



2023 - 2024

SOFTHANDS INFIELD CLINIC

Ages 8 - 13 & High School



Program Director – Mike Lamitola

“SoftHands” will be the directive in this Infielders Camp. Each player will assume his regularly played position. Each 1 hour and 30 minute session is designed to provide each player with the proper mechanics as an infielder.

- Learn the meaning of “Field with your feet”
- Learn how to grip and throw properly
- Focus on every throw; treat every throw with a purpose
- Repetition with work on 2-man drills and the best approach to groundballs
- Work on double plays, slow rollers, relays, glove side and backhands

Each session is 1.5 hours for 15 weeks totaling 22.5 hours of training.

Saturdays (15 weeks) • 11:00am – 12:30pm

November 18, 25

January 6, 13, 20, 27

December* 2, 9, 16, 23, 30

February 3, 10, 17, 24

Cost: \$1095

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