

Indoor Youth Competitions

What's New 2019-2020

SEASONAL STRUCTURE

- With the expected growth of the 14U Girls, 18U Girls, 14U Boys and 17U Boys, the following changes will be made to their seasonal structure. The full season structure will be available in the 2019-2020 Youth Competitions Handbook.
 - 14U Girls: Will begin the season with Select, Championship and Trillium White for the Provincial Cup. For the Challenge Cup and beyond we will deliver Premier, Select, Championship, Trillium White and Green divisions.
 - 18U Girls: Will begin the season in Premier, Select, Championship and Trillium Divisions for the Provincial Cup.
 - 14U Boys: Will begin the season in Championship and Trillium for the Provincial Cup. For the Challenge Cup and beyond, we will deliver Premier, Championship and Trillium divisions.
 - 17U Boys: Will begin the season in Premier, Championship and Trillium for the Provincial Cup.

Note: All numbers stated in the seasonal outline in the Youth Competition Handbook are estimates. They may require adjustments depending factors such as, but not limited to, exemptions, number of registered teams, composition of tournament draw etc.

- **Promotion for Vacancies in Tournament Draw:** After promotion/relegation occurs, as outlined in the Youth Competitions handbook, any additional open spots (in all tiers) will be filled using the following criteria, in the order listed:
 1. Any underage team that meet the requirements outlined in Section 4.12 “Placement for underage teams” in the Youth Competitions Manual.
 2. Teams who have missed previous events but should be in a specific division from a competitive balance perspective.
 - Example: Spikers finished 2nd place in Championship at the Challenge Cup. Spikers missed the McGregor Cup event but will then stay in Championship for the Bugarski Cup event if there is a vacancy available.
 3. Promotion of 2nd place teams from the most recent event will be considered.
 - For Example: If 1 vacancy remains in Trillium White for the McGregor Cup, only the 2nd place teams from the Trillium Green Challenge Cup will be considered.

- 4. Team’s rank*: All registered teams will be considered in this final step which is the only time a team set to be relegated down will be considered to fill a vacancy.

**A team’s rank is defined as their average points awarded during the current season. Rank will be used as the tiebreaker if fewer vacancies are available in a specific division then the number of eligible teams for each of the criteria listed above.*

- **Underage Teams – Initial Placement**

- If a team is competing in an older age category and has a pre-season rank in the older category they will be placed according to that rank.
- If the team **does not have a pre-season rank** in the older age category, they will automatically be placed in a Tier which is reflective of their rank in their own age category for the Provincial Cup. The percentages below will also be used for placement in mid-season events if vacancies in the draw are available.

Girls	
Age Division Rank	Initial Placement in One Age Division Higher
1-3%	Select
4-12%	Championship
13-40%	Trillium White
Boys	
Age Division Rank	Initial Placement in One Age Division Higher
1-7%	Championship

- Out of Province Teams will be considered to fill vacancies within the tournament draw. The protocol outlined above does not apply to out of province teams.
- **Due to the seasonal structure and in order to ensure proper rankings, there will be NO tournament exemptions given for the 12U Girls Challenge Cup.**

PLAYING RULES

- **Warm Up Protocol:** When one team has exclusive use of the court, the other team must either be at its team bench, out of the playing area or shagging balls for the opposing team (optional). Warming up with balls at the team bench, behind the court, or in the spectator walkways is not permitted. The following warm-up protocol will be in effect for the 2019-2020 season:
 - Primary Warm-up Protocol – (5-4-4): For all teams first match of the day
 - Five (5) minutes of shared court time for ballhandling

- Four (4) minutes of exclusive time for the serving Team
 - Four (4) minutes of exclusive court time for the receiving Team
 - No shared hitting and serving
- Secondary Warm-up Protocol – (2-4-4): For all other Matches within the tournament
 - Two (2) minutes of shared court time for ball handling
 - Four (4) minutes of exclusive court time for serving Team
 - Four (4) minutes of exclusive court time for the receiving Team
 - No shared hitting and serving
- **Purple Card Sanction Policy:** The purpose and intent of the Purple Card Sanction Policy is to effectively address and sanction any inappropriate or prohibited behavior exhibited by any NON-PARTICIPANT such as parents, spectators, members of participating clubs from other teams, etc.), attending and observing any OVA sanctioned volleyball match. This policy is further intended to preserve order and help to maintain the safety and protection of all OVA members and/or spectators.
 - This policy will be piloted during the 17U and 18U Boys and Girls Indoor Competition season (all regular season and Ontario Championships)
 - The Purple Card Policy will be posted on the OVA website and distributed to members in Early August.

COACHING

- **NEW: CERTIFICATION 2019-2020 - The basic mandatory modules are now required for any individual listed as a head coach on a roster/scoresheet during an OVA sanctioned event. The modules must be completed before November 1st.** The basic mandatory modules are:
 - Foundations of Volleyball
 - Making Ethical Decision Online Evaluation
 - Making Headway

All Head Coaches listed on a roster/scoresheet during an OVA sanctioned event still must be certified within 3 seasons of participating in OVA competitions. The full 2019-2020 *Coaching Requirements* are included as Appendix A.

- **2019 Coach Development Week**

September 6th-12th, 2019 is the OVA Coach Development Week. During that week, no tryouts will be allowed. Clubs will only be allowed to run clinics for players if they are part of a coach development workshop. That week is an opportunity for coaches to complete the basic mandatory modules from the 2019-20 Coach Certification Policy.

The coach development opportunities that will be offered are:

- Multiple Development Coach workshops
- Multiple Advanced Development Coach workshops
- One-day Coaching Symposium*

- Seasonal planning workshop*
- Coach development webinars

**Coaches can only attend the Coaching Symposium and Seasonal Planning workshop if they have already completed their NCCP workshop (DEV or ADV DEV)*

Full event details will be released as soon as they are available. An information sheet about the 2019 Coach Development Week is included as Appendix B.

HIGH PERFORMANCE LEAGUE

- The High Performance League (HPL) is set to begin in 2020-2021 and will provide the highest competitive experience for youth volleyball players in Canada. The purpose of the League is to bridge the gap with the Canadian Long-Term Athlete Development model (LTAD) recommendations for Learn to Compete athletes (17-18U). The HPL will feature best of 5 matches in a league format similar to post-secondary volleyball and will require teams to meet specific training standards.
- Important steps towards inauguration will be taken during the 2019-20 season:
 - July 2019: HPL Handbook draft will be circulated for feedback
 - September 2019: Final HPL Handbook will be released
 - December 2019: All Clubs interested in participating in HPL must have a representative at the OVA AGM to attend the HPL meeting
 - January 2020: Expression of interest to be part of the HPL by Clubs
 - Ontario Championships 2020: Results from 16U and 17U age groups will count towards qualification for the HPL for the 2020-2021 Season

Full details about the HPL will be released in the draft HPL Handbook in July on the OVA website (www.ontariovolleyball.org).

FEES

- **Ontario Championship Fees:**

Age Group	Total Fee
11U-12U	\$ 830.00 +HST
13U-15U	\$ 1,230.00 +HST
16U-18U	\$ 1,330.00 +HST

- **OVA Tournament Entry Fees will be as follows for the 201-2020 season (all prices are +HST).**

Age Group	2017-18	2018-19	2019-20



12U	\$ 235.00	\$ 250.00	\$ 275.00
13U-15U	\$ 320.00	\$ 320.00	\$ 330.00
16u-18U	\$ 330.00	\$ 330.00	\$ 340.00
Grand Prix	\$ 535.00	\$ 550.00	\$ 575.00

VOLLEYBALL CANADA (VC) RULE CHANGES

- **16U Boys will now be permitted to play with a libero.** Please [click here](#) for a link to the VC website for rationale.
- **15U Girls and Boys are now permitted to overhead pass on serve receive.** Please [click here](#) for a link to the VC website for rationale.
- **VC will be announcing the official balls for the 2020 National Championships prior to September 2019.**
 - There will be no changes to the official ball for the Ontario Volleyball Indoor Competition season. A review will take place once VC announces their selection to determine alignment for 2020/21.
- **VC will be increasing their membership fees by \$1.00 for the 2019-2020 season for the following categories:**
 - Youth Competitive Player (\$30.00)
 - Adult Player (\$30.00)
 - Post-Secondary Player (\$30.00)
 - Leader – Club/Team Personnel, Referees (\$30.00)

Note: This increase will bring the total for an OVA membership to \$83.11 including HST.

APPENDIX A

2019-2020 Coaching Requirements

All PERSONS IN AUTHORITY (PIA) on the roster must adhere to the following in order to participate in any OVA sanctioned events.

- Abide by the OVA Screening Policy
 - Submit a Vulnerable Sector Screen (completed within 3 years)
 - Submit a completed OVA Screening Disclosure Form annually
- Abide by the OVA Person In Authority Code of Conduct

The following items must be fully completed before **any individual can be listed as a HEAD COACH on a roster/scoresheet** during any OVA sanctioned events:

- Foundations of Volleyball
- Making Ethical Decisions Online Evaluation
- Making Head Way

Date of completion: Before November 1st, 2019 (or prior to participation in an OVA sanctioned event for coaches registering after November 1st)

Sanctions: First offence = \$100 fine. A second offence will result in the Head Coach being suspended.

NOTE: *It is recommended that assistant coaches complete the mandatory modules if they want to avoid penalties in the event they have to step into the head coach role at some point during the season*

All HEAD COACHES listed on a roster/scoresheet during an OVA sanctioned event must be certified within 3 seasons participating in OVA competitions. Individuals in their third season as a Head Coach in 2019-2020 must complete their certification by March 1st 2020.

Age category requirements:

- 11-16U = Development Coach certified
- 17-18U = Advanced Development Coach certified

Date of completion: Prior to March 1st, 2020

Sanctions: Individual not allowed to be on any roster at Ontario Championship

See below for further pathway details

Recommended **training tasks and timelines** to for certification in the **Development Coach (11-16U)** context:

Year	Tasks	Time	Cost
1	• Foundations of Volleyball eLearning	1.5 hours	\$89
	• Make Ethical Decisions Online Evaluation	45 minutes	\$85 or free
		90 minutes	Free
	• Making Head Way (Generic) eLearning		
2	• Development Coach Workshop	Weekend (16 hours)	\$150-\$250
	• Nutrition eLearning	45 minutes	Free
3	• Development Coach Evaluation*	4-6 hours	\$120

**Coaches may challenge the evaluation process at any time (subject to challenge fee). Coaches will also be limited to two (2) attempts at passing the evaluation. If, after two (2) attempts coaches have not met the minimum standard, they will need to register and complete all training components of the certification pathway.*

Recommended **training tasks and timelines** for certification in the **Advanced Development (17-18U)** context:

Year	Tasks	Time	Cost
1	• Foundations of Volleyball eLearning	1.5 hours	\$89
	• Make Ethical Decisions Online Evaluation	45 minutes	\$85 or free
		90 minutes	Free
	• Making Head Way (Generic) eLearning	Weekend (16 hours)	\$150-\$250
	• Development Coach Workshop		
2	• Advanced Development Coach Workshop	Weekend (18 hours)	\$150-\$250
		5 hours	\$50-\$100
	• Design a Basic Sport Program	3.5 hours	\$50-\$100
	• Basic Mental Skills	45 minutes	Free
	• Nutrition eLearning		
3	• Advanced & Development Coach Evaluation*	4-6 hours	\$120

**Coaches may challenge the evaluation process at any time (subject to challenge fee). Coaches will also be limited to two (2) attempts at passing the evaluation. If, after two (2) attempts coaches have not met the minimum standard, they will need to register and complete all training components of the certification pathway.*

APPENDIX B

2019 COACH DEVELOPMENT WEEK

The OVA will be hosting a coach development week September 6th – 12th and we're looking for clubs to help host our events! If you're interested in hosting a Development Coach or Advanced Development Coach Workshop, please let us know!

[Requirements for Hosting a Development Coach or Advanced Development Coach Workshops](#)

Development Coach Workshops

- September 7th-8th, 2019
- 3 workshops minimum across the province (hosts will be given preference relative to the location of other hosts)

Advanced Development Coach Workshops

- September 6th-8th, 2019
- 2 workshops across the province (hosts will be given preference relative to the location of other host)

We will also be hosting a 1-day coach symposium at Durham College September 7th and Fanshawe College September 8th for those **coaches who have already completed the Development Coach or Advanced Development Coach workshop.**

1-Day Coach Symposium

- September 7 – Durham College/September 8 – Fanshawe College
- Both symposiums will be the same so coaches are encouraged to pick the date and location that work for them
- Seasonal planning session will be held September 7 at Fanshawe College and September 8 at Durham College

For those coaches that cannot attend the above events, other opportunities for coaching development will be available!

Club Coach Development Sessions (Club hosted)

- September 6th-12th, 2019
- Clubs can set up their own development sessions and workshops with the coaches from within their organization. The session can be led by their Technical Director or another coach developer from the community.

- The sessions can be eligible for 1 PD point/hour of clinic if the following information is submitted to the OVA:
 - The name of the presenter
 - The learning objectives of the session
 - The name and NCCP number of all participants
- **If your Club requires a presenter, please let us know. We can help facilitate sending someone out to your Club to help deliver this initiative.**

Coach Information Webinars (OVA hosted)

- September 6th-12th, 2019
- 1PD point/hour
- Free sessions offered online for coaches who cannot make it to one of our live events
- Sessions are recorded and made available to people who attended

If you have any questions about any of the following or want to find out more information, please contact Kelvin Cheng kcheng@ontariovolleyball.org