

# NYWAY GIRLS STATE CHAMPIONSHIPS

**When:** Sunday- March 15th, 2026. Wrestling will begin at 8:00 am until finished  
**Where:** Exposition Center-New York State Fairgrounds-581 State Fair Blvd. Syracuse, NY  
**Weigh-ins:** Weigh-ins on Saturday- March 14<sup>th</sup> from 5:00-7:00 pm.

**Skin and nail checks at weigh-ins- 1lb allowance**

**Eligibility:** 2007 Birth Year MUST still be in High School.

**Exemptions** – All female wrestlers auto-qualify for the Girls State Championship. 2013 & 2012 birth years who placed in the top 6 at NYSPHSAA Girls High School State Championship, regardless of age, will need to compete in the G-VI division. All 2007 born wrestlers must still be in high school.

**NO** Double bracketing.

OPEN to all female wrestlers that attend a NY School.



**2026 Girls Division & Weight classes:** (Divisions I through V are Folkstyle)

**Girls I (2021-2020):** 36, 40, 45, 55, 60, 65, 70, Hwt 85 max

**Girls II (2019-2018):** 45, 50, 55, 60, 65, 70, 75, 85, Hwt 103 max

**Girls III (2017-2016):** 50, 55, 60, 65, 70, 75, 80, 85, 90, 110, Hwt 113 max

**Girls IV (2015-2014):** 60, 65, 70, 75, 81, 87, 94, 102, 112, 118, 126, Hwt 140 max

**Girls V (2013-2012):** 74, 80, 86, 92, 98, 104, 110, 116, 122, 128, 134, 140, 150, Hwt 165 max

**Girls VI Freestyle (2011-2008):** 94, 100, 107, 114, 120, 126, 132, 138, 145, 152, 165, 185, Hwt 235 max

**Registration:** \$60.00 online registration ONLY. No walk-ins allowed. **NO REFUNDS**

**Registration will have a HARD CLOSE on Sunday, March 8th at 11:59 pm.**

All participants MUST have their Individual Membership.

**Admissions:** \$20 Adult general daily or \$35 general weekend pass, \$5 for children day/ \$7 children weekend over the age of 6. 5U are FREE. **Coaches'** Floor Passes \$35 daily or \$50 weekend pass (includes general admission & floor access)

**\*TO BE MAT-SIDE YOU MUST BE A CLUB-HEAD COACH and/or LISTED ON A CLUBS LIST who have completed their background screening 10 days prior to the event.**

**\*BACKGROUND SCREENING CANNOT BE COMPLETED DAY OF\***

All spectators MUST stay behind the ropes. **ONLY 2 COACHES TO A CORNER and WRESTLERS WHO ARE NOT WRESTLING MUST STAY BEHIND THE ROPES. This will be heavily enforced.**

**Hotels:** Link to NYWAY approved discounted hotels - Posted on website event page.

**Awards:** Singlets for Champions ONLY. Custom 5" NYWAY medals for top 6 placers.

**Team Championship Trophies for overall top 3 tournament Teams**



**NYWAY Girls State Championship Rules:**

- ✓ All divisions are determined by birth year. **NO** Double bracketing.
- ✓ Modified NYS High School Rules with NYS Certified Referees.
- ✓ **Head gear is MANDATORY. Mouth Gear MANDATORY with braces.**
- ✓ NFHS overtime rules apply for all divisions

FLO Live stream will be available and sent to all participants.

**Communications and Technology:** Kristen Tessier & Aeriell Clem- [admin@nyway.org](mailto:admin@nyway.org)

**Tournament Directors:** Adam Burgos and Seth Jones

**WWW.NYWAY.ORG**