



COVID-19 Return to Play

REVISED March 7, 2021

The Cloverdale Minor Softball Association (CMSA) is a non-profit association under the [Society Act](#) of British Columbia. We are an all-volunteer group dedicated to providing quality Softball to the youth of the Cloverdale area in [Surrey](#), British Columbia. The CMSA is the largest association for youth Softball in the city. With boys and girls participating in all age groups; from Learn-to-Play to Senior Ladies, our Softball association is a vibrant part of the community. As a member association of [Softball BC](#), the CMSA emphasizes participation and fun. Our focus is on fair play and a positive approach to teaching the fundamental skills of the game. Our association motto says it all, “**It’s for the Kids!**”

Return to Play REVISED for the 2021 Season

To enable player members and their families to return to the ballpark in a safe and compliant manner for the 2021 season, CMSA under the guidance of Softball BC, viaSport and the Provincial Health Authority, continues to update our guidelines and processes in response to COVID-19.

[Softball BC - Back to Bases Guidelines](#) have been amended for February 2021 and as a Local Sports Organization (LSO) we agreeing to implement the protocols as laid out within those guidelines and used in conjunction with the following government and sports sector requirements:

- Guidelines from WorkSafeBC, BC Ministry of Health and Fraser Health Authority
- [City of Surrey](#)
- [BC Recreation and Parks Association](#)
- [viaSport Return to Sport Guidelines for BC](#)

Based on the overwhelmingly positive feedback from our membership including executive members, volunteers and participants in all classifications and age groups we are proceeding with plans to support a return to play for the upcoming season and plan to start on time, provided any restrictions from the Provincial Health Officer (PHO) or local authorities allow for this to take place. Due to the uncertain aspects in returning to play, these guidelines are expected to change based on ongoing updates to safety procedures outlined by Provincial and/or Local Health Authorities. CMSA will continue to amend the guidelines and processes as required to ensure compliant, safe, and inclusive return to play is made possible for our membership and in partnership with the City of Surrey.

Participation

While most of our members have confirmed they are eager to return to the field for the 2021 season and adhere to the return to play protocols set forth, participation is entirely the choice of the individual and their family. The COVID-19 situation has proven to be very fluid with changing guidelines and timing and that is something we experienced through 2020 and should expect to continue for the foreseeable future. It is important that should any coach, volunteer, umpire, player, or family have



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reservations about participation or adhering to the guidelines and protocols set forth that they feel supported to make the best decision for their own personal situation.

Requirements

There are several steps required for each LSO (Local Sports Organization) to be sanctioned for play by Softball BC and numerous requirements of each team, volunteer, player, and family with CMSA that come with that. Each participant must complete the provided Softball BC waiver, declaration and consent forms and teams must receive confirmation from CMSA that the team is registered with Softball BC before engaging in softball training or activities.

CMSA must be approved by Softball BC for Return to Play and advancement through each phase of the Return to Play guidelines requires formal submission and approvals be completed.

CMSA will maintain a limit on gatherings of no more than 50 people, including spectators and support people, on one softball diamond, and to do so will need to complete the following:

- Prepare a schedule for team use of the permitted venue for practices, games, clinics, camps, and tryouts.
- Where there is more than one diamond at a Facility, staggered start times are encouraged to limit the number of people coming and going at one time.
- Activities open to individual participants must be managed through preregistration; no drop-in activities will be held.
- Teams and groups should be allocated a time that they have access to a specific sport field area, and which also provides enough time for diamond or sport field preparation and clean up.
- Teams and group are to be instructed arrive and depart at a specific time.
- There may be post-practice or post-games meetings provided all participants wear face masks and that current PHO recommendation for physical distancing is observed. Area for post-practice or post-game meetings is to be determined by CMSA.
- Non-participants are to stay off the field of play and away from the post-game meeting until participants are dismissed.

Each team will be responsible for assigning three new roles to for each event. The three roles are Attendance Tracker/Screeners, Distance Monitor and Sanitizing Champion and must be assigned for each softball event held.

Attendance Tracker – Tracks attendance for the team and will be required to send a copy of the attendance tracker to the CMSA executive after each event. Teams should be maintaining their attendance logbook for the balance of the 2021 season and our CMSA attendance coordinator will



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maintain record for all association members for a period of not less than 90 days. This information will only be provided to an authorized health authority or local government representative who has the legal right to obtain such information, or to Softball BC staff for the purpose of contact tracing in the event on an outbreak of COVID-19. All records are to be destroyed after the 90-day period.

Screeener – Is responsible for pre-screening of all participants and spectators attending a Facility (this does not include casual park users or other attending the Facility for purposes other than softball, only those who are attending the softball activities). Individuals must be screened to determine if they are permitted entry into a facility to engage in softball activities, or to be there as a spectator. Screening questions must be answered by everyone. If they give a positive answer to any of the following questions, that person must be instructed to either return home, or to seek medical attention. They are not allowed to attend the scheduled softball activities.

Each attendee must be asked these questions:

1. Are you exhibiting any symptoms or COVID-19 (fever, dry cough, chest, or respiratory pain)?
2. Has any member of your household exhibited any symptoms of COVID-19 within the last 14 days?
3. Have you had close contact with someone who has or is suspected to have COVID-19, or have you been told by public health that you may have been exposed and need to quarantine (self-isolate)?
4. Have you arrived from outside of Canada in the past 14 days?
5. Do you agree to 100% comply with the Cloverdale Minor Softball Association's specific Return to Play Guidelines including but not limited to, spectating (allowed or not allowed), social distancing, and sanitation rules?

Distance Monitor – The person assigned by each team to monitor the physical distancing of the players, coaches, and spectators on and off the field.

Sanitizing Champion – The person assigned by a team to be responsible for sanitation of the facility and equipment during a given softball activity. This person or group must clean and sanitize the area used, including but not limited to, gates, taches, and field equipment, bases, pitching machines, tees and/or nets, dugouts, and equipment storage areas, if used.

Every CMSA coach will receive an updated **Emergency Action Plan** template and should complete or update their existing team plan prior to commencing on field activity.



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Enforcement of Protocols

- It is expected that members of Softball BC, LSO's and all participants in softball activities follow the protocols in place for Return to Play. It is for their own safety, also for the safety of all participants. Failure to abide by these rules will have consequences.
- Unless a protocol identifies a specific penalty, enforcement will include:
 - Initial Warning against the violator.
 - Request to leave the activity when repeated violations of a protocol occur.
- Intentional violations of these protocols by individuals may result in disciplinary action, up to and including suspension of their Softball BC Membership.

2021 Season

As of February 28, 2021, CMSA updated guidelines for the upcoming season and will seek sanctioning for progression through the phases, or innings, of the graduated Return to Play plan that was implemented in 2020. Currently, Softball BC and CMSA are in **INNING 1** of the phased approach, allowing for controlled practice and skill development to take place.

Plans are currently in motion to support a full season of softball, although many contingencies are being incorporated into the plan should COVID-19 developments and the corresponding restrictions require a shift in guidelines and processes.

Return to Play "INNINGS" (Phases)



Movement between phases is permitted only once approved sanction from Softball BC has been received. Due to the ever-changing restrictions from the Provincial Health Authority, Softball BC reserves the right to revert to a previous INNING at anytime.



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INNING 1 – Controlled Practice and Skill Development

- Adhere to indoor and outdoor facility protocols as outlined for CMSA members and in alignment to Softball BC guidelines.
- Frequent hand sanitizing and washing must occur at a minimum of between each drill or activity and water breaks.
- Shared equipment is to be sanitized between drills/stations and any softball activities.
- Controlled practices and skill development will minimize shared use of equipment and maintaining physical distance wherever possible.
- Where possible, each player should have their own personal equipment, including batting helmets, bats, catchers gear, etc., but where it must be shared the equipment must be thoroughly sanitized between each use. When players are sharing a bat, it should be picked up by the barrel and sanitized by the Sanitizing Champion before being used by the next player.
- A team of 2-3 designated parents/athletes or coaches with PPE are to set up, take down, and sanitize all equipment.
- Coach(es) must have current EAP (Emergency Action Plan) outlining, in the event of a minor or major injury, what the medical treatment process will be. The safety of all participants is top priority, but whenever possible, must be done with the requirements of COVID-19 transmission being minimized.
- Each team must appoint an Injury Attendant, and if an injury occurs to a player only the coach and Injury Attendant, both wearing protective gloves and face coverings, may attend to the injured player.
- Bleachers will remain closed to spectators and used only for players and volunteers while maintaining physical distancing.
- Games and scrimmages are NOT permitted during **INNING 1**.

Learn to Play/T-Ball/U8

- Groups of no more than 10 participants and one household member for each player are permitted in each designated practice area.
- Every participant must be accompanied by a responsible person over the age of 16 who is prepared to practice with the participant throughout the session.
- Program facilitator will maintain physical distancing with the participants and oversee the skill development session(s).
- No shared use of equipment, each participant to supply or be supplied with their own session equipment.
- All CMSA equipment loaned to participants should be sanitized before putting away.



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INNING 2 – Community Focused Games

CMSA members are to adhere to all indoor and outdoor facility protocols as outlined and in alignment to Softball BC and CMSA guidelines detailed in **INNING 1**, plus:

- Games may be introduced slowly and gradually beginning with scrimmages and games within CMSA teams only, once approved by Softball BC, and may be introduced within our local community to include a neighbouring association.
- Teams may only use players on their approved roster. As well, pick-ups are allowed from within your cohort only.
- Teams may play with as few as 8 players without being penalized and as above may pick up from within CMSA if games are only played within CMSA or within their cohort.
- Line-up cards must be prepared but will not be physically shared – photos may be taken by scorekeepers, etc., and the line-up card must be made available to show the umpire when requested.
- Pre-game meetings will take place at home plate while respecting appropriate physical distancing. Only one coach per team and umpire(s) to attend the meeting.
- Scheduled times will allow for set up, teardown and sanitization requirements.
- Post-practice or post-game meetings provided all participants wear face masks and that current PHO recommendations for physical distancing are observed. Post-practice and post-game meetings at the CAP diamonds are to be held down the foul line adjacent to either the Home or Away dugout and must be completed prior to each team's scheduled end time. Non-participants are to stay off the field and distanced from the meetings and wait until participants are dismissed.
- No handshake with the opposing team/officials after the game.
- Each team must appoint a Distancing Monitor who will observe their own team and spectators and encourage them to maintain physical distancing,
- Face masks for all participants are strongly recommended while off the field of play and required when physical distancing cannot be maintained. Face masks are mandatory for the plate umpire, provided that should they be unable to wear a face covering due to an underlying health issue or breathing/overheating concerns, the home plate umpire has the option of calling the game from behind the pitcher's circle as an alternative.
- Home team must track and screen all umpires and have PPE and hand sanitization available for the umpires.
- Should a player need to leave the field of play due to breathing concerns associated with wearing a face mask, any player on the bench may replace the removed player and not be counted as a substitution leaving/re-entering the game.



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- All participants are to have two (2) face coverings for each softball activity, one to be on your person or readily available if unable to maintain physical distancing.
- No person should pick-up or handle anyone else's helmet/face covering.
- The umpire is not to handle any equipment other than their own during a game including game balls.
- Defensive team will sanitize the ball for their team during the game. Balls should be routinely rotated and sanitized. The pitcher and catcher will call time and the ball will be given to the Sanitizing Champion to be sanitized. The Sanitizing Champion will throw in a sanitized ball in exchange.
- Offensive coaches are to always remain distanced from 1st and 3rd base, based on current PHO requirements.
- Between pitches, the umpire and the batter may choose to move the appropriate physical distance, based on current PHO requirements, away from the catcher. Once the play is ready to resume, umpire and batter shall move back into position, and umpire signals play ball.
- Coach to Umpire, Player to Umpire, and Umpire to Umpire conferences will be done following the current PHO physical distance requirements unless all participants to the conference are wearing face coverings in which case the conference may be done at normal distance.
- Coach, Pitcher, and Catcher may have a defensive conference at the pitching circle, with the current appropriate physical distance being observed by all parties, unless all participants to the conference are wearing face coverings in which case the conference may be done at normal distance.
- Offensive team conference may be held with the current appropriate physical distance being observed by all participants, unless all participants to the conference are wearing face coverings in which case the conference may be done at normal distance.
- Teams are to maintain appropriate physical distancing while off the field of play, with players in designated areas in the ballpark. Spectators will maintain physical distancing, along the sides of the diamond, or in the outfield away from designated player areas as appropriate to the layout of the ballpark.
- At the conclusion of a play at a base or bases, the batter/runner and defensive player should separate and establish appropriate distancing again as soon as possible.
- When an at-bat has finished, if the batter struck out or was put out prior to reaching 1st base, the batter will pick up their own bat and carry it back to the dugout, where they either hand it to the Sanitizing Champion or return it to their personal equipment bag. If the batter reaches base, their bat will be picked up by the barrel by the on-deck batter and handed to the Sanitizing Champion for sanitizing and return to the original batters' equipment space.
- All players must sanitize their hands when returning to their dugout at the end of each half-inning.



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- Next team to play on that diamond will not step onto the diamond or surrounding area until all members of the previous games team have left the area.

INNING 3 – Competition Within Cohort Groups

CMSA members are to follow the Facility and Diamond Protocols included in the previous Innings (except to the extent that they conflict, in which case these **INNING 3** protocols apply), plus:

- Home team to set up the diamond and communicate entry/exit points to visitors, as well as any other protocols being observed at that park.
- Visiting team will be directed to spectator and participant areas which have been adequately marked off and identified for spectator seating, or participant equipment storage.
- Players and coaches are permitted to be in proximity while on the field of play. The dugout is considered inside the field of play, so team members may use the dugout during games/practices but are expected to follow physical distancing when off the field of play.
- Face masks for all participants are strongly recommended while off the field of play and required when physical distancing cannot be maintained.
- Establishing cohorts will limit the number of people that everyone will come in contact with, reducing the risk of transmission and ensuring quicker contact tracing by health authorities if an outbreak occurs.
- Cohorts should be made up of teams of similar age and competitive skill level.
- When members of the cohort gather for games or activities, group size may not exceed 50 people per facility (ball diamond), less in an indoor facility as outlined in CMSA Return to Play Guidelines.
- Cohorts should remain together for an extended period, however, if looking to change or join a cohort (for either team or an individual) a 14-day break from all softball activities is required.
- League play and competitive activities may only occur within the cohort.
- Athletes may be picked up within their respective cohorts only.
- Participants are directed to participate in as few cohorts as possible. Those who have more than one role within Softball BC (player/coach, player/umpire etc.) may take part in up to three cohorts maximum, but only when they have a unique role in each cohort.
- Participants and teams who wish to change cohorts or wish to join a cohort as a new member, must quarantine from all softball activities, if an individual, from all organized softball activity and if a team, from softball activity outside of their registered team for a period of at least fourteen (14) days. If during that quarantine period, an individual develops symptoms consistent with COVID-19, or comes in contact with someone who has tested positive, they are required to self-isolate and contact their health authority for direction.



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- When a team leaves their current cohort and are going through quarantine protocol, the registered members of that team may continue to practice together during the quarantine period. In the event two or more teams are leaving the same cohort and area all moving to the same new cohort, those teams quarantining may continue to engage in competitive games among themselves. If during that quarantine period, an individual develops symptoms consistent with COVID-19, or comes in contact with someone who has tested positive, they are required to self-isolate and contact their health authority for direction.

INNING 4 – Competitive Games, Tournaments, Provincials

CMSA members are to follow the Facility and Diamond Protocols included in the previous Innings (except to the extent that they conflict, in which case these **INNING 4** protocols apply), plus:

- Games times are to be staggered to ensure there is an unencumbered pathway to enter and exit the facility.
- Medals/prizes are not to be handed out individually, but a closed box handed to a team representative.
- For regular and exhibition games the home team will set up the diamond and communicate entry/exit points to visitors, as well as any other protocols being observed at that park. If it is a tournament, then the hosting club will have diamonds set up under the park/venue and diamond preparation, and it will be the responsibility of the host to communicate with visiting teams about the protocols to be followed at Cloverdale Athletic Park specifically
- Visiting team, or in the case of a tournament, all away teams attending the tournament will be directed to spectator and participant areas which have been adequately marked off and identified for spectator seating, or participant equipment storage.

Spectators and Family

Currently, there are **NO SPECTATORS permitted at sporting activities** based on the current orders from the PHO. As we move through the phases of Return to Play it is important that we manage our numbers below capacity and continue to see progress. When spectators are permitted by the PHO, we are asking that attendance is limited to **2 family members at the park maximum, including the player, until further notice**. This will keep us well below the threshold of 50 people during the early phases of Return to Play and ensure we are able to better manage numbers, attendance tracking and sanitization at the outset. Adjustments may be made as we move into subsequent phases and games should the respective governing bodies amend the guidelines.

Our indoor protocols remain in place – **NO SPECTATORS** are permitted in the Coverall or Batting Cage area until further notice.



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Facilities REVISED February 28, 2021

Cloverdale Athletic Park:

1. Washrooms
 - City of Surrey manages all park washrooms.
 - All members using CMSA allocated parks must follow the guidelines set forth by the City of Surrey and adhere to all posted signs in and around the washrooms.
 - Maintain physical distancing and ensure the use of hand sanitizer upon exiting.
2. Umpire Locker Room
 - It is recommended that umpires come dressed for games, to limit the use of the Umpire Change Room.
 - All umpires must use hand sanitizer before entering and upon leaving the Umpire Change Room.
 - It is recommended that Umpires do not share equipment; if equipment must be shared, Umpires are required to disinfect equipment and let dry prior to wearing.
 - Where possible, disinfect changing areas after using the Umpire Change Room.
 - Physical distancing should remain in place.
3. Batting Cage
 - NO ACCESS unless prior authorization given and all user groups must adhere to the attendance/tracking screening protocols, submitting form within 24 hours to CMSA.
 - ALL USERS MUST wear a mask until further notice. NO mask NO Entry
 - MAXIMUM 4 people in the batting cage at any one time. NO EXCEPTIONS and NO SPECTATORS
 - 3M spacing required – this is a requirement WITH MASKS, not as an option instead of masks. Masks may be removed during physical activity.
 - Contact with pitching machine and practice balls limited to 1 (one) person per user group and must be sanitized at the end of each small group use – this will mean multiple cleanings per team booking.
 - NO SHARING of equipment without sanitization between usage – small buckets of balls will be made available for INDIVIDUAL player use and everyone must sanitize their equipment at the end of their small group session.
 - Prior to the end of your time slot, the room and all equipment must be sanitized, ready for the next small group session.
 - No food or beverage is to be permitted in the cage.
4. Equipment and C-Can



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- CMSA executives and contractors ONLY will have access to the building and must follow the indoor facility guidelines and protocols included in Softball BC's Back to Bases: Softball BC's Return to Play Guidelines and Protocol
- Coaches and designated volunteers ONLY will have access to the C-Can for return and sanitization of equipment.
- ALL USERS MUST wear a mask until further notice. NO mask NO Entry
- No food or beverage is to be permitted.
- Physical distancing should remain in place.

Coverall:

1. Indoor Training and Practice Scheduling

- a. CMSA will follow the indoor facility guidelines and protocols included in Softball BC's Back to Bases: Softball BC's Return to Play Guidelines and Protocol.
- b. All teams must first book and attend a site tour before they are able to access their reserved time slots or book additional time.
- c. Attendees must enter through the North entry door and exit following the floor markings via the South entry door.
- d. NO ACCESS unless prior authorization given and all user groups must adhere to the attendance/tracking screening protocols, submitting form within 24 hours to CMSA.
- e. ALL USERS MUST wear a mask until further notice. NO mask NO Entry
- f. Maximum 18 people in the building at any one time and NO Spectators will be permitted until further notice. Masks may be removed during physical activity.
- g. 3m spacing always required – this is a requirement WITH MASKS, not as an option instead of masks.
- h. Contact with pitching machine and practice balls limited to 1 (one) person unless protective gloves are worn.
- i. Equipment must be sanitized prior to re-use and should be deposited into the sanitization bin at the end of each team session for deep cleaning.
- j. Prior to the end of your time slot, and all equipment (tees etc.) must be sanitized, ready for the next group.
- k. Teams arriving for their start time must wait in the queue area until the previous group has cleared the building.

2. Washrooms

- a. Public washrooms are available for use during Coverall access using the onsite key and these washrooms will be maintained by the Cloverdale Rodeo & Exhibition crew.



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KNOW YOUR ROLE

Cloverdale Minor Softball Association:

- Facility risk assessment to ensure the association can follow the necessary guidelines from Softball BC and the City of Surrey
- Executive committed approval of CMSA Return to Play Guidelines and communication of progression to each subsequent phase for the association.
- Safety plan and approvals obtained from the City of Surrey.
- Submission and confirmation of Softball BC sanctioning of each phase of Return to Play.
- Clearly mark entrance and exit points, areas for participants and spectators to go to. Place lidded garbage cans by the dugouts for disposal of masks, tissues, and wipes.
- Receive and store attendance tracking forms from each user group and team.
- Schedule staggered start times for all activities.
- Provide PPE and sanitization equipment for all field equipment volunteers and teams for use.
- Ensure concession contractor and/or volunteers have been trained on protocols for food service, and all permits are in place.
- CMSA executive will be responsible for managing any escalations with respect to COVID-19 cases or outbreaks, working with Softball BC and local health authorities as required.

Coach Role:

- Clear communication on arrival, start, and end times to participants. Specific meeting locations for teams should be conveyed for parents and players.
- Ensure all required positions are filled (Screener, Attendance Tracker, Sanitizing Champion, Distancing Monitor, First Aid Attendant)
- Must always have on hand: First Aid, PPE, Emergency Action Plan (EAP), Cleaning and Sanitizing supplies, etc.
- Home teams are to provide PPE and hand sanitizer for umpires.
- Ensure players and attendees follow all guidelines and protocols.
- Remember to bring a mask with you to all activities in case it is needed. Check that the first aid kit is stocked and include disposable gloves. Ensure area to be used has been sanitized and hand cleaning supplies are available for everyone to use before, during and after the activity.
- Be sure your area has been cleaned, sanitized, all garbage and refuse has been cleaned up before leaving the dugout area. There may be post-practice or post-game meetings provided participants wear masks and that current PHO recommendations for physical distancing are observed. Area for post-practice/game meetings should be held on the foul-line outside the



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Home or Away dugout. Non-participants are to stay off the field of play and away from the post-practice/game meeting until participants are dismissed.

- Ensure all members exit the facility on time and promptly once clean-up is complete.

Umpire Role:

- Confirm your exact start and end time for you game(s) going immediately to your designated diamond.
- Make sure your personal equipment is clean and sanitized.
- Arrive at the ballpark fully dressed if possible. You may use available facilities to put on protective gear.
- Remember to bring two face coverings/masks with you.
- Check-in with attendance tracker
- Have your own clearly marked water bottle and/or snack.
- Check in with the Attendance Tracker and Screener upon arrival at the assigned diamond.
- Do not handle any equipment, other than your personal gear.
- Maintain physical distance protocols when meeting with coach or your partner.
- Recommend frequent sanitizing, but a minimum of once per inning by washing at least 20 seconds with soap and water or using an approved hand sanitizer.
- Umpires will not be considered part of a cohort, but by following these guidelines, may interact with different cohorts without having to quarantine.

Player Role:

- Make sure your gear and items have been cleaned and sanitized prior to coming to the park.
- Bring a chair for your own space (bucket, camping chair, etc.) – **DUGOUTS WILL REMAIN CLOSED UNTIL FURTHER NOTICE**
- Make sure to have your own masks and sanitizer in your bag – 2020 Return to Play saw most teams with players having their own “kit” to bring with them to each softball activity.
- Masks are to be worn at the park when physical distancing cannot be maintained and may be removed during play.
- Arrive at the field fully dressed for your softball practice or game, ensuring your personal belongings include water bottles and such are clearly marked.
- Check-in with attendance tracker and screener and once checked in, go immediately to, and set up your personal area with your seating and gear.
- It is recommended that you do not share equipment, but if you must, be sure it has been sanitized before and after you use it. After each use return all gear to your space and put away.



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- Sanitize your hands frequently, suggest after every half inning or between drills by washing at least 20 seconds with soap and water or using an approved hand sanitizer.
- Cheer as you would, but until further notice there will be no high fives, handshakes, or hugs. Wave and thank the coaches/umpires and your teammates and opponents after a practice or game as opposed to close contact.

Parent/Spectator Role:

- We all have a responsibility to help with and adhere to the guidelines - Respect those who are in the roles of managing guidelines.
- Regardless of your personal opinions, thoughts, feelings, etc. as it relates to COVID-19, adherence to all RTP guidelines is a requirement and failure to do so will result in disciplinary action up to and including suspension of privileges.
- Ensure your family, including your athlete, clearly understands their role within the Return to Play model.
- **UNTIL FURTHER NOTICE SPECTATORS ARE NOT PERMITTED AT ANY OUTDOOR OR INDOOR SOFTBALL ACTIVITY UNDER CURRENT PHO ORDERS**
- When attendance is permitted please bring your own seat, no spectators allowed sitting on bleachers until further notice. Bleachers may be used for volunteers or players only.
- Spectators are not permitted at the indoor facilities we use – this includes the Coverall and Batting Cage.
- Wait until your scheduled arrival time at the designated diamond before arriving and allow the prior user group to leave before entering.
- Check in on arrival with the Attendance Tracker and Screener and go to the designated spectator area while maintain proper physical distancing.
- After the game or practice, leave the park promptly, no meetings or visiting.

Medical Response

CMSA executives and members will follow all First Aid and Outbreak plan guidelines and protocols included in Softball BC's Back to Bases: Softball BC's Return to Play Guidelines and Protocols.

In the event first aid is required to be administered during an activity, all persons attending to the injured individual(s) must first put on a face mask and gloves.

[WorkSafeBC Occupational First Aid Attendant Protocols](#)

[Red Cross First aid protocols for an ill or injured person during COVID-19](#)



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COVID-19 Case or Outbreak Plan

Early detection of symptoms will facilitate the immediate implantation of effective control measures. In addition, the early detection and immediate implementation of enhanced cleaning measures are two of the most important factors in limiting the size and length of an outbreak. A 'case' is a single case of COVID-19; an 'outbreak' is two or more cases of COVID-19.

- a. Should a positive case or outbreak be reported, a team representative (Coach or Manager) shall contact the CMSA executive for further guidance and follow up. The CMSA executive committed will determine in partnership with Softball BC and Health Authority if there will need to modifications, restrictions, postponement, or cancellation of softball activities.
- b. If a volunteer or participant reports they are suspected or confirmed to have COVID-19, and have been at the workplace/activity place, implement enhanced cleaning measures to reduce risk of transmission.
- c. Only those deemed as close contacts are required to self isolate. All others should monitor to see if they develop symptoms but are not required to stay away from team softball activities. For example, one athlete could test positive and all members of that team could be advised of a potential exposure, but most members would not be deemed close contacts.
- d. CMSA will implement ViaSport's Illness policy and advise individuals who have been in close contact of someone that tested positive for COVID-19 to:
 - i. Self-isolate
 - ii. Monitor their symptoms daily, report respirator illness and not to return to activity for at least 14 days following the onset of fever, chills, cough, shortness of breath, sore throat, painful swallowing, stuff or runny nose, loss of sense of smell, loss of sense of taste, headache, muscle aches, fatigue, loss of appetite, nausea, vomiting and diarrhea.
 - iii. Use the COVID-19 self-assessment tool at <https://bc.thrive.health/> to help determine if further assessment or testing for COVID-19 is needed. Individuals can contact 811 if further health advise is required and 911 if it is an emergency.
 - iv. In the event of a suspected case or outbreak of influenza-like-illness, CMSA will immediately report and discuss the suspected outbreak with the local health authority.
 - v. If CMSA is contacted by a Medical Health Office (or delegate) during contact tracing, we are committed to providing our cooperation and contact history in the form of attendance trackers to the local health authorities.



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Illness Policy – from ViaSport BC

In this policy, 'team members' include an employee, contractor, volunteer, participant or parent/spectator.

1. Inform an individual in a position of authority (coach, team member, program coordinator) immediately if you feel any symptoms of COVID-19 such as fever, chills, cough, shortness of breath, sore throat, and painful swallowing, stuffy or runny nose, loss of sense of smell, loss of sense of taste, headache, muscle aches fatigue, loss of appetite, nausea, vomiting, and diarrhea.
 - a. See BC Centre for Disease Control website for a full list of symptoms:

<http://www.bccdc.ca/health-info/diseases-conditions/covid-19/about-covid-19/symptoms>
2. Assessment:
 - a. Team members must review the self-assessment signage located throughout the facility before their shift/practice/activity to attest that they are not feeling any of the COVID-19 symptoms.
 - b. If team members are unsure, please have them use the BC COVID-19 self assessment tool at <https://bc.thrive.health/>
 - c. Managers/Coaches may visually monitor team members to assess any early warning signs as to the status of their health and to tough base on how they are regarding their personal safety throughout the workday/practice/activity.
3. If a team member is feeling sick with COVID-19 symptoms:
 - a. They should remain at home and contact Health Link BC at 8-1-1.
 - b. If they feel sick and/or are showing symptoms while within the sport environment, they should be sent home immediately and contact 8-1-1 for further guidance.
 - c. No team member may participate in a practice/activity if they are symptomatic.
 - d. If a team member tests positive for COVID-19, follow the direction of Health Officials.
4. Quarantine or Self-Isolate if:
 - a. You have travelled outside of Canada within the last 14 days.
 - b. You have come in contact with someone who has tested positive for COVID-19.
 - c. You have been advised to do so by Health Officials.



COVID-19 Return to Play

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Return to Play Stages Map

BC Government	Phase One	Phase Two	Phase Three	Phase Four
	Essential Services Only	Stay close to home and avoid any travel between communities that is not essential	If transmission rates remain low or in decline, people can begin travelling throughout BC	Conditional on at least one of the following: <ul style="list-style-type: none"> ❖ Wide vaccination ❖ 'Community' immunity ❖ Broad successful treatments
viaSport	Phase One	Phase Two	Phase Three	Phase Four
Restrictions in Place	Stricest Controls Maintain physical distance. No non-essential travel	Transition Measures Maintain physical distance. No non-essential travel	Progressively Loosen Refer to PHO and local health authorities	New Normal Refer to PHO and local health authorities
Contact Activities	Should not occur	Should not occur	Introduction to pair or small group	No restrictions on activity type
Competition	Should not occur	In-club or modified games may be slowly introduced	Interclub or regional game play may be considered	Provincial competitions and larger events may return
Softball BC: Minor	Inning One	Inning Two	Inning Three	Inning Four
Focus	Practice & Skills Development Only	Community Focused Games	Competition within Cohort Groups	Competitive Games, Tournaments, Provincials, Inter-Provincial
<i>Games & Competition</i>	<i>Not Allowed</i>	<i>Games within LSO</i>	<i>Community/Region Games</i>	<i>Local, Provincial, National Competitions Allowed</i>
Softball BC: Men & Women				
Focus	Practice & Skills Only	Community Focused Games	Competition within Cohort Groups	Competitive Games, Tournaments, Provincials, Inter-Provincial
<i>Games & Competition</i>	<i>Not Allowed</i>	<i>Games within LSO. Gradually introduce games with neighbour LSO's</i>	<i>Competitive games are introduced within cohort groups</i>	<i>Local, Provincial, National Competitions allowed</i>