



BURLINGTON HIGH SCHOOL

ACTIVITIES/ATHLETIC DEPARTMENT

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Eric Plitzuweit – Activities/ Athletic Director/Asst. Principal
Scott Hoffman – Assistant Activities/Athletic Director

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Burlington JV1 Track & Field Invite

Date: Thursday April 11, 2019

Coaches Meeting: 3:30 **Field Events:** 4:00 **Running Events:** 4:30

Boys teams: Racine Case, Racine Horlick, Shoreland Lutheran, Westosha Central, and Burlington

Girls teams: Brookfield Central, Oak Creek, Racine Horlick, Shoreland Lutheran, Westosha Central, and Burlington

As per contract all teams are required to run an event. Burlington will have varsity athletes to help work (rake, pull tape, measure, shag shots/discs, put up cross bars). To help with your planning we assigned schools with the following duties:

Boys Shot: Brookfield Central
Boys Disc: Racine Horlick
Boys Pole Vault: Oak Creek
Boys High Jump: Racine Case
Boys & Girls Long Jump: Westosha Central
Boys & Girls Triple Jump: Shoreland Lutheran
Exchange zones 4x200 & 4x100: Racine Horlick & Burlington
Timing for all events: Burlington

Girls Shot: Brookfield Central
Girls Disc: Racine Horlick
Girls Pole Vault: Oak Creek
Girls High Jump: Racine Case
Hurdle Crew: Burlington

At the coaches meeting you may trade duties with another school

Field Events

Boys will long jump, high jump, and throw shot first. Girls will throw disc, triple jump, and pole vault first. There will be a 60-minute open pit for girls triple jump and boys long jump. There will then be 15 minutes of warm up between the 60-minute open pit for boys triple jump and girls long jump. Each jumper will be allowed four jumps (no finals). Shot and disc throwers will be allowed four attempts. Due to the fact that there is not proper lighting near the shot and disc we are asking that throwers take all four attempts in a row in an attempt to speed up the event. Opening heights in the high jump and pole vault will be determined at the coaches meeting.

Running Events

We will follow standard NFHS order of events beginning with the girls 3200M Relay at 4:30. All running races will be timed finals.

Entry Limits

All schools will be limited to three athletes per individual event and one relay per relay event. The one exception will be in the throws. Teams will be allowed to enter four throwers. Entries should be submitted online at **athletic.net**. Please have entries posted by 10:00 p.m. on Wednesday April 10th. You will be allowed to scratch and replace at the coaches meeting as long as the athlete is already registered for the meet.

Officials: Tim Shore, Mary Blandino, Kurt Jones

We look forward to seeing all of you at the JV Invite on Thursday April 11th.

Games Committee: Burlington-Boys & Westosha Central-Girls