



GAMES, TOURNAMENT AND FESTIVAL PLAY

Many games will be played during the hockey season, which runs approximately from September through March. Each Association determines their home game guidelines.

NMAHA game guidelines are as follows:

<u>Division:</u>	<u>Class:</u>	<u>Warm Up:</u>	<u>Period length:</u>	<u>Curfew / Time Outs:</u>	<u>Overtime</u>	<u>Minor:</u>	<u>Major:</u>	<u>Game Misconduct / Match:</u>
Rec	6U-Mini 8U-Mite Cross-Ice	2 min	56-minutes - RUN clock 2-min. or 3-min. line changes HORN (Coach choice)	60-minutes / No Time Outs	N/A	N/A	N/A	N/A
Rec	10U-Squirt	3-min	12-minute Stop clock Runtime in 3rd to stay under curfew	60-minutes / No Time Outs	N/A	1-min.	3-min.	6-minutes / +3-minutes
Rec	12U-Pee wee	3-min	12-minute Stop clock Runtime in 3rd to stay under curfew	60-minutes / No Time Outs	N/A	1-min.	3-min.	6-minutes / +3-minutes
Rec	14U-Bantam	3-min	13-minute Stop clock Runtime in 3rd to stay under curfew	60-minutes / No Time Outs	N/A	1-min. 30-sec.	4-min.	8-minutes / +4-minutes
High School (RGHSHL 18-F)	16U/ JV	4-min (RGHSHL)	15-minute Stop clock Runtime in 3rd to stay under curfew (RGHSHL)	75-minutes / No Time Outs Non-curfew gets one 1-minute Time Out (RGHSHL)	Curfew: N/A Non-curfew: YET Allowed (NMAHA: 5-minutes 3v3) (RGHSHL)	2-min.	5-min.	10-minutes/ +5-minutes
High School	18U/ Varsity	4-min (RGHSHL)	17-minute Stop clock Zam between 2nd/3rd periods Runtime in 3rd to stay under curfew (RGHSHL)	120-minutes / No Time Outs Non-curfew gets one 1-minute Time Out (RGHSHL)	Curfew? N/A Non-curfew: YET Championship Only - full periods. (RGHSHL)	2-min.	5-min.	10-minutes/ +5-minutes



EQUIPMENT REQUIREMENTS

(from NMAHA Handbook)

Each skater must wear the following USA Hockey required equipment when participating in games or practices:

1. **Hockey skates** (not figure skates).
2. USA Hockey-approved protective **helmet with full-face protection of any style**. (must have the HECC seal of approval and not be expired)
3. **Ice hockey stick** (not a plastic street hockey stick). (UNCURVED sticks are strongly recommended for new players)
4. Neck/throat protector. * (NMAHA recommends neck protectors made with ballistic nylon [Kevlar].)
5. **Hockey elbow pads**.
6. **Hockey gloves**.
7. **Hockey shin pads** with **hockey socks** over them.
8. **Hockey shoulder pads**.
9. **Hockey padded pants** (aka: "breezers").
10. **Colored mouth guard – REQUIRED in games at Peewee (12U) and up.** NMAHA recommends that when using a mouth guard that attaches to the face mask, it is a type that will separate upon impact.
11. **Protective cup/supporter**. ("Jill" pelvic protector for girls) – recommend the type with Velcro on the legs to support our current game socks.
12. **Jersey** - Game jerseys (and socks) can be purchased from NMAHA. Jersey numbers are distributed first to returning team members. A returning team member can keep his or her number from the previous season. If that player wants to change his or her number, then the number goes to the next player who seeks the number and has paid the dues. For all new players on a team, the first person to request a jersey number will receive that number based on the timestamp of their season registration. The team manager will resolve any conflict over jersey numbers & the decision is final.

NMAHA has a limited supply of equipment, especially goalie equipment, available to you. Parent/Players should check availability before planning on using NMAHA equipment. If you are needing equipment, please contact the VP of the level of your player (Rec or High School) needing the equipment.