 Eli Johnson	M18-24	 - GBR	00:44:01	03:09:12	01:43:37	05:51:24	1688
81	269 Steffan Jones	M35-39	 - GBR	00:39:10	03:12:17	02:06:42	06:14:03	1680
82	216 Richard Sullivan	M45-49	 - GBR	00:38:25	03:31:21	02:09:19	06:35:59	1595
83	232 Joey Barrow	F40-44	 - GBR	00:42:11	03:58:55	02:33:48	07:27:51	1591
84	192 Huw Bevan	M50-54	 - GBR	00:40:49	03:24:40	02:20:02	06:39:43	1578
85	235 Andrew Marvelley	M35-39	- GBR	00:42:51	03:33:33	01:48:23	06:19:56	1574
86	259 Paul Martin	M40-44	- GBR	00:29:52	03:33:01	02:13:32	06:28:21	1549

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Start #	Athlete	AG	Country				Time	AGR
87	236 Scott Dorell	M30-34	- GBR	00:34:48	03:22:49	02:09:41	06:19:44	1534
88	224 Matthew Morgan	M30-34	- GBR	00:43:16	03:25:15	01:59:23	06:21:57	1494
89	197 Barri Jones	M35-39	- GBR	00:47:00	03:24:36	02:02:51	06:24:50	1486
90	207 Suzi Sloan	F25-29	- GBR	00:41:25	03:46:24	02:17:03	07:00:48	1484
91	272 Ben Chapman	M35-39	- GBR	00:34:59	03:12:10	02:14:38	06:25:38	1471
92	133 Craig Ellery	M35-39	- GBR	00:36:02	03:21:38	02:14:28	06:25:51	1467
93	243 Marc Baker	M40-44	- GBR	00:39:55	03:32:05	02:03:56	06:32:55	1467
94	281 Rhys Evans	M30-34	- GBR	00:32:25	03:15:15	02:26:02	06:26:36	1411
95	255 Ray Castle	M40-44	- GBR	00:37:48	03:17:18	02:25:18	06:37:42	1381
96	210 Nicola Jones	F35-39	- GBR	00:40:53	04:03:50	02:08:22	07:09:45	1263
97	257 Poppy Tidswell	F25-29	- GBR	00:40:07	03:57:09	02:20:14	07:14:37	1235
98	228 Robby Stephens	M30-34	- GBR	00:48:46	03:20:26	02:12:57	06:37:53	1208
99	271 Michael Chapman	M40-44	- GBR	00:42:32	03:38:20	02:17:28	06:52:14	1119
100	189 Jon Williams	M50-54	- GBR	00:41:47	03:35:15	02:38:53	07:13:27	971
101	252 Rachael Draisey	F35-39	- GBR	00:52:07	03:58:23	02:22:32	07:26:39	959
102	240 Owain Humphreys	M45-49	- GBR	00:41:50	03:36:44	02:37:22	07:11:38	954
103	175 Kieran Ashford	M30-34	- GBR	00:34:51	04:04:33	01:58:24	06:52:03	953
104	233 Sean Perkins	M50-54	- GBR	00:40:36	03:39:27	02:38:26	07:19:35	861
105	198 Nicky Cursio	M30-34	- GBR	00:38:31		01:43:48	06:57:11	860
106	266 Leighton Roberts	M45-49	- GBR	00:43:02	03:52:55	02:28:40	07:17:35	847
107	214 Michael Coffey	M35-39	- GBR	00:39:21	03:48:26	02:24:17	07:10:33	700
108	242 Andrew Pearson	M30-34	- GBR	00:53:16	03:45:19	02:27:48	07:19:26	700
109	265 Nathan Jajou	M30-34	- GBR	00:43:11	03:43:58	02:39:06	07:23:31	700
110	200 Rhodri Hunt	M30-34	- GBR	00:41:26	04:04:24	02:39:24	07:46:02	700
111	194 Tori Jones	F25-29	- GBR	00:52:09	04:12:36	02:30:34	07:49:08	700
112	260 Luke Threlfall	M30-34	- GBR	00:40:14	04:25:42	02:42:40	08:04:16	700
113	280 Richard Evans	M45-49	- GBR	00:43:03	03:55:09	03:03:39	08:09:53	700

2.- Celtic Tri (76307 points)

Start #	Athlete	AG	Country				Time	AGR
1	308 Alex Heron	M75-79	- GBR	00:41:40	03:48:49	02:16:42	07:01:14	3500
2	139 Steve Jones	M55-59	- GBR	00:38:18	03:04:12	01:43:40	05:36:49	3103
3	314 Simon Hughes	M45-49	- GBR	00:32:50	02:53:37	01:40:10	05:16:17	3030
4	318 Sandra Jones	F45-49	- GBR	00:39:36	03:14:52	02:01:21	06:08:34	2940
5	321 Rob Malough	M45-49	- GBR	00:32:44	03:00:59	01:47:08	05:30:36	2772
6	301 Nathan Tweed	M45-49	- GBR	00:31:20	02:55:12	01:55:12	05:33:11	2726
7	307 Jonathan Williams	M45-49	- GBR	00:35:41	02:58:34	01:47:25	05:33:48	2715
8	304 Paul Williams	M40-44	- GBR	00:36:18	02:54:56	01:39:23	05:26:02	2671
9	325 Darren Beddows	M45-49	- GBR	00:33:19	03:06:53	01:50:41	05:44:06	2529
10	330 Edward Mark Davies	M50-54	- GBR	00:33:17	03:02:13	02:01:02	05:47:53	2511
11	313 Neil Buckman	M40-44	- GBR	00:36:59	03:00:09	01:48:54	05:37:15	2469
12	135 Lewis Bradley	M25-29	- GBR	00:35:17	02:50:05	01:43:36	05:18:49	2435
13	333 Michael Bohan	M40-44	- GBR	00:35:38	02:59:44	01:51:13	05:40:08	2417

Age Groups - TriClub Results
2.- Celtic Tri (76307 points)

Start #	Athlete	AG	Country				Time	AGR
14	300 Mark Walker	M50-54	- GBR	00:39:22	03:08:42	01:54:50	05:53:27	2411
15	327 Steve Haywood	M50-54	- GBR	00:39:43	03:17:30	01:47:02	05:57:20	2341
16	336 Lisa Tustin	F40-44	- GBR	00:35:45	03:47:42	02:24:12	07:02:25	2048
17	338 Jonathan Lewis	M35-39	- GBR	00:40:55	03:14:48	01:47:32	05:56:30	1996
18	324 Cathryn Jenkins	F50-54	- GBR	00:42:30	04:02:12	02:23:29	07:29:45	1859
19	310 Hayley Harris	F40-44	- GBR	00:44:59	03:50:53	02:18:48	07:13:51	1843
20	309 Rachel Gabb	F45-49	- GBR	00:48:23	03:49:04	02:18:04	07:09:52	1836
21	322 Kelly Hutin	F45-49	- GBR	00:31:52	03:46:18	02:36:20	07:09:59	1834
22	312 Kelly Griffiths	F45-49	- GBR	00:42:52	03:58:10	02:08:04	07:10:19	1828
23	299 Lisa Walker	F45-49	- GBR	00:45:31	03:46:13	02:22:42	07:12:24	1791
24	303 Tina Gabb	F45-49	- GBR	00:44:06	04:05:55	02:09:05	07:16:17	1721
25	305 Steven Woodward	M45-49	- GBR	00:42:00	03:15:37	02:16:13	06:34:33	1621
26	320 Andrew Jenkins	M55-59	- GBR	00:41:48	03:23:21	02:39:58	07:00:21	1599
27	337 Christopher Roberts	M40-44	- GBR	00:33:58	03:26:25	02:11:41	06:27:59	1556
28	328 Robert Davies	M50-54	- GBR	00:41:11	03:17:29	02:26:51	06:41:44	1542
29	306 Phil Whitney	M45-49	- GBR	00:46:39	03:26:33	02:11:57	06:41:25	1498
30	316 Tom Nelson	M40-44	- GBR	00:44:01	03:32:14	02:08:44	06:42:39	1292
31	311 Michael Harris	M45-49	- GBR	00:37:34	03:26:01	02:32:47	07:00:43	1150
32	323 David Hutin	M55-59	- GBR	00:39:46	03:40:01	02:43:06	07:29:04	1082
33	334 Iestyn Thomas	M18-24	- GBR	00:35:51	03:14:37	02:24:21	06:26:50	1050
34	302 Kevin Davies	M50-54	- GBR	00:39:43	03:44:11	02:27:58	07:12:14	993
35	331 Darren Heath	M45-49	- GBR	00:41:17	03:26:51	02:45:23	07:10:34	973
36	332 Michael Kethro	M55-59	- GBR	00:45:21	03:52:26	02:46:46	07:40:31	876
37	335 Sam Donovan	M30-34	- GBR	00:39:20	03:34:26	02:27:18	06:58:11	842
38	319 Craig Griffiths	M40-44	- GBR	00:37:53	03:45:00	02:30:39	07:09:34	807
39	329 Adam James	M30-34	- GBR	00:40:59	03:27:03	02:46:55	07:09:12	700
40	317 David Prince	M40-44	- GBR	00:49:11	03:47:21	02:26:24	07:19:30	700
41	315 Owain Roberts	M40-44	- GBR	00:42:51	03:46:00	03:02:44	07:56:52	700

3.- Team Nft (50313 points)

Start #	Athlete	AG	Country				Time	AGR
1	109 Ryan James	M30-34	- GBR	00:30:29	02:34:50	01:25:24	04:37:53	3368
2	485 Lewis Richards	M30-34	- GBR	00:29:30	02:35:08	01:25:26	04:37:57	3366
3	1615 Richard Jellyman	M35-39	- GBR	00:27:10	02:50:36	01:27:38	04:52:16	3152
4	1003 Nick Morris	M35-39	- GBR	00:33:59	02:42:45	01:36:27	05:01:00	2995
5	711 Andy Devonald	M50-54	- GBR	00:34:48	03:04:09	01:37:41	05:28:11	2866
6	692 Josh Morgan	M25-29	- GBR	00:31:36	02:43:21	01:32:11	04:55:39	2852
7	121 Ben Pleasants	M35-39	- GBR	00:29:55	02:49:42	01:41:06	05:10:25	2825
8	634 Evan John	M30-34	- GBR	00:32:15	02:56:45	01:31:34	05:08:10	2822
9	1219 Lloyd Dowling	M25-29	- GBR	00:27:54	02:50:29	01:34:04	05:01:30	2747
10	1259 Carl Williams	M35-39	- GBR	00:34:41	02:47:40	01:43:35	05:15:13	2739
11	1437 Emyr Evans	M35-39	- GBR	00:35:22	02:50:44	01:40:06	05:16:02	2724
12	1159 Rhodri Workman	M25-29	- GBR	00:37:52	02:56:45	01:28:11	05:12:35	2548

Age Groups - TriClub Results
3.- Team Nft (50313 points)

Start #	Athlete	AG	Country				Time	AGR
13	1613 Nick Parish	M35-39	- GBR	00:35:22	02:59:04	01:49:11	05:34:20	2395
14	1556 Joel Knott	M30-34	- GBR	00:38:44	03:05:04	01:39:14	05:32:29	2385
15	599 Craig Lewis	M40-44	- GBR	00:43:03	03:01:20	01:48:37	05:43:57	2348
16	1657 Vinal Patel	M35-39	- GBR	00:37:45	02:58:29	01:48:48	05:38:26	2321
17	706 Sam Gough	M30-34	- GBR	00:34:30	03:07:05	01:43:14	05:37:13	2300
18	691 Gary Morgan	M55-59	- GBR	00:39:36	03:18:21	02:32:06	06:45:34	1865
19	926 Lewis Jenkins	M30-34	- GBR	00:46:16	03:33:28	02:16:01	06:49:40	995
20	809 Luke James	M30-34	- GBR	00:43:21	03:47:15	02:45:15	07:30:19	700

4.- Caerphilly Triers (47419 points)

Start #	Athlete	AG	Country				Time	AGR
1	883 Simon Williams	M55-59	- GBR	00:36:11	03:03:42	01:50:43	05:46:03	2936
2	1214 Jonathan Morgan	M35-39	- GBR	00:32:42	02:48:20	01:40:36	05:10:01	2832
3	859 David Lee	M35-39	- GBR	00:32:45	02:52:23	01:37:35	05:11:36	2804
4	1672 Matty Whitefoot	M45-49	- GBR	00:31:01	03:07:07	01:43:07	05:32:22	2741
5	113 Luke Hurley	M45-49	- GBR	00:34:09	03:04:15	01:40:48	05:33:20	2723
6	571 Anna Markall	F50-54	- GBR	00:43:18	03:43:17	02:22:06	07:09:03	2232
7	1466 Jono Willicombe	M45-49	- GBR	00:35:34	03:26:15	01:45:22	06:01:09	2222
8	573 Joanne Nelms	F50-54	- GBR	00:44:21	03:48:51	02:19:53	07:14:35	2132
9	632 David Rees	M55-59	- GBR	00:43:22	03:26:02	01:59:54	06:31:42	2115
10	1405 Konrad Figurski	M40-44	- POL	00:30:51	03:21:02	01:53:29	05:56:58	2114
11	1076 Joe Sage	M45-49	- GBR	00:41:34	03:18:24	01:57:30	06:13:51	1994
12	1587 Tomasz Figurski	M40-44	- POL	00:38:21	03:22:49	01:51:44	06:06:30	1943
13	680 Peter Jones	M55-59	- GBR	00:37:03	03:29:22	02:18:39	06:42:06	1928
14	1289 Marc Sturgess	M45-49	- GBR	00:36:16	03:23:42	02:09:25	06:26:51	1760
15	1166 David Smith	M40-44	- GBR	00:34:24	03:11:53	02:17:01	06:18:36	1725
16	1011 Gavin Williams	M40-44	- GBR	00:35:02	03:25:48	02:03:30	06:18:57	1718
17	1484 Jonathon Hatfield	M50-54	- GBR	00:32:33	03:27:25	02:17:09	06:32:50	1702
18	1065 Mark Allford	M35-39	- GBR	00:41:59	03:17:12	01:57:25	06:16:06	1643
19	1488 Grant Wakeman	M50-54	- GBR	00:42:42	03:26:37	02:20:08	06:44:20	1495
20	631 John Jenkins	M55-59	- GBR	00:38:58	03:41:24	02:26:07	07:06:12	1494
21	1385 Lisa Mitchell	F40-44	- GBR	00:45:24	04:15:31	02:24:33	07:39:17	1385
22	1382 Ella Jefferies	F25-29	- GBR	00:41:23	03:47:21	02:31:17	07:17:10	1190
23	1201 Neil Kerby	M55-59	- GBR	00:50:37	03:32:54	02:50:14	07:36:02	957
24	918 Penny Holborn	F35-39	- GBR	00:35:03	04:17:02	02:21:13	07:28:00	934
25	613 Alex Burridge	M35-39	- GBR	00:38:36	03:55:10	02:54:39	07:44:27	700

5.- Port Talbot Harriers Ac (44182 points)

Start #	Athlete	AG	Country				Time	AGR
1	346 Andrew Wright	M45-49	- GBR	00:33:35	02:55:47	01:44:34	05:24:45	2878
2	344 Lesley Mainwaring	F55-59	- GBR	00:41:22	03:38:14	02:01:33	06:42:04	2840
3	363 Nino Gatti	M35-39	- GBR	00:30:52	02:54:14	01:36:35	05:11:58	2797
4	355 Ian Saunders	M40-44	- GBR	00:34:25	02:59:56	01:39:41	05:24:01	2707

Age Groups - TriClub Results
5.- Port Talbot Harriers Ac (44182 points)

Start #	Athlete	AG	Country				Time	AGR
5	354 Paul Morgan	M40-44	- GBR	00:34:44	02:56:19	01:49:47	05:30:00	2600
6	367 Gareth Poston	M40-44	- GBR	00:38:01	03:12:44	01:29:32	05:31:12	2578
7	340 Sam Figgures	M30-34	- GBR	00:37:21	02:54:50	01:43:00	05:23:04	2554
8	348 Paul Bidder	M55-59	- GBR	00:34:47	03:23:03	02:06:31	06:22:18	2284
9	347 Emma Colwill	F30-34	- GBR	00:38:49	03:21:54	01:57:56	06:10:46	2238
10	342 David Ayres	M35-39	- GBR	00:36:30	03:00:48	01:58:47	05:45:51	2187
11	361 Gareth Ayres	M40-44	- GBR	00:35:52	03:21:11	01:45:40	05:56:03	2131
12	357 Tim Hubbard	M45-49	- GBR	00:37:08	03:17:41	01:56:43	06:08:17	2094
13	356 Donna Wild	F40-44	- GBR	00:39:56	03:39:56	02:27:56	07:01:41	2062
14	350 Rosie Courts	F18-24	- GBR	00:38:57	03:37:58	02:36:43	07:06:12	2016
15	343 Callum Galsworthy	M25-29	- GBR	00:39:32	03:17:51	01:39:21	05:49:06	1890
16	364 Morgan Westlake	M35-39	- GBR	00:35:46	03:04:23	02:10:26	06:05:21	1836
17	362 Julian Phillips	M50-54	- GBR	00:37:01	03:19:00	02:19:58	06:33:35	1689
18	359 Darren Hopkins	M45-49	- GBR	00:42:43	03:30:26	02:04:49	06:36:30	1586
19	351 Ryan Compton	M30-34	- GBR	00:37:24	03:36:54	02:26:35	06:55:31	890
20	353 Jonathan Gibbs	M50-54	- GBR	00:53:14	03:48:57	02:23:12	07:22:13	813
21	341 David Charles	M45-49	- GBR	00:38:32	03:51:02	02:31:04	07:19:31	812
22	360 Daniel John	M45-49	- GBR	00:34:06	03:36:07	02:58:40	07:30:04	700

6.- Atac (35113 points)

Start #	Athlete	AG	Country				Time	AGR
1	1607 Naomi Williams	F40-44	- GBR	00:36:56	03:26:17	01:45:28	06:01:17	3149
2	756 Llinos Jones	F40-44	- GBR	00:45:48	03:24:11	01:41:37	06:03:45	3104
3	765 Katie Davies	F40-44	- GBR	00:47:00	03:18:22	01:58:44	06:21:59	2776
4	504 Christian Phillips	M40-44	- GBR	00:40:29	03:01:19	01:44:22	05:40:11	2416
5	512 Steve Rees	M50-54	- GBR	00:37:41	03:13:33	01:54:54	05:57:08	2345
6	771 Allan Davies	M55-59	- GBR	00:40:03	03:28:31	01:55:31	06:21:00	2307
7	950 Kevin Simpson-John	M35-39	- GBR	00:38:47	02:54:43	01:56:26	05:41:16	2270
8	917 Matthew Ladd	M45-49	- GBR	00:33:43	03:11:59	01:56:37	05:58:35	2269
9	903 Carwyn Evans	M45-49	- GBR	00:35:53	03:05:54	02:08:09	06:05:20	2147
10	1327 Joseff Rees	M30-34	- GBR	00:36:24	03:02:36	01:50:08	05:46:13	2138
11	558 Sarah Jones	F40-44	- GBR	00:58:48	03:37:02	02:03:20	06:57:25	2138
12	1037 Gavin Lewis	M40-44	- GBR	00:37:10	03:16:27	02:07:09	06:15:23	1783
13	469 Paul Walters	M40-44	- GBR	00:37:25	03:29:57	02:07:36	06:32:10	1481
14	467 Mathew Jenkins	M35-39	- GBR	00:41:07	03:11:43	02:25:35	06:34:51	1305
15	514 Dan Freeman	M35-39	- GBR	00:41:11	03:32:47	02:15:21	06:44:34	1130
16	609 Stuart Davies	M45-49	- GBR	00:44:27	03:42:39	02:32:23	07:14:31	902
17	734 Geraint Jenkins	M55-59	- GBR	01:01:15	03:56:36	02:32:10	07:47:20	753
18	503 Owen Brown	M45-49	- GBR	00:53:42	03:38:43	02:50:35	07:37:55	700

7.- Dcetriathlon (32909 points)

Start #	Athlete	AG	Country				Time	AGR
1	120 David Cole	M35-39	- GBR	00:34:04	02:40:19	01:17:29	04:38:51	3393

Age Groups - TriClub Results
7.- Dctriathlon (32909 points)

Start #	Athlete	AG	Country				Time	AGR
2	678 Owen Jones	M55-59	- GBR	00:39:53	03:01:54	01:32:21	05:25:11	3312
3	868 Ffion Caines	F25-29	- GBR	00:30:44	03:11:09	01:53:22	05:43:27	2876
4	1464 Sion Mason-Evans	M45-49	- GBR	00:37:30	02:52:41	01:51:33	05:32:37	2736
5	1275 Carson Pryce	M35-39	- GBR	00:31:48	02:51:25	01:43:31	05:15:32	2733
6	374 Lee Brockway	M35-39	- GBR	00:32:13	02:56:56	01:37:02	05:16:49	2710
7	159 Lee Murray	M35-39	- GBR	00:29:44	02:56:03	01:42:32	05:17:20	2701
8	1617 Matthew Goodman	M30-34	- GBR	00:36:10	02:51:20	01:36:48	05:15:33	2690
9	1494 Rhys Bevan	M35-39	- GBR	00:34:39	02:49:16	01:44:22	05:18:12	2685
10	1472 Delmie Davies	M45-49	- GBR	00:39:22	03:10:57	01:52:30	05:54:49	2336
11	1375 Marc Gelona	M35-39	- GBR	00:36:34	03:06:10	01:49:08	05:46:33	2175
12	1374 Morgan Llewelyn-Jones	M18-24	- GBR	00:31:51	03:08:46	01:50:05	05:41:44	1862
13	387 Stuart George	M30-34	- GBR	00:43:19	03:42:42	02:25:33	07:10:17	700

8.- North Dock Dredgers Tri (29243 points)

Start #	Athlete	AG	Country				Time	AGR
1	476 Chris Powell	M45-49	- GBR	00:33:18	02:46:55	01:39:38	05:07:37	3186
2	468 Kirk Riordan	M45-49	- GBR	00:32:38	03:02:38	01:42:40	05:31:33	2755
3	466 Simon Rees	M45-49	- GBR	00:32:07	02:58:06	01:53:00	05:32:03	2746
4	594 Alex Wilks	M35-39	- GBR	00:32:35	03:02:02	01:53:46	05:40:07	2291
5	1658 Jack Southam	M18-24	- GBR	00:25:32	03:02:58	01:50:58	05:27:44	2114
6	555 Melanie Dellibovi	F45-49	- GBR	00:41:50	03:55:44	01:58:48	06:56:52	2070
7	493 Sam Saunders	M35-39	- GBR	00:37:14	03:08:30	02:03:44	06:01:35	1904
8	754 John Hiddlestone	M50-54	- GBR	00:35:56	03:31:18	02:02:26	06:28:37	1778
9	1288 Martyn White	M60-64	- GBR	00:40:29	03:31:14	03:01:07	07:32:22	1636
10	826 Sean Lloyd	M45-49	- GBR	00:40:53	03:23:48	02:16:48	06:36:32	1586
11	550 Juliet Davies	F50-54	- GBR	00:49:33	03:40:08	02:53:31	07:46:26	1559
12	798 Alyson Smith	F55-59	- IRL	00:44:35	03:59:41	03:01:39	08:06:34	1319
13	551 Chris Morris	M60-64	- GBR	00:46:24	03:55:16	02:59:37	07:58:32	1165
14	515 Andrew White	M50-54	- GBR	00:39:14	03:49:00	02:20:46	07:09:59	1034
15	518 Martin Thomas	M30-34	- GBR	00:55:13	03:58:57	02:09:40	07:16:56	700
16	906 Daniel Doughty	M40-44	- GBR	00:44:28	03:52:07	02:39:00	07:35:33	700
17	584 Jonathan Morgan	M50-54	- GBR	00:40:54	03:28:15	03:21:52	07:56:16	700

9.- Carmarthen Triathlon Club (28852 points)

Start #	Athlete	AG	Country				Time	AGR
1	1450 Matthew Blue	M45-49	- GBR	00:32:03	02:38:42	01:31:47	04:50:12	3500
2	1452 Nerys Blue	F45-49	- GBR	00:36:44	03:09:49	01:59:25	05:58:05	3128
3	575 Melanie Davies	F30-34	- GBR	00:39:14	03:09:15	01:54:23	05:54:40	2528
4	740 Alan Flear	M40-44	- GBR	00:36:48	02:54:31	01:49:19	05:34:47	2513
5	891 Owen Howells	M30-34	- GBR	00:39:30	02:57:22	01:42:39	05:30:13	2426
6	502 Martin Davies	M45-49	- GBR	00:41:03	02:58:20	02:00:23	05:50:41	2411
7	902 Martin Price	M35-39	- GBR	00:40:27	03:09:12	01:51:48	05:56:22	1998
8	547 Andrew Briggs	M40-44	- GBR	00:37:52	03:16:23	02:00:14	06:09:07	1895

Age Groups - TriClub Results
9.- Carmarthen Triathlon Club (28852 points)

Start #	Athlete	AG	Country				Time	AGR
9	862 Ricky Pearson	M30-34	- GBR	00:41:31	03:21:36	01:55:00	06:11:45	1678
10	801 Cara Edwards	F40-44	- GBR	00:42:50	03:48:19	02:42:56	07:32:20	1510
11	1591 Karl Roberts	M35-39	- GBR	00:42:57	03:18:39	02:17:38	06:34:37	1310
12	1420 Dyfed Bolton	M50-54	- GBR	00:45:52	03:26:06	02:29:03	07:02:58	1160
13	713 Neil Lofthouse	M35-39	- GBR	00:37:54	03:47:01	02:06:33	06:44:17	1136
14	800 Rhian Williams	F40-44	- GBR	00:42:16	04:25:32	02:38:17	08:02:58	959
15	792 Stephen Griffiths	M50-54	- GBR	00:46:55	03:40:39	02:44:41	07:28:36	700

10.- Porthcawl Triathlon Club (27518 points)

Start #	Athlete	AG	Country				Time	AGR
1	161 Craig Owen	M30-34	- GBR	00:34:07	02:52:20	01:27:34	05:05:48	2865
2	1500 Tim Lewis	M25-29	- GBR	00:33:36	02:44:45	01:44:41	05:10:06	2592
3	520 Daniel Graham	M30-34	- GBR	00:35:32	03:00:14	01:44:59	05:32:32	2384
4	670 Jonathan Cosson	M45-49	- GBR	00:32:00	03:04:58	02:02:42	05:53:54	2353
5	491 Jonathan Evans	M40-44	- GBR	00:38:32	03:11:02	01:48:06	05:48:14	2271
6	1340 Gruffydd Davies	M40-44	- GBR	00:35:43	03:08:00	01:55:30	05:53:53	2170
7	741 James O'donnell	M25-29	- GBR	00:36:01	02:58:16	01:50:33	05:34:27	2154
8	1006 Melanie Harry	F40-44	- GBR	00:43:43	04:03:07	02:02:45	07:06:12	1980
9	1614 Henley Jenkins	M45-49	- GBR	00:35:54	03:19:56	02:09:54	06:22:49	1832
10	523 Rob Scott	M40-44	- GBR	00:34:36	03:29:39	01:53:14	06:17:25	1746
11	915 Jonathan Ireland	M35-39	- GBR	00:32:11	03:24:49	02:19:06	06:31:35	1364
12	780 Thomas Jefferies	M25-29	- GBR	00:43:08	03:23:15	02:07:33	06:27:01	1208
13	1080 Hayley Colley	F40-44	- GBR	00:37:19	04:05:06	02:49:38	07:49:37	1199
14	668 Sam Berry	M30-34	- GBR	00:42:10	03:58:18	02:57:17	07:54:07	700
15	667 Andrew Schmitt	M35-39	- GBR	00:52:00	04:19:04	02:58:46	08:25:24	700

11.- South Wales Police Tri Club (24388 points)

Start #	Athlete	AG	Country				Time	AGR
1	1624 Mark Allen	M45-49	- GBR	00:33:27	02:50:32	01:43:18	05:15:30	3044
2	542 Leights Davies	M55-59	- GBR	00:35:19	03:00:47	01:57:06	05:47:27	2911
3	647 Tim Hopkins	M45-49	- GBR	00:35:35	02:58:28	01:44:01	05:29:50	2786
4	1551 Helen Barrett	F45-49	- GBR	00:39:13	03:31:32	01:56:18	06:18:43	2757
5	1633 Chris Mackay	M45-49	- GBR	00:34:02	02:51:15	01:57:45	05:35:00	2693
6	987 Craig Harper	M35-39	- GBR	00:35:46	02:52:38	01:41:21	05:22:13	2613
7	724 Grant Phillips	M40-44	- GBR	00:34:38	02:59:42	01:45:02	05:35:45	2496
8	601 Gareth Howarth	M35-39	- GBR	00:35:19	03:13:53	01:47:37	05:47:33	2157
9	1655 Steven Clatworthy	M40-44	- GBR	00:37:30	03:13:35	02:01:24	06:07:11	1930
10	758 Sion Evans	M50-54	- GBR	00:39:21	03:38:00	02:35:59	07:11:48	1001

12.- Tri Potential (23465 points)

Start #	Athlete	AG	Country				Time	AGR
1	157 Kyle Davies	M35-39	- GBR	00:30:55	02:35:20	01:23:09	04:37:17	3422
2	640 Rhys Doyle	M30-34	- GBR	00:31:36	02:43:31	01:21:33	04:45:57	3222

Age Groups - TriClub Results
12.- Tri Potential (23465 points)

Start #	Athlete	AG	Country				Time	AGR
3	572 Simon Mills	M40-44	- GBR	00:40:39	02:58:10	01:39:50	05:29:40	2606
4	920 Luke Cross	M30-34	- GBR	00:31:44	03:06:54	01:34:29	05:22:54	2557
5	777 Andrew Lee Watkins	M40-44	- GBR	00:36:46	02:56:00	01:53:29	05:36:04	2490
6	866 Scott Phillips	M25-29	- GBR	00:34:24	02:54:24	01:40:50	05:19:25	2425
7	553 Simon Phillips	M45-49	- GBR	00:33:52	03:10:51	02:03:36	06:08:30	2090
8	605 Sion Jones	M30-34	- GBR	00:32:01	03:09:29	02:04:43	05:59:48	1893
9	696 Kieran Williams	M18-24	- GBR	00:27:00	03:08:42	02:13:44	05:59:06	1549
10	1023 Ashley Long	M30-34	- GBR	00:35:15	03:19:33	02:29:55	06:37:43	1211

13.- Total Tri Training (22365 points)

Start #	Athlete	AG	Country				Time	AGR
1	1351 Jennifer Fernando	F30-34	- GBR	00:31:55	02:57:22	01:24:33	05:00:42	3500
2	394 Matthew Hammond	M30-34	- GBR	00:32:26	02:50:24	01:37:22	05:08:35	2815
3	1313 Will Herbert	M40-44	- GBR	00:29:45	03:02:26	01:36:38	05:21:44	2748
4	1225 Leigh Jones	M40-44	- GBR	00:31:37	02:50:52	01:50:19	05:22:34	2733
5	1552 Peter Jervis	M35-39	- GBR	00:34:14	02:59:21	01:42:09	05:27:30	2518
6	1030 Robert Sparks	M50-54	- GBR	00:41:32	03:06:30	01:51:28	05:52:37	2426
7	1063 Jed Watkins	M30-34	- GBR	00:33:01	03:03:37	01:51:00	05:40:46	2236
8	1608 Peter Harrison	M40-44	- GBR	00:33:19	03:09:31	02:00:56	05:54:23	2161
9	965 Julia Maciel	F40-44	- BRA	00:39:23	04:17:03	02:35:32	07:47:59	1228

14.- Rhondda Triathlon Club (22239 points)

Start #	Athlete	AG	Country				Time	AGR
1	774 Gavin Speed	M45-49	- GBR	00:35:29	02:45:26	01:36:54	05:07:52	3182
2	105 Luke Powell	M25-29	- GBR	00:28:42	02:39:58	01:25:28	04:42:16	3093
3	976 Nigel Hendy	M55-59	- GBR	00:35:28	03:05:59	01:48:20	05:42:49	2995
4	607 Joshua Lewis	M25-29	- GBR	00:33:54	02:53:03	01:34:53	05:12:17	2553
5	606 Jason Browning	M30-34	- GBR	00:33:01	02:57:49	01:44:44	05:24:58	2520
6	675 Kelly Edwards	F45-49	- GBR	00:40:19	03:26:37	02:14:33	06:38:28	2402
7	1174 Gareth Povey	M35-39	- GBR	00:41:07	03:12:30	02:09:00	06:15:42	1650
8	1058 Luke Rees	M30-34	- GBR	00:35:47	03:13:21	02:17:53	06:17:11	1580
9	1178 Bleddyn Edwards	M40-44	- GBR	00:48:30	03:11:11	02:32:16	06:49:06	1176
10	784 Colin Tucker	M45-49	- GBR	00:43:12	03:39:31	02:19:25	07:04:11	1088

15.- Swansea Trisharks (21902 points)

Start #	Athlete	AG	Country				Time	AGR
1	722 Wayne Richards	M70-74	- GBR	00:35:14	03:23:03	02:25:57	06:40:57	3500
2	1024 Jim Hyden	M50-54	- GBR	00:34:26	03:19:53	01:56:13	06:05:32	2194
3	536 Stuart Abraham	M35-39	- GBR	00:40:54	03:12:03	01:51:58	05:59:08	1948
4	661 Isaac Nowell	M18-24	- GBR	00:28:59	02:56:41	02:09:35	05:44:21	1814
5	535 Owen Richards	M45-49	- GBR	00:41:01	03:21:35	02:16:20	06:37:25	1570
6	478 Abigail Summerfield	F40-44	- GBR	00:39:57	04:07:29	02:28:41	07:30:07	1550
7	962 Mihai Cozma	M40-44	- GBR	00:49:27	03:21:36	02:11:10	06:36:52	1396

Age Groups - TriClub Results
15.- Swansea Trisharks (21902 points)

Start #	Athlete	AG	Country				Time	AGR
8	662 Craig Nowell	M50-54	- GBR	00:34:55	03:15:31	02:53:18	06:56:04	1284
9	537 Jason Davies	M50-54	- GBR	00:40:34	03:23:21	02:40:46	07:01:50	1180
10	483 Amie Davies	F40-44	- GBR	00:39:56	04:09:09	02:48:29	07:53:16	1133
11	482 Louise Snelgrove	F40-44	- GBR	00:34:09	04:03:34	02:59:11	07:53:21	1132
12	506 Paul Heatley	M50-54	- GBR	00:52:07	03:44:48	02:14:41	07:11:17	1010
13	620 Alex Pridmore	M30-34	- GBR	00:44:28	03:30:45	02:33:42	07:01:02	791
14	794 Kris Ashford	M30-34	- GBR	00:41:58	03:41:04	02:30:35	07:11:11	700
15	735 Michael Bulpitt	M35-39	- GBR	00:38:38	03:30:59	02:53:26	07:18:33	700

16.- Bynea Cc (21892 points)

Start #	Athlete	AG	Country				Time	AGR
1	453 Daniel Jenkins	M30-34	- GBR	00:34:43	02:41:46	01:40:06	05:06:51	2846
2	914 Mark Bowen	M50-54	- GBR	00:39:16	02:58:19	01:48:43	05:40:04	2652
3	582 David Griffin	M45-49	- GBR	00:37:39	02:53:05	01:57:22	05:38:45	2626
4	626 Daniel Totterdale	M30-34	- GBR	00:36:32	03:01:40	01:37:02	05:27:47	2469
5	545 Kevin Pullin	M65-69	- GBR	00:31:36	04:13:07	02:35:33	07:37:45	1885
6	560 Andrew Jenkins	M55-59	- GBR	00:37:01	03:21:29	02:28:38	06:47:53	1823
7	896 Nigel Morgan	M50-54	- GBR	00:35:41	03:28:45	02:10:08	06:30:42	1741
8	459 Nicholas Forbes	M50-54	- GBR	00:34:57	03:23:52	02:21:04	06:40:22	1567
9	1200 Claire Protheroe	F45-49	- GBR	00:53:01	04:15:48	02:07:58	07:30:55	1457
10	544 Christopher Jones	M50-54	- GBR	00:53:01	03:08:37	02:27:32	06:46:34	1455
11	489 Jeff Partridge	M50-54	- GBR	00:46:44	03:27:26	02:21:47	06:51:14	1371






17.- Maesteg Triathlon Club (18371 points)

Start #	Athlete	AG	Country				Time	AGR
1	1365 Adam Floyd	M40-44	- GBR	00:34:09	02:42:32	01:33:21	04:59:09	3155
2	568 Darryl Davies	M50-54	- GBR	00:33:56	02:51:47	01:47:39	05:24:00	2941
3	842 Benjamin Jones	M45-49	- GBR	00:35:57	03:08:00	01:46:15	05:41:57	2568
4	352 Oliver Edwards	M30-34	- GBR	00:41:03	02:45:36	01:45:57	05:22:26	2566
5	487 Jay Sharma	M50-54	- GBR	00:34:26	03:15:53	02:05:41	06:08:42	2137
6	1596 Owen Ham	M30-34	- GBR	00:34:02	03:19:02	01:48:41	05:52:12	2030
7	578 Cory Sharma	M30-34	- GBR	00:44:06	03:21:08	01:56:42	06:20:14	1525
8	345 Neil Lonergan	M40-44	- GBR	00:35:07	03:27:49	02:14:52	06:33:54	1449












18.- Peter Lloyd Coaching @Trilloyd (17540 points)

Start #	Athlete	AG	Country				Time	AGR
1	164 Peter Lloyd	M55-59	- GBR	00:35:55	02:46:22	01:43:24	05:14:46	3500
2	1574 Neil Roberts	M60-64	- GBR	00:41:47	03:37:55	02:02:45	06:44:15	2502
3	1270 Chris Harris	M45-49	- GBR	00:32:31	03:00:41	02:23:30	06:08:02	2099
4	1305 Gareth Thomas	M50-54	- GBR	00:32:04	03:16:44	02:27:38	06:26:41	1813
5	1369 Robin Baker	M50-54	- GBR	00:39:52	03:33:32	01:54:21	06:27:22	1801
6	1470 Huw Davies	M50-54	- GBR	00:34:26	03:28:00	02:18:43	06:38:48	1595
7	653 Aubrey Young	M50-54	- GBR	00:45:14	03:34:37	02:03:15	06:40:46	1559











Age Groups - TriClub Results
18.- Peter Lloyd Coaching @Trilloidy (17540 points)

Start #	Athlete	AG	Country				Time	AGR
8 1469	Guto Davies	M55-59	 - GBR	00:33:02	03:30:59	02:44:38	07:12:02	1389
9 1691	Craig Colborne	M50-54	 - GBR	00:49:48	03:21:29	02:27:33	06:56:12	1282













19.- Heathwood Swimming & Triathlon (17458 points)

Start #	Athlete	AG	Country				Time	AGR
1 1373	Ross Hosking	M25-29	 - GBR	00:24:17	02:30:16	01:45:52	04:48:20	2984
2 142	Richard Rees	M40-44	 - GBR	00:40:55	02:48:24	01:33:59	05:15:27	2861
3 832	Mark Deacon	M50-54	 - GBR	00:35:01	03:08:55	01:38:20	05:37:57	2690
4 1034	Elise Emmerson	F40-44	 - GBR	00:36:47	03:35:49	01:58:41	06:33:29	2569
5 498	Christopher Bloodworth	M60-64	 - GBR	00:38:48	03:38:32	02:21:41	06:56:21	2285
6 1031	Laura Crandon	F45-49	 - IRL	00:43:25	03:49:43	02:08:16	06:59:03	2031
7 1683	Mark O'hanlon	M55-59	 - GBR	00:39:37	04:00:29	02:31:08	07:30:15	1061
8 1229	Arwyn Griffiths	M40-44	 - GBR	00:40:38	03:26:14	02:34:22	07:00:07	977








20.- Atg Merthyr (16039 points)

Start #	Athlete	AG	Country				Time	AGR
1 1296	Ben Smith	M35-39	 - GBR	00:31:15	02:44:22	01:35:08	04:59:12	3027
2 147	Jon Launchbury	M40-44	 - GBR	00:37:20	02:50:35	01:45:56	05:24:45	2694
3 1252	Owain Woodward	M35-39	 - GBR	00:34:09	02:57:31	01:44:24	05:30:54	2456
4 148	Nicholas Parry	M40-44	 - GBR	00:41:10	03:11:10	01:35:57	05:42:37	2372
5 1647	Chris Malpas	M40-44	 - GBR	00:38:55	03:09:22	02:00:50	05:59:58	2060
6 1642	Leon Felton	M35-39	 - GBR	00:40:00	03:12:18	01:49:10	05:53:28	2050
7 611	Alun Thomas	M30-34	 - GBR	00:40:49	03:29:18	02:05:26	06:28:18	1380

21.- Tri Hard Harriers (14326 points)

Start #	Athlete	AG	Country				Time	AGR
1 123	Michael Roderick	M30-34	 - GBR	00:32:39	02:57:05	01:22:41	05:02:12	2930
2 964	Gareth Thomas	M30-34	 - GBR	00:39:05	03:08:55	01:33:16	05:36:35	2311
3 471	Myles Kenealy	M25-29	 - GBR	00:37:49	03:06:43	01:30:52	05:26:20	2300
4 659	Bettina Petersohn	F45-49	 - GBR	00:40:07	03:45:52	02:13:03	06:57:07	2066
5 546	Tenniel O'brien	M45-49	 - GBR	00:47:43	03:18:38	01:52:47	06:20:31	1874
6 619	Matthew Brown	M35-39	 - GBR	00:39:13	04:07:53	02:06:30	07:06:00	745
7 579	Scott Roberts	M30-34	 - GBR	00:41:50	04:01:00	02:31:17	07:31:46	700
8 822	Matthew Kelly	M25-29	 - GBR	00:26:26	04:30:42	02:22:21	07:38:43	700
9 454	Matt Taylor	M35-39	 - GBR	00:41:08	03:57:08	02:50:39	07:41:03	700

22.- Taff Ely Triathlon (14139 points)

Start #	Athlete	AG	Country				Time	AGR
1 877	Chris Lee	M55-59	 - GBR	00:36:47	02:56:13	01:45:38	05:30:54	3209
2 497	Alan Porter	M55-59	 - GBR	00:37:00	03:10:21	01:52:26	05:50:41	2853
3 1407	Paul Figgins	M55-59	 - GBR	00:35:32	03:18:37	02:00:08	06:09:59	2506
4 1283	Helen Colley	F45-49	 - GBR	00:32:49	03:52:51	02:24:47	07:05:33	1914
5 1318	Dean Obrien	M45-49	 - GBR	00:37:02	03:37:47	02:05:58	06:36:10	1592

Age Groups - TriClub Results
22.- Taff Ely Triathlon (14139 points)

Start #	Athlete	AG	Country				Time	AGR
6 1396	Huw Griffiths	M35-39	- GBR	00:35:36	03:22:50	02:13:36	06:31:31	1365
7 516	Stuart Brown	M45-49	- GBR	00:30:18	03:57:30	02:57:39	07:48:51	700

23.- Trojan Triathlon (13140 points)

Start #	Athlete	AG	Country				Time	AGR
1 150	Conrad Lawson	M45-49	- GBR	00:34:06	02:45:45	01:36:57	05:08:37	3168
2 108	Simon Smith	M40-44	- GBR	00:34:20	02:49:06	01:37:02	05:09:49	2963
3 379	Luke Mason	M18-24	- GBR	00:30:59	02:45:20	01:32:41	04:56:42	2672
4 797	Steve Davies	M45-49	- GBR	00:36:02	03:00:17	01:54:17	05:43:56	2532
5 688	Marc De Marigny	M40-44	- ZAF	00:37:17	02:59:06	02:23:34	06:14:07	1805

24.- Team Oxygenaddict (12950 points)

Start #	Athlete	AG	Country				Time	AGR
1 846	Carol Mathews	F60-64	- GBR	00:44:24	03:36:22	02:06:07	06:41:07	2944
2 1395	Andrew Morrison	M35-39	- GBR	00:29:57	02:57:15	01:33:27	05:09:16	2846
3 1413	James Hall	M50-54	- GBR	00:33:41	03:00:14	01:44:50	05:29:20	2845
4 1206	Tim Herbert	M45-49	- GBR	00:33:31	03:17:02	01:55:37	05:58:41	2267
5 1643	Simon Carlidge	M50-54	- GBR	00:39:14	03:24:31	01:56:50	06:13:37	2048

25.- Tenby Aces (12908 points)

Start #	Athlete	AG	Country				Time	AGR
1 1117	Bev Barrett	F45-49	- GBR	00:39:16	03:22:20	02:21:00	06:38:51	2395
2 1074	Jason Hitchen	M50-54	- GBR	00:37:18	03:14:47	01:54:46	06:05:15	2199
3 1279	Emma Richards	F45-49	- GBR	00:36:43	04:09:11	01:57:34	07:00:28	2006
4 496	Simon Stanford	M30-34	- GBR	00:36:38	03:15:19	01:49:01	05:54:27	1989
5 978	Gareth Rees	M50-54	- GBR	00:38:27	03:14:30	02:17:01	06:28:35	1779
6 505	Ian Warne	M60-64	- GBR	00:42:17	03:45:23	02:47:55	07:37:55	1536
7 1403	Andrea Craig	F40-44	- GBR	00:46:16	04:20:29	02:35:00	08:00:26	1004

26.- Rás Endurance (11496 points)

Start #	Athlete	AG	Country				Time	AGR
1 154	Aled Jenkins	M25-29	- GBR	00:27:25	02:36:53	01:19:43	04:32:05	3277
2 1627	Scott Askew	M50-54	- GBR	00:35:55	02:51:05	01:46:05	05:21:10	2992
3 127	Dan O'connor	M30-34	- GBR	00:28:32	02:53:59	01:37:31	05:08:31	2816
4 1623	Dean Harris	M50-54	- GBR	00:39:14	03:06:04	01:57:18	05:53:29	2411

27.- Gog Triathlon Club (10965 points)

Start #	Athlete	AG	Country				Time	AGR
1 834	Tracey Haseldine	F55-59	- GBR	00:36:34	03:20:44	02:16:32	06:29:25	3068
2 957	Bleddyn Evans	M50-54	- GBR	00:46:05	03:07:25	01:48:59	05:57:02	2347
3 958	Geri Angharad-Evans	F45-49	- GBR	00:36:08	03:31:57	02:25:48	06:50:02	2193
4 1394	Chris Morris	M35-39	- GBR	00:40:37	03:09:03	01:50:52	05:54:28	2032
5 666	Angharad Lewis	F40-44	- GBR	00:47:31	04:02:35	02:38:18	07:42:38	1325

Age Groups - TriClub Results
28.- Merthyr Triathlon Club (10802 points)

Start #	Athlete	AG	Country				Time	AGR
1	1583 Rebecca Rees	F45-49	- GBR	00:38:30	03:17:52	01:57:24	06:06:39	2974
2	1449 Lee Walters	M50-54	- GBR	00:37:15	02:55:33	01:45:28	05:28:10	2866
3	1580 Paul Bagshaw	M50-54	- GBR	00:40:17	03:24:36	02:14:57	06:33:20	1693
4	1107 Darren Lynch	M40-44	- GBR	00:45:06	03:23:47	01:59:25	06:24:12	1624
5	825 Peter Stevens	M50-54	- GBR	00:48:42	03:42:28	02:26:50	07:19:53	855
6	587 Stephen Little	M40-44	- GBR	00:43:18	03:47:14	02:21:50	07:10:33	790

29.- Medwaytri (10534 points)

Start #	Athlete	AG	Country				Time	AGR
1	114 Carl Shawcross	M50-54	- GBR	00:29:44	02:45:09	01:29:28	04:52:59	3500
2	1048 Paul Mason	M50-54	- GBR	00:34:11	03:07:00	01:34:17	05:27:20	2881
3	779 Mark Bloxidge	M50-54	- GBR	00:40:33	03:18:30	01:49:59	06:01:18	2270
4	1425 Philip Eaton	M30-34	- GBR	00:40:12	03:26:19	02:27:29	06:52:22	947
5	1276 Daniel Marsden	M45-49	- GBR	00:39:36	03:42:32	02:36:48	07:12:37	936

30.- Army Triathlon Association (9921 points)

Start #	Athlete	AG	Country				Time	AGR
1	878 Nick Drabble	M35-39	- GBR	00:28:33	02:34:17	01:23:52	04:32:57	3500
2	1142 John Alecock	M50-54	- GBR	00:36:28	03:12:23	02:09:47	06:11:24	2088
3	375 Dylan Bunn	M18-24	- GBR	00:33:26	03:01:28	01:47:06	05:36:32	1955
4	953 Dale Roberts	M50-54	- GBR	00:37:28	03:45:38	02:03:48	06:49:09	1409
5	856 Dave Backhouse	M35-39	- GBR	00:53:15	03:41:36	02:04:01	06:53:32	969

31.- Hereford Triathlon Club (9606 points)

Start #	Athlete	AG	Country				Time	AGR
1	1557 Andy Taylor	M50-54	- GBR	00:34:35	03:13:08	01:50:02	05:50:52	2458
2	934 Ben Probert	M40-44	- GBR	00:29:25	03:18:13	01:41:37	05:40:41	2407
3	140 Kimberley Pickett	F35-39	- GBR	00:33:53	03:23:11	02:07:18	06:14:38	2255
4	1345 Darren Gibbons	M35-39	- GBR	00:41:14	03:36:46	01:47:53	06:18:25	1601
5	1066 Tim Berrow	M40-44	- GBR	00:44:59	03:41:52	02:18:44	07:05:15	885

32.- Recovery Lab Uk Triathlon Club (9548 points)

Start #	Athlete	AG	Country				Time	AGR
1	1304 Genevieve Thueux	F40-44	- GBR	00:44:34	03:43:54	01:50:17	06:38:27	2480
2	1533 Andrew Leftley	M40-44	- GBR	00:34:29	03:11:14	01:50:26	05:48:08	2273
3	624 Dan Casey	M40-44	- GBR	00:28:29	03:27:47	01:45:30	05:53:40	2174
4	1532 Chris Hill	M35-39	- GBR	00:35:59	03:04:18	02:21:47	06:17:15	1622
5	1209 Geraint Thomas	M45-49	- GBR	00:35:48	03:38:49	02:34:06	07:09:06	999

33.- Cr@Ptri (9400 points)

Start #	Athlete	AG	Country				Time	AGR
1	107 Emma Edworthy	F50-54	- GBR	00:37:03	03:21:50	01:56:27	06:05:25	3377
2	581 Richard Harris	M55-59	- GBR	00:38:09	03:19:08	01:50:00	06:02:08	2647

Age Groups - TriClub Results
33.- Cr@Ptri (9400 points)

Start #	Athlete	AG	Country				Time	AGR
3 1417	Maria Saligova-Smith	F40-44	- GBR	00:42:03	04:00:17	02:10:11	07:09:38	1919
4 1033	Rob Stroud	M50-54	- GBR	00:34:06	03:34:54	02:18:59	06:46:27	1457

34.- Prfctri Club (9300 points)

Start #	Athlete	AG	Country				Time	AGR
1 1498	Andrew Thorp	M60-64	- GBR	00:38:24	03:22:50	02:06:46	06:24:07	2865
2 1588	Kyle Davies	M35-39	- GBR	00:34:39	03:02:37	01:59:27	05:47:46	2153
3 1564	Nick Shiels	M40-44	- GBR	00:34:38	03:16:52	02:10:07	06:14:02	1807
4 664	William Edwards	M30-34	- GBR	00:38:15	03:11:12	01:59:23	06:06:23	1775
5 665	Jack Harries	M25-29	- GBR	00:37:32	03:46:03	02:21:06	07:04:12	700

35.- Myprocoach (8930 points)

Start #	Athlete	AG	Country				Time	AGR
1 714	Richard Macgonigal	M50-54	- GBR	00:42:25	03:15:53	01:54:03	06:04:11	2218
2 1368	Matthew Baird	M45-49	- GBR	00:36:12	03:14:17	01:54:41	06:04:05	2170
3 406	Jason Aspinall	M40-44	- GBR	00:31:23	03:14:19	02:10:24	06:07:26	1926
4 802	Ian Mccrae	M40-44	- GBR	00:33:35	03:13:28	02:07:36	06:07:58	1916
5 393	Craig Lowden	M35-39	- GBR	00:42:53	04:02:06	02:20:52	07:23:00	700

36.- Cardiff Triathletes (8179 points)

Start #	Athlete	AG	Country				Time	AGR
1 1460	Natalie Richards	F40-44	- GBR	00:39:13	03:13:55	02:03:59	06:12:42	2943
2 1019	Mark Hennessey	M45-49	- GBR	00:34:28	03:05:19	01:45:39	05:37:00	2657
3 1659	Katie Thomas	F30-34	- GBR	00:31:35	03:18:17	01:49:26	05:51:49	2579

37.- Sittingbourne Striders Tri (7788 points)

Start #	Athlete	AG	Country				Time	AGR
1 888	Paul Williams	M65-69	- GGY	00:37:13	03:17:01	01:58:54	06:08:02	3500
2 1320	Gweneth Hacon	F55-59	- GBR	00:40:04	03:27:16	02:15:25	06:38:45	2900
3 1322	Kevin Eastop	M50-54	- GBR	00:51:20	03:22:09	02:15:51	06:50:18	1388

38.- Bedford Harriers Ac (7698 points)

Start #	Athlete	AG	Country				Time	AGR
1 1141	Juliet Smith	F55-59	- GBR	00:45:28	03:14:18	01:55:14	06:05:27	3500
2 1170	Gillian Melia	F50-54	- GBR	00:33:54	03:33:22	02:12:13	06:35:14	2840
3 985	Lisa Chapple	F55-59	- GBR	00:46:11	04:10:43	02:47:15	08:04:26	1358

39.- Kingswood Tri Club (7095 points)

Start #	Athlete	AG	Country				Time	AGR
1 146	Shaun Paddison	M50-54	- GBR	00:33:29	02:55:54	01:48:07	05:26:20	2899
2 952	Eric Downey	M55-59	- GBR	00:32:06	03:19:55	02:03:39	06:06:13	2573
3 1165	Julia Rees-Galey	F45-49	- GBR	00:40:36	03:45:18	02:36:05	07:21:42	1623

40.- Newt (6518 points)

Age Groups - TriClub Results

Start #	Athlete	AG	Country				Time	AGR
1	1376 Dan Whaites	M35-39	- GBR	00:28:40	02:49:21	01:33:19	04:59:19	3025
2	1584 Mark Collins	M50-54	- GBR	00:30:15	03:10:11	01:44:19	05:35:58	2726
3	1371 James Norman	M45-49	- GBR	00:39:43	04:02:23	02:23:06	07:22:02	767

41.- Grimsby Triathlon Club (6322 points)

Start #	Athlete	AG	Country				Time	AGR
1	1380 Andrew Dobson	M35-39	- GBR	00:28:48	02:38:00	01:30:30	04:43:58	3301
2	1383 Darren Buckingham	M40-44	- GBR	00:33:05	02:49:38	01:34:52	05:06:34	3021

42.- Whittlefit (5934 points)

Start #	Athlete	AG	Country				Time	AGR
1	160 Craig Burrows	M35-39	- GBR	00:31:47	02:52:40	01:25:35	04:58:39	3037
2	1126 Osian Davies	M45-49	- GBR	00:38:54	03:01:07	01:32:34	05:23:40	2897

43.- Caffi Gruff (5754 points)

Start #	Athlete	AG	Country				Time	AGR
1	1158 Dafydd Davies	M40-44	- GBR	00:27:35	02:53:13	01:35:56	05:05:16	3045
2	1059 Nick Howells	M45-49	- GBR	00:37:53	02:57:00	01:45:34	05:34:06	2709

44.- Pen-Y-Bont Tri Club (5632 points)

Start #	Athlete	AG	Country				Time	AGR
1	637 Laura Butcher	F40-44	- GBR	00:30:39	03:37:03	02:07:54	06:28:29	2659
2	854 Thomas Price	M35-39	- GBR	00:36:19	03:18:09	02:07:03	06:19:26	1583
3	559 Jason Howell	M45-49	- GBR	00:35:32	03:34:13	02:22:44	06:47:23	1390

45.- Peak Performance Wales (5483 points)

Start #	Athlete	AG	Country				Time	AGR
1	464 Steve Jones	M50-54	- GBR	00:36:21	03:18:45	01:56:14	06:07:25	2160
2	1232 Alex Thornton	M25-29	- GBR	00:37:00	03:19:22	01:42:28	05:49:58	1875
3	627 Roxanne Turner	F35-39	- GBR	00:48:14	04:01:01	01:57:45	06:59:29	1448

46.- Pembrokeshire Triathlon Club (5463 points)

Start #	Athlete	AG	Country				Time	AGR
1	847 Rob Barker	M50-54	- GBR	00:35:33	03:10:39	02:01:17	06:01:53	2259
2	158 Sam Barton	M30-34	- GBR	00:32:21	03:16:47	01:53:41	05:52:34	2023
3	1508 James Barton	M30-34	- GBR	00:33:06	03:02:59	02:51:38	06:39:20	1181

47.- Endurance Hub Tri Team (5413 points)

Start #	Athlete	AG	Country				Time	AGR
1	116 Gavin Booker	M50-54	- GBR	00:38:05	03:03:02	01:44:12	05:35:57	2726
2	1113 Gregory Mead	M40-44	- GBR	00:37:34	02:59:51	01:36:18	05:25:08	2687

48.- Greenlightpt (5406 points)

Start #	Athlete	AG	Country				Time	AGR
1	938 Jane Ritchie	F60-64	- GBR	00:42:17	03:39:32	02:02:00	06:40:57	2947

Age Groups - TriClub Results
48.- Greenlightpt (5406 points)

Start #	Athlete	AG	Country				Time	AGR
2 963	Kassia Gardner	F50-54	- GBR	00:42:02	03:46:41	02:10:49	06:56:25	2459

49.- North Bristol Triathlon Club (5298 points)

Start #	Athlete	AG	Country				Time	AGR
1 1366	Richard Payton	M35-39	- GBR	00:31:05	03:09:47	01:47:27	05:38:54	2312
2 1611	David Griffiths	M35-39	- GBR	00:38:44	03:20:45	02:03:18	06:21:27	1547
3 654	Sara Shahin	F35-39	- GBR	00:41:44	03:33:17	02:25:20	06:59:56	1439

50.- Tewkesbury Tri Club (5275 points)

Start #	Athlete	AG	Country				Time	AGR
1 863	Liz Spiers	F50-54	- GBR	00:39:20	03:04:53	02:01:41	05:58:37	3500
2 641	Andy Hicks	M55-59	- GBR	00:44:09	03:35:15	02:15:00	06:50:36	1775

51.- Pencoed Triathlon (5258 points)

Start #	Athlete	AG	Country				Time	AGR
1 604	David Spry	M60-64	- GBR	00:33:35	03:31:09	01:57:09	06:17:02	2992
2 1355	Chris Johns	M35-39	- GBR	00:31:23	03:00:22	02:00:20	05:41:29	2266

52.- Portsmouth Triathletes (5226 points)

Start #	Athlete	AG	Country				Time	AGR
1 761	Roland Whalley	M60-64	- GBR	00:38:42	03:33:51	02:03:59	06:29:02	2776
2 1265	Vanessa Tucker	F55-59	- GBR	00:44:27	03:39:28	02:24:57	07:03:47	2450

53.- Race Hub Triathlon Club (5214 points)

Start #	Athlete	AG	Country				Time	AGR
1 591	Sharon Hurst	F50-54	- GBR	00:40:01	03:17:07	02:01:40	06:11:20	3271
2 1512	Nick Cook	M50-54	- GBR	00:36:23	03:26:46	02:05:07	06:19:29	1943

54.- West Wales Fitness Coaching ~Teamwwfc (5107 points)

Start #	Athlete	AG	Country				Time	AGR
1 1143	Nia Dunseath	F50-54	- GBR	00:39:52	03:32:52	01:57:10	06:19:52	3117
2 892	Natalie Fulstow	F45-49	- GBR	00:42:02	03:37:19	02:23:23	07:01:21	1990

55.- Tinworks Tri (4628 points)

Start #	Athlete	AG	Country				Time	AGR
1 549	Craig Millett	M45-49	- GBR	00:40:17	03:15:44	01:59:54	06:07:48	2103
2 554	Wayne Oliver	M50-54	- GBR	00:45:09	03:41:46	02:10:21	06:51:09	1373
3 548	Morgan Slate	M25-29	- GBR	00:38:16	03:17:29	02:14:45	06:30:07	1152

56.- Pontyclun Triathlon Club (4554 points)

Start #	Athlete	AG	Country				Time	AGR
1 1609	Osian Griffith	M45-49	- GBR	00:32:25	03:02:33	01:54:20	05:39:44	2608
2 1177	Gareth James	M45-49	- GBR	00:31:53	03:10:08	02:19:11	06:16:31	1946

Age Groups - TriClub Results
57.- Clwb Seiclocwm Gwendraeth (4375 points)

Start #	Athlete	AG	Country				Time	AGR
1	712 Josh George	M40-44	- GBR	00:37:21	03:05:37	02:05:37	06:03:22	1999
2	458 Michael Lynch	M50-54	- GBR	00:40:21	03:30:16	02:22:59	06:57:44	1254
3	1307 Chad Tinnuche	M30-34	- GBR	00:38:26	03:32:41	02:16:59	06:42:38	1122

58.- Team Zoot Europe (4304 points)

Start #	Athlete	AG	Country				Time	AGR
1	153 Milica Lekovic	F35-39	- SRB	00:38:00	03:17:36	01:50:30	05:55:48	2594
2	1526 April Edwards	F35-39	- GBR	00:35:23	03:38:51	02:13:09	06:44:53	1710

59.- Bryncoch Bombers Cycling Club (4276 points)

Start #	Athlete	AG	Country				Time	AGR
1	500 James Bater	M40-44	- GBR	00:36:49	03:08:05	01:45:07	05:43:37	2354
2	857 Lloyd Treharne	M50-54	- GBR	00:42:44	03:14:04	02:06:34	06:20:36	1922

60.- Swp Tri (3870 points)

Start #	Athlete	AG	Country				Time	AGR
1	111 Daniel Newton	M35-39	- GBR	00:32:35	02:46:57	01:30:15	04:58:19	3043
2	651 Michael Samuel	M30-34	- GBR	00:41:32	03:33:29	02:24:57	06:59:02	827

61.- Piranha Tri Wales (3646 points)

Start #	Athlete	AG	Country				Time	AGR
1	748 Daniel Evans	M40-44	- GBR	00:43:17	03:14:46	01:49:14	06:00:22	2053
2	745 Nathan Harper	M35-39	- GBR	00:33:04	03:14:11	02:17:42	06:18:51	1593

62.- Ful-On Tri (3604 points)

Start #	Athlete	AG	Country				Time	AGR
1	377 Tom Jenkins	M30-34	- IMN	00:31:18	02:52:54	01:49:41	05:23:39	2544
2	788 Sian Elen Thomas	F30-34	- GBR	00:46:01	03:49:19	02:24:14	07:16:15	1060

63.- Slowtwitch (3500 points)

Start #	Athlete	AG	Country				Time	AGR
1	124 Elyse Gallegos	F35-39	- USA	00:29:02	02:48:54	01:39:30	05:05:29	3500

63.- Chippenham Triathlon Club (3500 points)

Start #	Athlete	AG	Country				Time	AGR
1	162 Lynsey Carpenter	F45-49	- GBR	00:37:37	03:03:26	01:46:19	05:37:28	3500

63.- Ute Mückel Triathlon E.v. (3500 points)

Start #	Athlete	AG	Country				Time	AGR
1	103 Huib Van Engelen	M60-64	- NLD	00:35:38	03:04:29	01:56:31	05:48:51	3500

63.- Plymouth Triathlon Club (3500 points)

Start #	Athlete	AG	Country				Time	AGR
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Age Groups - TriClub Results
63.- Plymouth Triathlon Club (3500 points)

Start #	Athlete	AG	Country				Time	AGR
1	141 Jo Gundle	F60-64	- GBR	00:41:27	03:17:32	01:56:20	06:10:15	3500

67.- Atlantic Triathlon Club (Atc) (3462 points)

Start #	Athlete	AG	Country				Time	AGR
1	126 Vivienne Williams	F60-64	- ZAF	00:31:52	03:25:40	02:02:11	06:12:21	3462

68.- Tri-Rivington (Uk) (3449 points)

Start #	Athlete	AG	Country				Time	AGR
1	511 Martyn Pollitt	M60-64	- GBR	00:42:11	03:10:15	01:47:25	05:51:41	3449

69.- Burntwood Triathlon Club (3237 points)

Start #	Athlete	AG	Country				Time	AGR
1	1589 Steve Wallis	M50-54	- GBR	00:34:19	02:46:29	01:36:37	05:07:33	3237

70.- 7Oaks Triathlon Club (3233 points)

Start #	Athlete	AG	Country				Time	AGR
1	1319 Pete Cornwell	M55-59	- GBR	00:32:15	03:08:40	01:35:54	05:29:36	3233

71.- Wessex Wizards Triathlon Club (3171 points)

Start #	Athlete	AG	Country				Time	AGR
1	119 Stephen Page	M55-59	- GBR	00:37:44	03:07:25	01:39:04	05:33:00	3171

72.- Tri Training Harder (3149 points)

Start #	Athlete	AG	Country				Time	AGR
1	110 Nick Ansell	M30-34	- GBR	00:27:39	02:48:04	01:25:22	04:50:01	3149

73.- London Fields Triathlon Club (3145 points)

Start #	Athlete	AG	Country				Time	AGR
1	643 Thomas Smith	M30-34	- GBR	00:30:49	02:46:26	01:24:01	04:50:16	3145

74.- Sarn Helen Tri (3144 points)

Start #	Athlete	AG	Country				Time	AGR
1	1005 Pamela Carter	F40-44	- GBR	00:43:39	03:43:25	02:10:44	06:55:57	2165
2	1130 Aled Morgan	M40-44	- GBR	00:41:39	04:08:44	01:55:26	07:00:02	979

75.- Riot Racing Club (3109 points)

Start #	Athlete	AG	Country				Time	AGR
1	384 Simon Thwaite	M35-39	- NZL	00:32:01	02:39:50	01:35:43	04:54:39	3109

76.- Brownlee Fitness (3103 points)

Start #	Athlete	AG	Country				Time	AGR
1	1560 Lee Hewitt	M30-34	- GBR	00:28:54	02:37:21	01:38:07	04:52:36	3103

77.- Tri2O Triathlon Club (3102 points)

Age Groups - TriClub Results

Start #	Athlete	AG	Country				Time	AGR
1 718	James Lemin	M75-79	- GBR	00:41:52	04:03:25	02:16:53	07:23:18	3102

78.- Precision Race Team (3087 points)

Start #	Athlete	AG	Country				Time	AGR
1 1041	Stewart Conway	M50-54	- GBR	00:36:14	02:59:04	01:33:07	05:15:54	3087

79.- Clapham Chasers (3066 points)

Start #	Athlete	AG	Country				Time	AGR
1 134	Adam Cornish	M30-34	- GBR	00:31:16	02:45:33	01:28:33	04:54:37	3066

80.- Swindon Triathlon Club (2998 points)

Start #	Athlete	AG	Country				Time	AGR
1 166	Tom Hill	M25-29	- GBR	00:30:58	02:41:39	01:28:40	04:47:35	2998

81.- North Endurance (2991 points)

Start #	Athlete	AG	Country				Time	AGR
1 655	Daniel Owens	M30-34	- GBR	00:31:36	02:47:40	01:29:07	04:58:47	2991

82.- In The Running (2984 points)

Start #	Athlete	AG	Country				Time	AGR
1 1218	Bogdan Demeny	M30-34	- ROU	00:35:42	03:05:27	01:45:49	05:38:06	2284
2 1277	David Scott	M30-34	- GBR	00:41:07	03:52:12	02:17:35	07:11:03	700

83.- U Tri Pembrokeshire (2944 points)

Start #	Athlete	AG	Country				Time	AGR
1 1424	Riki Karaka	M45-49	- GBR	00:40:41	02:48:22	01:41:57	05:21:05	2944

84.- Invictus Triathlon Club (Wigan) (2942 points)

Start #	Athlete	AG	Country				Time	AGR
1 382	Dave Clements	M55-59	- GBR	00:36:53	03:02:57	01:52:23	05:45:44	2942

85.- Farnham Triathlon Club (2941 points)

Start #	Athlete	AG	Country				Time	AGR
1 143	Tom Mcghie	M40-44	- GBR	00:34:54	02:49:59	01:35:21	05:11:01	2941

86.- Off That Couch Fitness (2934 points)

Start #	Athlete	AG	Country				Time	AGR
1 391	Nicola Will	F40-44	- GBR	00:45:48	03:30:59	02:19:55	06:52:07	2234
2 390	Phil Johnson	M45-49	- GBR	00:42:13	03:48:33	02:42:34	07:27:44	700

87.- Bicester Tri Club (2869 points)

Start #	Athlete	AG	Country				Time	AGR
1 845	Martin Reader	M55-59	- GBR	00:37:00	03:10:52	01:48:05	05:49:48	2869

88.- Triworks Edinburgh (2855 points)

Age Groups - TriClub Results

Start #	Athlete	AG	Country				Time	AGR
1 972	Jordan Irvine	M30-34	- GBR	00:33:40	02:46:08	01:36:19	05:06:21	2855

89.- Western Tempo (2843 points)

Start #	Athlete	AG	Country				Time	AGR
1 1198	Steven Rowley	M40-44	- FRA	00:31:35	02:54:54	01:38:08	05:16:29	2843

90.- Team New2Tri (2798 points)

Start #	Athlete	AG	Country				Time	AGR
1 1257	Fiona Betts	F50-54	- GBR	00:37:29	03:53:04	01:54:31	06:37:36	2798

91.- Tridot Triathlon Training (2717 points)

Start #	Athlete	AG	Country				Time	AGR
1 1581	Ryan Marais	M50-54	- ZAF	00:30:20	03:05:22	01:50:54	05:36:27	2717

92.- Nantwich Triathlon Club (2705 points)

Start #	Athlete	AG	Country				Time	AGR
1 1544	Samantha Lee	F40-44	- GBR	00:45:21	03:41:57	02:23:18	07:06:59	1966
2 1545	Paul Mcintyre	M45-49	- GBR	00:42:24	03:34:46	02:41:57	07:23:33	739

93.- Endure Iq Squad (2702 points)

Start #	Athlete	AG	Country				Time	AGR
1 125	George Jordan	M60-64	- USA	00:31:23	03:34:46	02:12:23	06:33:10	2702

94.- Leigh Harriers Athletic And Triathlon Club (2689 points)

Start #	Athlete	AG	Country				Time	AGR
1 1137	Adam Howarth	M25-29	- GBR	00:34:49	02:49:50	01:31:10	05:04:44	2689

95.- Penybont Triathlon Club (2672 points)

Start #	Athlete	AG	Country				Time	AGR
1 593	Thomas Hill	M65-69	- GBR	00:41:34	03:56:17	02:54:44	07:48:58	1683
2 1008	Ceri Raffill	F45-49	- GBR	00:44:13	04:18:11	02:37:30	07:56:57	989

96.- Leg-It (2644 points)

Start #	Athlete	AG	Country				Time	AGR
1 936	Paul White	M60-64	- GBR	00:42:14	03:32:27	02:09:17	06:36:24	2644

97.- @Leastwetri (2612 points)

Start #	Athlete	AG	Country				Time	AGR
1 577	Jimmy Walker	M30-34	- IRL	00:38:08	03:07:27	02:01:20	05:58:44	1912
2 414	Craig Turner	M30-34	- GBR	00:36:25	04:07:57	03:12:47	08:16:14	700

98.- Swyd Tri Club (2598 points)

Start #	Athlete	AG	Country				Time	AGR
1 1306	James Wermig	M50-54	- GBR	00:40:31	03:23:46	02:05:13	06:21:58	1898
2 1606	Paul Gimson	M50-54	- GBR	00:42:21	04:12:11	03:12:47	08:24:14	700

Age Groups - TriClub Results

99.- Speedhub (2596 points)

Start #	Athlete	AG	Country				Time	AGR
1 1251	Lisa Wright	F45-49	 - GBR	00:37:17	03:20:42	02:15:34	06:27:41	2596

100.- Brighton Tri Club (2588 points)

Start #	Athlete	AG	Country				Time	AGR
1 931	Camille Pierson	F40-44	 - GBR	00:36:32	03:47:01	01:51:46	06:32:25	2588

101.- Tenby Penguins (2585 points)

Start #	Athlete	AG	Country				Time	AGR
1 1246	Shaun Taylor	M55-59	 - GBR	00:40:13	03:37:48	02:23:54	06:57:56	1643
2 959	John Griffiths	M25-29	 - GBR	00:42:11	03:47:08	01:54:11	06:41:46	942

102.- 4 Life Tri Club (2568 points)

Start #	Athlete	AG	Country				Time	AGR
1 869	Katy Melton	F55-59	 - GBR	00:42:56	03:39:21	02:19:50	06:57:13	2568

103.- Siska Training Systems Tri Club (2531 points)

Start #	Athlete	AG	Country				Time	AGR
1 151	Steve Williams	M40-44	 - GBR	00:36:59	03:02:10	01:41:05	05:33:47	2531

104.- Manchester Triathlon Club (2431 points)

Start #	Athlete	AG	Country				Time	AGR
1 717	Debbie Heap	F60-64	 - GBR	00:33:22	03:52:29	02:27:54	07:09:38	2431

105.- Third Space Tri (2405 points)

Start #	Athlete	AG	Country				Time	AGR
1 742	Harrison Stevens	M25-29	 - GBR	00:32:45	02:52:44	01:45:02	05:20:29	2405

106.- Cwmcarn Paragons (2387 points)

Start #	Athlete	AG	Country				Time	AGR
1 608	Gareth Rees	M40-44	 - GBR	00:41:07	02:55:46	01:51:40	05:41:48	2387

107.- Team Evsy (2359 points)

Start #	Athlete	AG	Country				Time	AGR
1 615	Andy Morgan	M55-59	 - GBR	00:36:23	03:22:06	02:05:38	06:18:07	2359

108.- Wimbledon Windmilers (2338 points)

Start #	Athlete	AG	Country				Time	AGR
1 131	Andrew Jones	M55-59	 - GBR	00:36:32	03:20:45	02:10:02	06:19:17	2338

109.- Yfenni Triathlon (2321 points)

Start #	Athlete	AG	Country				Time	AGR
1 1679	Michael James	M35-39	 - GBR	00:31:41	03:00:30	01:55:38	05:38:27	2321

110.- South Cheshire Triathletes (2314 points)

Age Groups - TriClub Results

Start #	Athlete	AG	Country				Time	AGR
1 882	Jenni Armitt	F45-49	- GBR	00:35:19	03:34:28	02:19:53	06:43:20	2314

111.- St Helens Tri (2300 points)

Start #	Athlete	AG	Country				Time	AGR
1 890	Paul Mcgregor	M60-64	- GBR	00:52:26	03:33:29	02:13:42	06:55:30	2300

112.- Avon Valley Triathletes (2247 points)

Start #	Athlete	AG	Country				Time	AGR
1 983	Will Whitmore	M50-54	- GBR	00:38:12	03:16:57	01:50:01	06:02:34	2247

113.- Humber Triathletes (2234 points)

Start #	Athlete	AG	Country				Time	AGR
1 1563	David Blanchard	M45-49	- GBR	00:38:12	02:56:01	02:12:18	06:00:30	2234

114.- Royal Marines Triathlon (2223 points)

Start #	Athlete	AG	Country				Time	AGR
1 1409	Chris Kedward	M50-54	- GBR	00:38:17	03:14:36	01:56:31	06:03:54	2223

115.- Triclub Doha (2220 points)

Start #	Athlete	AG	Country				Time	AGR
1 371	Philippa Munton	F45-49	- GBR	00:47:02	03:34:40	02:11:19	06:48:34	2220

115.- West Country Tri (2220 points)

Start #	Athlete	AG	Country				Time	AGR
1 1361	Debbie Atkins	F50-54	- GBR	00:32:15	03:58:18	02:24:39	07:09:42	2220

117.- Bloc Coaching & Race Team (2205 points)

Start #	Athlete	AG	Country				Time	AGR
1 1157	James Maitland	M40-44	- GBR	00:37:26	03:14:08	01:49:31	05:51:56	2205

118.- Bustinskin Triathlon Club (2197 points)

Start #	Athlete	AG	Country				Time	AGR
1 791	Dan Murphy	M50-54	- GBR	00:33:32	03:03:22	02:15:05	06:05:21	2197

119.- Ventoux Triathlon Club (2174 points)

Start #	Athlete	AG	Country				Time	AGR
1 1164	Allsun Kelly	F30-34	- IRL	00:33:12	03:27:21	02:01:26	06:14:22	2174

120.- Tridubai (2170 points)

Start #	Athlete	AG	Country				Time	AGR
1 409	James Bradshaw	M35-39	- GBR	00:29:37	03:06:38	01:56:44	05:46:50	2170

121.- Tb-Triathlon (2123 points)

Start #	Athlete	AG	Country				Time	AGR
1 1290	Craig Young	M50-54	- GBR	00:38:18	03:10:56	02:05:05	06:09:29	2123

Age Groups - TriClub Results
122.- Fleet-Foot Triathletes (2117 points)

Start #	Athlete	AG	Country				Time	AGR
1 388	Mark Waldron	M50-54	- GBR	00:35:45	03:18:09	02:04:17	06:09:47	2117

123.- Thames Valley Triathletes. (2103 points)

Start #	Athlete	AG	Country				Time	AGR
1 910	Wendy Rumble	F40-44	- GBR	00:47:12	04:00:16	01:58:55	06:59:24	2103

124.- Viceroy's (2093 points)

Start #	Athlete	AG	Country				Time	AGR
1 376	Pete Blackhurst	M40-44	- GBR	00:37:46	03:06:10	02:01:33	05:58:10	2093

125.- Healthy Life Activities (2030 points)

Start #	Athlete	AG	Country				Time	AGR
1 702	Noelwyn Daniel	M55-59	- GBR	00:36:49	03:20:46	02:26:43	06:36:23	2030

126.- Hampstead Triathlon Club (2011 points)

Start #	Athlete	AG	Country				Time	AGR
1 828	Lucy Willmott	F25-29	- GBR	00:38:53	03:35:37	02:00:57	06:31:32	2011

127.- Royal Navy Triathlon (1985 points)

Start #	Athlete	AG	Country				Time	AGR
1 913	Hywel Longman	M30-34	- GBR	00:39:40	03:24:05	01:34:25	05:54:42	1985

127.- Doncaster Triathlon Club (1985 points)

Start #	Athlete	AG	Country				Time	AGR
1 1651	Lucy Brown	F30-34	- GBR	00:36:39	03:44:19	01:51:07	06:24:49	1985

129.- @Craigmabon Performance Coaching (1904 points)

Start #	Athlete	AG	Country				Time	AGR
1 973	Graeme Braid	M30-34	- GBR	00:34:28	03:25:09	01:46:18	05:59:11	1904

130.- Boru Triathlon Club (1893 points)

Start #	Athlete	AG	Country				Time	AGR
1 956	Paul Dorrell	M55-59	- IRL	00:42:41	03:32:43	02:08:32	06:44:01	1893

131.- A13 Academy (1820 points)

Start #	Athlete	AG	Country				Time	AGR
1 381	Abdulla Shaheen Alkaabi	M35-39	- QAT	00:38:51	03:27:32	01:48:01	06:06:14	1820

132.- Wrecsam Tri Club (1799 points)

Start #	Athlete	AG	Country				Time	AGR
1 1359	Robert Pullen	M55-59	- GBR	00:38:50	03:27:55	02:26:46	06:49:14	1799

133.- Rho Triathlon Club (1780 points)

Age Groups - TriClub Results

Start #	Athlete	AG	Country				Time	AGR
1	404 Michele Russo	M60-64	- ITA	00:44:08	03:57:46	02:19:11	07:24:22	1780

134.- Somerset Rc Tri (1737 points)

Start #	Athlete	AG	Country				Time	AGR
1	1238 Martin Staples	M30-34	- GBR	00:45:37	03:11:40	01:58:35	06:08:27	1737

135.- London Fire Brigade Triathlon Club (1583 points)

Start #	Athlete	AG	Country				Time	AGR
1	943 Will Smith	M25-29	- GBR	00:34:28	03:15:29	02:03:52	06:06:11	1583

136.- Echirolles Triathlon (1565 points)

Start #	Athlete	AG	Country				Time	AGR
1	786 Réjane Bourgeois	F25-29	- FRA	00:36:51	03:40:40	02:22:16	06:56:20	1565

137.- Portmarnock Triathlon Club (1559 points)

Start #	Athlete	AG	Country				Time	AGR
1	750 Rachel Morley	F50-54	- IRL	00:53:29	04:09:14	02:26:16	07:46:26	1559

138.- Tri Preston (1526 points)

Start #	Athlete	AG	Country				Time	AGR
1	870 Tony Armstrong	M55-59	- GBR	00:43:09	03:49:53	02:13:48	07:04:24	1526

139.- Team Gower Tri (1512 points)

Start #	Athlete	AG	Country				Time	AGR
1	488 Ross Stewart	M35-39	- GBR	00:34:47	03:19:00	02:17:12	06:23:21	1512

140.- Team Zoot (1457 points)

Start #	Athlete	AG	Country				Time	AGR
1	916 David Hopkins	M55-59	- USA	00:38:41	03:42:10	02:33:15	07:08:15	1457

141.- Leeds And Bradford Triathlon Club (1433 points)

Start #	Athlete	AG	Country				Time	AGR
1	1020 Michael Boulby	M50-54	- GBR	00:40:32	03:40:09	02:09:42	06:47:48	1433

142.- Triathlon Inverness (1399 points)

Start #	Athlete	AG	Country				Time	AGR
1	1234 Mark Georgeson	M45-49	- GBR	00:49:58	03:21:27	02:13:07	06:46:55	1399

143.- Warrington Tri Club (1352 points)

Start #	Athlete	AG	Country				Time	AGR
1	1000 John Hobson	M45-49	- GBR	00:46:38	03:24:54	02:23:38	06:49:30	1352

144.- Riyadh Triathletes (1280 points)

Start #	Athlete	AG	Country				Time	AGR
1	656 Mark Roberts	M40-44	- GBR	00:44:40	03:34:12	02:05:37	06:43:20	1280

Age Groups - TriClub Results
145.- Trizone Tri Club (1201 points)

Start #	Athlete	AG	Country				Time	AGR
1 1495	Lee Atkins	M40-44	- GBR	00:44:39	03:30:17	02:20:02	06:47:43	1201

146.- Bassetlaw Triathlon Club (954 points)

Start #	Athlete	AG	Country				Time	AGR
1 1089	Gavin Toulson	M45-49	- GBR	00:33:39	03:44:31	02:37:02	07:11:38	954

147.- Team Milton Keynes (897 points)

Start #	Athlete	AG	Country				Time	AGR
1 945	Ruth Gray	F40-44	- GBR	00:46:32	04:03:01	02:58:59	08:06:24	897

148.- Stockport Triathlon Club (896 points)

Start #	Athlete	AG	Country				Time	AGR
1 1061	Kev Walsh	M55-59	- GBR	00:36:44	03:55:46	02:52:04	07:39:24	896

149.- Tri-Monkey (822 points)

Start #	Athlete	AG	Country				Time	AGR
1 1537	Neil Ellis	M45-49	- GBR	00:47:48	03:53:24	02:17:57	07:18:56	822

150.- Glasgow Triathlon Club (722 points)

Start #	Athlete	AG	Country				Time	AGR
1 951	Russell Snowden	M50-54	- GBR	00:37:24	03:39:11	02:55:59	07:27:19	722

151.- Black Country Triathletes (700 points)

Start #	Athlete	AG	Country				Time	AGR
1 1549	Ed Parry	M35-39	- GBR	00:42:04	03:45:25	02:22:47	07:09:46	700

151.- Dc Triathlon Club (700 points)

Start #	Athlete	AG	Country				Time	AGR
1 996	Jason Freeman	M30-34	- GBR	00:38:49	03:45:59	02:35:56	07:20:16	700

151.- Hantspol Tri (700 points)

Start #	Athlete	AG	Country				Time	AGR
1 760	Chris Whalley	M30-34	- GBR	00:36:50	03:52:17	02:38:18	07:24:32	700

151.- Dragontri (700 points)

Start #	Athlete	AG	Country				Time	AGR
1 1179	Shaun Evans	M50-54	- GBR	00:39:02	03:38:22	02:57:18	07:37:11	700

151.- Rust Never Sleeps...ironman For The Masters Athlete (700 points)

Start #	Athlete	AG	Country				Time	AGR
1 1091	David Rowley	M45-49	- GBR	00:42:18	03:42:49	03:01:12	07:48:31	700

151.- Trisurrey (700 points)

Age Groups - TriClub Results

Start #	Athlete	AG	Country				Time	AGR
1 1039	Ross Duncton	M45-49	 - GBR	00:45:52	03:46:09	03:11:53	07:58:15	700

151.- Sisu Racing (700 points)

Start #	Athlete	AG	Country				Time	AGR
1 785	Mark Roe	M55-59	 - GBR	00:37:12	04:24:57	02:43:17	08:02:59	700