

2020 AUGUST NEWSLETTER

*******SPECIAL ANNOUNCEMENT*******

**ISWA ANNUAL CLUB MEETING WILL BE HELD ON
SUNDAY, SEPTEMBER 13, 2020 @ A NEW LOCATION**

CHECK IN BEGINS AT 8:00 AM AND CLOSSES AT 9:00 AM

CAPITOL CITY SPORTS LOCATED AT 1915 GLADDEN RD. PLAINFIELD, IN. 46268

This is the Annual Tournament Bid Meeting! If your club plans on hosting a tournament in the 2020-21 wrestling season, a Club representative from your club MUST attend this meeting and bid the primary date and alternative date for the tournament.

ONLINE REGISTRATION IS REQUIRED FOR CLUBS TO BID AN EVENT. DEADLINE SEPTEMBER 1ST.

ONLINE INSTRUCTIONS CAN BE FOUND ON THE ISWA WEBSITE UNDER TOURNAMENT EVENT SCHEDULE

**Save the date: Sunday, September 13th the ISWA will be hosting
the ISWA Annual Meeting at Capitol Sports Center**

PLEASE NOTE THAT THIS IS A VENUE CHANGE FROM THE PAST YEARS. Address is 1915 Gladden Road, Plainfield IN 46168. As of today, based on current guidelines (which could change), all persons in attendance are required to sign a waiver, in addition, masks will be required. Temperatures will also be taken at the door. Here is the REQUIRED waiver link:

<https://docs.google.com/forms/d/e/1FAIpQLSfhk2pPUSunCyrKcm7Zqg3fWSFQPirWQ0q1YjbRU0T2efnrTg/viwwform>

2021 Tournament Bids

All clubs are strongly encouraged to attend as important information is distributed. Any clubs planning to host a tournament are REQUIRED to attend. You may send any person listed on your Club Charter. As we know many schools/events are still to be determined, we need you to still bid your tournament(s) on the dates that you normally would have them. Also indicate an alternate date. We understand that dates/events could change throughout the year. If you do NOT attend the meeting to bid your tournament, you may not be allowed to host a sanctioned ISWA/USA event.

Please Register Your Clubs Primary and Alternate Dates

ONLINE Before Sept. 1, 2020.

Any changes to dates must be either emailed to office@iswa.com or revised before 9 am Sept. 13th at the Annual Meeting. See link below:

<https://iswa.sportngin.com/register/form/396752552>

This Year Educational Workshops Will Be Offered To Those Members Who Pre-Register:

<https://iswa.sportngin.com/register/form/149718586>

ISWA Annual Meeting WorkShop Schedule

TIME	Session 1	Session 2	Session 3	Session 4	Wrestling Clinic
10:30-11:00	Tournament Bid Confirmation Part 1	The Officials Update	How to Engage & Retain Wrestlers	Greco Roman Sprint Session	
11:05-11:35	Tournament Bid Confirmation Part 2	Wrestling Club Administrative Resources	Focusing on Girls Wrestling & Resources	The mindset for competitive excellence & peak performance	
11:35-11:45	Break	Break	Break	Break	Check-in 12-12:30
11:45-12:15	Track Wrestling Training Part 1	Effectively use Social Media to Promote your Club	How to Engage & Retain Wrestlers	The mindset for competitive excellence & peak performance	Wrestlers Clinic 12:30-2pm w/ OTC Coach Gary Mayabb
12:20-12:50	Track Wrestling Training Part 2	What's Working at Clubs	Focusing on Middle School Wrestling	Reaching Today's Athlete	
12:50-1:00	Break	Break	Break	Break	
1:00-1:30	Track Wrestling Q&A	Effectively use Social Media to Promote your Club	Focusing on Girls Wrestling & Resources	Wrestling Club Administrative Resources	
1:35-2:00	Wrap-up	Wrap-up	Wrap-up	Wrap-up	

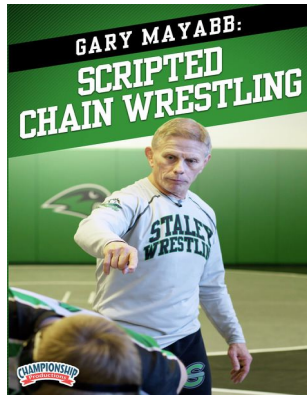
ISWA Annual Meeting Workshop Descriptions

Workshop	Description
Tournament Bid Confirmation	Confirm your club's tournament bid dates, Tournament requirements (video), Q&A - Required for all clubs bidding a tournament
TrackWrestling Training	Learn the basics of how to setup and run tournament using TrackWrestling - 2 sessions required for full training
TrackWrestling Q&A	Use this opportunity to ask advanced questions or questions specific to your tournament.
What's Working at Clubs	Learn what is working at other wrestling clubs around the state and share what is working at your club
Wrestling Club Administrative Resources	Learn the features and benefits of using the USA Wrestling membership site to help manage your club. Also, get updated on changes to SafeSport and hw to get your coaches and wrestlers certified.
Effectively use Social Media to Promote your Club	Learn what types of social media are the most effective and to use them to inform and engage your current club members as well as reach potential new wrestlers.
How to Engage & Retain Wrestlers	Ideas and resources on how to pull new wrestlers into wrestling and and retain them.
Focusing on Girls Wrestling & Resources	Resources focused on building and expanding girls wrestling in your club and Indiana.
Greco Roman Sprint Session	Olympic Training Center Coach Gary Mayabb will talk about how to infuse Greco into your training program and the benefits.
The Mindset for Competitive Excellence & Peak Performance	Dr Hoffman of ExcellWell will talk about the 10 critical mindsets that are used to improve athletic performance for your athletes.
Reaching Today's Athlete	Learn about the issues that are impacting today's youth and how they are effecting your wrestlers and team.
Focusing on Middle School Wrestling	This session will focus on introducing wrestling at the middle school level and how to convert middle school wrestler to club wrestlers. It will also address other areas that are unique to this age level.
The Officials Update	Updates and what's new this from an officials persepctive.

SEPTEMBER 13TH FREE WRESTLING CLINIC

REGISTER ONLINE TODAY, FIRST 60 REGISTERED ACCEPTED

<https://iswa.sportngin.com/register/form/501723051>



We are also pleased to announce that the ISWA/USAW will be offering a free clinic for wrestlers. This clinic will be presented by **Gary Mayabb from USA Wrestling**. Due to restrictions set by the State of Indiana, we are limiting this clinic to the first 60 wrestlers to preregister. Any wrestlers registered over 60 will receive a zoom link of the live clinic. Please register each participate with this link. Building attendance is limited. Register today! **PLEASE NOTE THIS CLINIC IS FOR AGES 12U/NOVICE AND OLDER. ANY WRESTLERS REGISTERED OVER THE 60 LIMIT WILL RECEIVE A ZOOM LINK TO WATCH LIVE ONLINE.**

More information can be found about the ISWA 2020 Annual Meeting here:

<https://www.iswa.com/page/show/3228720-event-schedule#>

If you have any questions, please contact the ISWA Office at office@iswa.com.



HAVE YOU MOVED?

If you have moved, please be sure to email the ISWA office at office@iswa.com with your updated information by October. The post office will not forward the ISWA publication. If your address is not correct, you **will NOT** receive the 2021 ISWA book! Also remember to update your USAW profile email, address and any updates!

HAS YOUR CLUB REPRESENTATIVE CHANGED?

If your club has changed leadership, please email the ISWA Office the updated information at office@iswa.com. Please include: Name/Postal Address/email address/phone#

DATE	EVENT NAME	LOCATION	CONTACT PHONE	CONTACT EMAIL
<u>2021 Tentative ISWA/USAW Events</u>				
January 3, 2021	ISWA Elementary Duals	Franklin Community HS	317-780-1885	office@iswa.com
January 31, 2021	IHSWCA Middle School State	Center Grove HS	317-780-1885	office@iswa.com
February 7, 2021	ISWA Middle School Duals	Carmel HS	317-780-1885	office@iswa.com
March 5-7th, 2021	ISWA Folkstyle State	Warren Central HS	317-780-1885	office@iswa.com
April 30-May 2, 2021	ISWA Freestyle/Greco State	Avon HS	317-780-1885	office@iswa.com
April 30-May 2, 2021	ISWA Freestyle Girls State	Avon HS	317-780-1885	office@iswa.com
May 20-23, 2021	Central Regionals	Ft Wayne Coliseum	317-780-1885	office@iswa.com
June 2021	14U/SB Duals	Franklin Community HS	317-780-1885	office@iswa.com
June/July 2021	Kids Nationals	TBD	317-780-1885	office@iswa.com
July 2021	Fargo Nationals	TBD	317-780-1885	office@iswa.com

<u>Tentative 2022 ISWA/USAW Events</u>				
January 9, 2022	ISWA Elementary Duals	Franklin Community HS	317-780-1885	office@iswa.com
January 30, 2022	IHSWCA Middle School State	Center Grove HS	317-780-1885	office@iswa.com
February 6, 2022	ISWA Middle School Duals	Carmel HS	317-780-1885	office@iswa.com
March 4-7th, 2022	ISWA Folkstyle	Warren Central HS	317-780-1885	office@iswa.com
May 13-15, 2022	ISWA Freestyle/Greco State	Avon HS	317-780-1885	office@iswa.com
May 13-15, 2022	ISWA Freestyle Girls State	Avon HS	317-780-1885	office@iswa.com
May 19-22, 2022	Central Regionals	Ft Wayne Coliseum	317-780-1885	office@iswa.com
June 2022	14U/SB Duals	TBD	317-780-1885	office@iswa.com
June/July 2022	Kids Nationals	TBD	317-780-1885	office@iswa.com
July 2022	Fargo Nationals	TBD	317-780-1885	office@iswa.com