

ADULT LESSON PACKAGE

NEW!

ACADEMY LESSON PRICES

\$75 OFF

\$85

30-MINUTE LESSON

\$125

1-HOUR LESSON

\$425

(4) 1-HOUR LESSONS

consulting session with team

SANFORD HEALTH AND GOLF MOVEMENT SYSTEM

PUNCH CARD PACK

\$475

4-PACK

see below for punch items/value

\$895

8-PACK

see below for punch items/value

GAME IMPROVEMENT SERVICES

PUNCH VALUE

FULL-SWING LESSON

Receive an individualized coaching plan to improve contact, consistency and increase your distance

1

SHORT-GAME LESSON

Learn how to get up and down from anywhere around the green

1

PUTTING LESSON

Develop the 3 fundamental skills to instantly lower your score

1

ESSENTIAL GOLF PERFORMANCE PACKAGE

Golf Movement & Performance Analysis

Want to improve your performance? Experience the most comprehensive golf specific movement analysis package to move better, feel better and play better.

3

BODY MOVEMENT/MOBILITY SESSION

Certified Golf Physical Therapists

A hands-on approach to properly and efficiently move throughout the entire swing. We can help you play longer and recover faster.

1

YARDAGE CHART SESSION

TrackMan Ball Flight Analysis

Dial in each club in your bag with the best ball flight analysis tool in golf

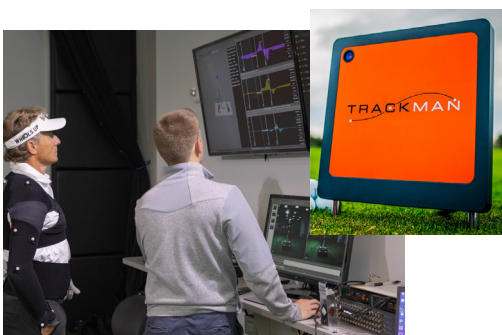
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TRACKMAN SIMULATOR

Course Management & Strategy

Learn key on course strategy secrets that lead to lower scores

1



SANFORD GOLF



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