

GEAR



● Helmet

- 6-9 Hard or Soft sided
- 10+ Hard sided



Goggles ●

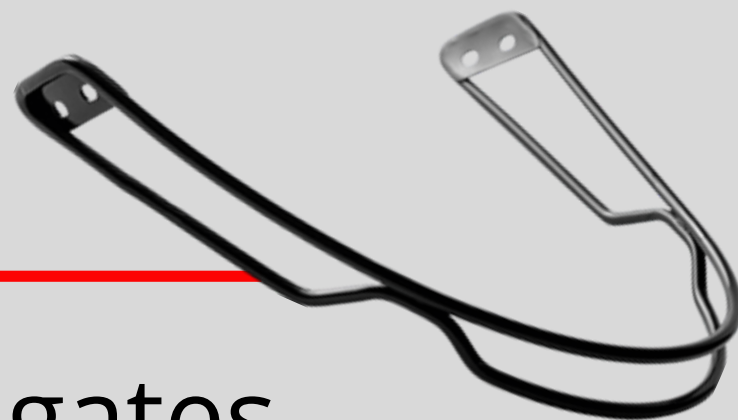
- Required when in the course
- Consider yellow or clear lenses for evening practices (Tuesday/Thursday)
- Consider orange or dark lenses for day practices (Saturday)



GEAR

Chin Guards ●

- **10+** Racing in slalom gates
- Strongly recommend removing for GS unless specifically advertised as "breakaway"



Poles ●

- Recommended for all ages
- Focus on length not brand



Pole Guards ●

- Recommended for **10+**
- Only beneficial with technique



GEAR

Boots ●



- **6-9** Snug Fit, Easy Flex 60-70
- **10+** Junior Race, Performance Kids, or Adult Race Ski Boots with harder Flex 70-90
- Racers should be able to flex the ankle moving their center of mass forward and see the boot flex under pressure



● Shin Guards

- **10+** Or advanced skiers on an early line



GEAR



Skis

- **6-9** High End Recreation Ski
 - Solid edges but nothing too stiff
- **10-11** Entry level race ski or "Combi"
 - Stiffer ski with shape to handle increased forces but still useful for multiple disciplines
- **12+** Slalom Ski "**SL**"
 - A true slalom ski designed for the race course with a stiff body