



Greco/Freestyle Tournament
Saturday, April 8th, 2023
701 N C St, Indianola, IA 50125
Men's and Women's - Kids through Junior Divisions

REGISTRATION

Pre-Registration by Friday, April 7th at 5:00PM at www.trackwrestling.com \$15.00 for one style, \$30.00 to wrestle in both if pre-registered or Register at the door for \$25.00 per style or \$50.00 for both. Admission is \$5.00 for spectators 12 and older. Concession stand will be available.

WEIGH-INS

8-8:30AM for ALL styles and age groups. You must weigh in with Singlet and must bring your USA card with you.

MEMBERSHIP

Must have a USA Wrestling Card. www.usawmembership.com Limited Folkstyle membership not valid. Coaches with USA membership will be admitted free.

FORMAT

Wrestling will begin at 9:30 AM. Wrestlers will be grouped by weight in Vertical Pairing bracketing with double elimination where possible and round robin where necessary.

COMPETITION

Greco Wrestling starts around 9:30AM for all age groups. Men and Women's Freestyle Wrestling will follow the conclusion of Greco. UWW Rules with USA Wrestling modifications and age groups will be used. Greco and Men's Freestyle Divisions: 8U, 10U, 12U, 14U, 16U, and Junior-No 8th graders in the Junior Division and Women's Divisions: 8U, 10U, 12U, 14U, 16U, and Junior Division- No 8th Graders, if enough numbers!

QUESTIONS jefff.mcginness@simpson.edu

