



FORT WAYNE BASKETBALL LEAGUE

FWBL Game Rules

1. The first team listed in the game schedule is the home team.
2. Games will be played using 4 8 minute quarters with a running clock. Clock will stop on Timeouts, subbing in the middle of quarter, end of quarters, and the last 1 min. of the 4th quarter (if the lead is under 10 points with under a minute in the 4th quarter).
3. With 10 players on a roster, all players should play 12-16 minutes each game. With less than 10 players on a roster, all players should play at least 16 minutes each game. If that doesn't happen, please let us know so that we can check with coaches. Coaches do have the discretion to limit playing time by 4-6 minutes for those that repeatedly miss practice and for those that may disrespect their coach, teammates, or officials.
4. Substitutions will be made at the midpoint of each quarter and at the end of the quarter. There will be no subbing at any other time with the following exception: Teams can sub one time during a dead ball under the 1-minute mark of the 4th quarter. Play will not be stopped just to sub.
5. Coaches, please have subs ready to go so that we keep the flow of the game.
6. Each team can have one timeout per half.
7. There will be one official per game. Travel and double dribble should be called so that players can learn. Call all fouls that disrupt the play of the game. Call 3 seconds in the lane if it disrupts the play of the game also give them warnings instead of calling each time.
8. Fouls will be recorded, and a player is disqualified on their 5th foul.
9. Shooting fouls will be shot as 1 shot for the value of the shot he was fouled on. A non-shooting foul will only be shot in the last minute of the game and both teams will be in the bonus (1 and 1).
10. OT will be for the tournament only and will be sudden death with a 2 min max time limit. Regular season games will be called a tie.
11. There will be no full court press at any time. In the half court there is no double teaming. No zone defense is allowed-each person on the court should be guarding a man.
12. Home team will provide one parent for the score board and visitor team will provide one parent for the score book.
13. Keep in mind this is an instructional league and sportsmanship will be enforced. Parents please set a good example and stress improvement rather than winning at all costs.
14. Please do not show up for your game more than 30 minutes before scheduled time.
15. All players should play 14-16 minutes each game. If that doesn't happen please let us know so that we can check with coaches. Coaches do have the discretion to limit playing time by 4-6 minutes for those that repeatedly miss practice and for those that may disrespect their coach, teammates, or officials.