



## COVID-19 Preparedness Practice Plan for Forest Lake Area Fastpitch Association

Return to Play Protocol 2021

**All coaches and athletes MUST WEAR A MASK AT ALL TIMES while inside the facilities and no spectators/parents allowed at practices.**

**(We will continue to stay in compliance with the MN Dept. of Health and CDC regulations as we learn them)**

The safety and well-being of all students, families and coaches will always be a top priority for FLAFA. We want all families to know that we will follow state guidelines as they change to enable our FLAFA players to continue practices.

### **Please adhere to our new policies set in place regarding COVID-19:**

- No athlete should be present with signs or symptoms of COVID-19 within the last 14 days.
- If an athlete has had a documented case of COVID-19, the athlete needs a note from a medical professional clearing the athlete for participation.
- Maintain 6' social distance (when entering the building, during the meeting/practice (ie: breaks during practice and exiting the building)).

### **DROP OFF/PICK UP PROCEDURE:**

- FLAFA players must be dropped off and picked up.
- Parents will not be allowed to stay due to group size limitations & spectator restrictions.
- Athletes will need to check in with coach where they will be assessed for symptoms; this may include a temperature check.
- Should an athlete present any symptoms, the parent/guardian will be called to pick up athlete immediately.
- The use of face coverings/masks are required when the athlete is dropped off and will be worn for the entirety of the practice except for a water break.

### **TRAINING PROCEDURE:**

- Athletes will use designated area for switching shoes and putting on equipment. Spots will be 6ft apart to maintain social distancing.
- All gear is to remain inside athlete's personal bag.
- Athletes will sanitize hands before training.
- There will be no sharing of personal equipment.
- There will be no sharing of clothes, shoes, drinks.
- Water fountains will be unavailable. **PLEASE BRING OWN WATER BOTTLE.**

### **AFTER TRAINING:**

- Athletes should collect all gear and trash.
- Athletes will sanitize hands at the completion of training.
- Athletes should clean all equipment after each training session.
- Coaches will sanitize equipment before and after each training session.
- Athletes should meet their parents/guardians outside for pickup with coaches.

***FLAFA staff and volunteers are responsible for making sure that all participants, spectators, and any other attendees adhere to these provided guidelines as well as the guidelines and regulations set by Forest Lake Area Schools. FLAFA understands that failure to follow provided guidelines as well as guidelines and regulations set by Forest Lake Area Schools may result in a current activity shutdown as well as having future permits revoked.***