

Good day Griffins,

I hope this message finds everyone healthy and safe as we continue to navigate through this health crisis. The Gloucester Lacrosse Association Executive has been meeting since the fall in an effort to be able to offer programming for our membership in 2021. Working with the Ontario Lacrosse Association (OLA), and in accordance with our local and provincial health units, we plan do be able to do this by offering programming in a way that will meet current health and safety guidelines. We want to stress that similar to our Return To Activity (RTA) in the fall, we will put player and coach safety first, while offering programming that will allow our players to build skills, be active, and have fun.

### **Winter Lacrosse**

With the Province lowering the restrictions of the Stay-at-Home Order and Ottawa moving to 'Orange-Restrict' on the Province's Response Framework, we are preparing to launch our winter sessions. Our current plan is to run these sessions starting February 25, 2021 in conjunction with the current provincial health guidelines. We will run the winter sessions until April 29, 2021. If you have registered, you will receive a confirmation email. If you have not registered, there is still limited space in all divisions. Based on the health regulations, framework guidelines, and facility restrictions, we will be required to cap the number of players.

The Lady Griffins program will also be running winter sessions. The planning is still under way, however dates will be announced shortly. We will be sending out options to the membership as soon as possible.

In addition to the weekly winter program, the GLA will be running several clinics during the same time period. Keep your eye on our social media channels and web site for details. They will include lacrosse specific sessions on shooting, footwork, defensive positioning, and goal-tending.

### **2021 Season**

The GLA Executive has commenced a full planning phase for the upcoming season (determining flexible programming options). We plan on offering lacrosse in our traditional time frame from May to August for both boys' and girls' programs. Our intention will be to offer two tiers of training and play. This will resemble our traditional house league and competitive programs. That said, we are fully aware that it will not be a typical season and are building this year with the expectation of needing to be nimble and flexible, to be able to react to possible health regulation roll-backs or shut-downs. We plan to release information in mid-March on the upcoming season. It is our belief we will be able to design a program that will put sticks in hands and meet health guidelines.

For the most up to date information please follow our social media channels and check our website.

<http://www.gloucester-lacrosse.com>



@griffinslax



@gloucesterlacrosse



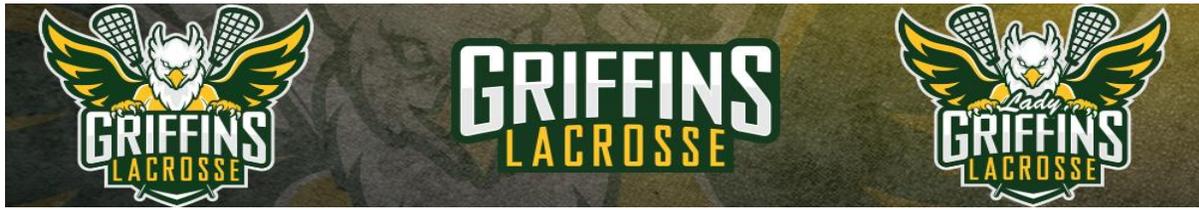
@gloucesterladygriffins



Gloucester Griffins Minor

Lacrosse

Yours in lacrosse,



The Gloucester Lacrosse Association Executive