



Phase 4 Stay Safe Guidelines for Glenview Youth Baseball

(Guidelines will be amended as new information and best practices are updated)

| | Mandatory | Recommended Best Practices |
|------------------------------|---|--|
| Arriving at the Field | <ul style="list-style-type: none"> All participants, coaches, spectators and officials must practice six-foot physical social distancing while at the field/complex. Coaches and players must conduct daily self assessment. Anyone experiencing symptoms must stay home. No water fountains, team water coolers or shared drinking stations are allowed. All requirements must be provided to all players, families, coaches, spectators and officials prior to arriving at the venue. | <ul style="list-style-type: none"> Carpooling to the field is NOT recommended. Participants should travel to the field only with members of their immediate household. All players and coaches should have their own hand sanitizer available. |
| Practice | <ul style="list-style-type: none"> All coaches and players must practice six-foot physical social distancing except when the ball is in play. Coaches and players must conduct daily self assessment. Anyone experiencing symptoms must stay home. No water fountains, team water coolers or shared drinking stations are allowed. No sharing of equipment. Catchers gear will be sanitized prior to practice. Team equipment bags and player equipment should be in the field of play lined up at a minimum of 6' apart along the fencing. Hand sanitizer must be available at practice for all coaches and players. | <ul style="list-style-type: none"> Face coverings are strongly recommended for any spectators. It is recommended that practice groups are set prior to beginning any practice. These groups (players & coaches) should remain the same throughout Phase 3. Players and coaches should bring their own water and keep it with their personal belongings. Equipment and personal items should not be shared whenever possible. Each player should have their own batting helmet and other personal equipment. If equipment must be shared, proper sanitation should be completed between users. Players and coaches should wear face covering when not actively participating on the field. |
| Players | <ul style="list-style-type: none"> All participants must practice six-foot physical social distancing when not on the field of play. There will be no callups. Teams must play only with players on their roster. Must conduct daily self assessment. Anyone experiencing symptoms must stay home. Do not share any personal equipment or water bottle. No handshakes, high fives or other touching. No spitting, sunflower seeds, gum or other food. Retrieve all foul balls. Always have a mask in your back pocket. Players must wear a mask in the dugout. | <ul style="list-style-type: none"> All players should have their own hand sanitizer available and use in place of hand washing during practice. Equipment and personal items should be at least 6' from others' personal belongings and should not be shared. If equipment must be shared, proper sanitation should be done in between uses. Have their own equipment, including batting helmets. |

Daily assessment and self evaluation - per CDC guidelines, symptoms include cough, fever, chills, sore throat, shortness of breath, muscle or body aches, fatigue, headache, new loss of smell or taste, congestion or runny nose, nausea or vomiting, and diarrhea.



Mandatory

Recommended Best Practices

Coaches

- All coaches must practice six-foot physical social distancing while at the field/complex.
- There will be no callups. Teams must play only with players on their roster.
- Coaches and players must conduct daily self assessment. Anyone experiencing symptoms must stay home.
- Must wear face covering at all times when social distancing is not possible.
- Must wear face covering at all times when on the field of play.
- No handshakes, high fives or other touching.
- No spitting, sunflower seeds, gum or other food or snacks
- Must ensure all players and coaches are following the Stay Safe Guidelines.
- Must sanitize all shared equipment prior to practice.

- Remind and enforce all guidelines for players and coaches while not participating on the field of play..
- Equipment and personal items should have proper separation. Equipment shared by players and coaches should be properly sanitized in between uses.
- Assign a Team Parent to monitor players for physical social distancing, utilizing hand sanitizer and wearing a mask when applicable.

Spectators

- Must practice six-foot physical social distancing practices at all times.
- Must wear face covering at all times when social distancing is not possible.
- Must conduct daily self assessment. Anyone experiencing symptoms must stay home.
- No spitting, sunflower seeds, gum or other food or similar snacks.
- Do not enter player areas (field of play or dugout area).
- Parents must inform the coach if a player is sick and unable to attend practice.

- Face coverings are strongly recommended for any spectators at all times.
- Hand washing or hand sanitizing is highly recommended while at the field.
- View game from beyond first and third base down the foul lines or behind the outfield fence.

Umpires/ Officials

- Must practice six-foot physical social distancing when not on the field of play.
- Must conduct daily self assessment. Anyone experiencing symptoms must stay home.
- Must wear face covering at all times when social distancing is not possible.
- No handshakes, high fives or other touching.
- No spitting, sunflower seeds, gum or other food or snacks.
- Must avoid exchanging documents or equipment with coaches, players or spectators.

- Umpires should call balls and strikes from behind the pitcher.
- Do not handle any equipment, including baseballs or softballs.

Leaving the Field

- Individuals should not congregate in common areas or the parking lot following a practice or game.
- Individuals should not exchange any items.
- Umpires should adhere to social distancing when interacting with coaches, players or spectators.

- Team meetings should occur virtually vs group meetings before or after an event.
- Carpooling to the field is NOT recommended. Participants should travel to the field only with members of their immediate household.
- Team snacks, meals or gatherings should occur in compliance with Phase 4 guidelines.

Daily assessment and self evaluation - per CDC guidelines, symptoms include cough, fever, chills, sore throat, shortness of breath, muscle or body aches, fatigue, headache, new loss of smell or taste, congestion or runny nose, nausea or vomiting, and diarrhea.