

Saskatchewan High Schools Athletic Association Professional Development Opportunities

**BY IMPROVING YOUR KNOWLEDGE,
YOU INCREASE YOUR APTITUDE TO
HELP OTHERS IMPROVE THEIR ABILITY!**



*"The purpose of the SHSAA is to foster educational opportunities
for all students through interschool sport."*

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COACHES:

SPORT-SPECIFIC: FALL ACTIVITIES

GOLF:

Coaching Golf (US \$50)

<https://nfhslearn.com/courses/coaching-golf>

CROSS COUNTRY:

Coaching Cross Country (US \$35)

<https://nfhslearn.com/courses/coaching-cross-country>

Athletics Canada - NCCP

<https://athletics.ca/programs/coaching/>

Sask Athletics - NCCP

<http://www.saskathletics.ca/coach-s-corner/nccp-information>

SOCCER:

Coaching Soccer (US \$50)

<https://nfhslearn.com/courses/coaching-soccer-2>

Canada Soccer

<https://www.canadasoccer.com/coach/>

Sask Soccer

<http://www.sasksoccer.com/content/coaching-workshops>

FOOTBALL:

American Football Coaches Association (AFCA)

<https://www.afca.com/2021-afca-convention-to-be-held-virtually/>

CFOA Speaker Series

<https://www.youtube.com/watch?v=xsterx2ojhc>

Coaching Football (US \$50)

<https://nfhslearn.com/courses/coaching-football>

Football Canada – Become a Coach

<http://footballcanada.com/become-a-coach/>

Football Safe Contact Module

Contact Football Sask for available clinics: Regina – 306-780-9239; Saskatoon – 306-975-0827

Football Sask

<https://www.footballsaskatchewan.ca/page/show/1470076-coaches>

VOLLEYBALL:

Coaching Volleyball Fundamentals (\$17.50)

<https://www.schoolcoach.ca/courses.aspx>

Coaching Volleyball (US \$75)

<https://nfhslearn.com/courses/coaching-volleyball>

Volleyball Canada

<https://volleyball.ca/en/development/coach>

Volleyball Videos

<http://www.saskvolleyball.ca/coaching-resources/#toggle-id-2>

SPORT-SPECIFIC: WINTER ACTIVITIES

CURLING:

Curling Canada	https://www.curling.ca/coaching-information/
CurlSask	https://curlsask.ca/programs-services/training-for-coaches/

WRESTLING:

Coaching Wrestling (US \$50)	https://nfhslearn.com/courses/coaching-wrestling
Wrestling NCCP	https://coach.ca/wrestling
Sask Wrestling	https://www.saskwrestling.ca/?page_id=268

BASKETBALL:

Coaching Basketball (US \$50)	https://nfhslearn.com/courses/coaching-basketball-2
Basketball for Coaches	https://www.basketballforcoaches.com/
Summit Coaches Clinic	https://summit.coachesclinic.com/
NABC	https://nabc.com/
WBCA	https://wbca.org/
Canada Basketball NCCP	https://www.basketball.ca/en/development/coaches
Basketball Saskatchewan – NCCP	https://www.basketballsask.com/?page_id=3118

SPORT-SPECIFIC: SPRING ACTIVITIES

BADMINTON:

Badminton Canada NCCP	https://www.badminton.ca/page/30126/Become-an-NCCP-Coach
Badminton Serving Interpretation	https://www.youtube.com/watch?v=ladBNB7tGhI&list=PLt-fEeTGvGtcbwrWbbXpX8SF74YwTlmoo
Badminton Instructional Videos and Teaching Manuals	https://www.shuttletimecanada.com/teaching-manuals

TRACK & FIELD:

Coaching Pole Vault (Free)	https://nfhslearn.com/courses/coaching-pole-vault
Coaching Track & Field (US \$75)	https://nfhslearn.com/courses/coaching-track-and-field
Athletics Canada - NCCP	https://athletics.ca/programs/coaching/
Sask Athletics - NCCP	http://www.saskathletics.ca/coach-s-corner/nccp-information

MULTI-SPORT:

Aboriginal Coaching Modules – NCCP	https://www.aboriginalsportcircle.ca/aboriginal-coaching-modules
ACL Injury Prevention (free)	https://nfhslearn.com/courses/acl-injury-prevention
Afterschool Security (free)	https://nfhslearn.com/courses/afterschool-security
Appearance and Performance Enhancing Drugs and Substances (free)	https://nfhslearn.com/courses/appearance-and-performance-enhancing-drugs-and-substances
Bullying, Hazing, and Inappropriate Behaviours (free)	https://nfhslearn.com/courses/bullying-hazing-and-inappropriate-behaviors
Captains Course (free)	https://nfhslearn.com/courses/captains-course
Championship Productions (resources for a range of activities)	https://www.championshipproductions.com/
Coach Initiation in Sport – NCCP (\$15)	https://coach.ca/nccp-coach-initiation-sport
Coach & AD (current articles and reads from a variety of activities)	https://coachad.com/
Coaches Association of Saskatchewan – NCCP	https://saskcoach.ca/nccp-training/upcoming-courses/
Coaches Association of Saskatchewan – SK Coaching Academy Online	https://saskcoach.ca/nccp-training/saskatchewan-coaching-academy/
Coaches Choice (resources for almost every sport)	https://coacheschoice.com/
Coaching Adapted Sports (free)	https://nfhslearn.com/courses/coaching-adapted-sports
Coaching Athletes with a Disability (\$15)	https://coach.ca/coaching-athletes-disability
Coaching School Sport: Redefining Winning (\$50-55)	https://www.shsaa.ca/news_article/show/1159354
Coaching Unified Sport (free)	https://nfhslearn.com/courses/coaching-unified-sports
Concussion for Students (free)	https://nfhslearn.com/courses/concussion-for-students
Concussion in Sports (free)	https://nfhslearn.com/courses/concussion-in-sports-2
Engaging Effectively with Parents (free)	https://nfhslearn.com/courses/engaging-effectively-with-parents
First Aid, Health, and Safety	https://nfhslearn.com/courses/first-aid-health-and-safety
Fundamentals of Coaching	https://nfhslearn.com/courses/fundamentals-of-coaching

Hazing Prevention for Students (free)	https://nfhslearn.com/courses/hazing-prevention-for-students
Heat Illness Prevention (free)	https://nfhslearn.com/courses/heat-illness-prevention-2
Make Ethical Decisions – NCCP	https://coach.ca/nccp-make-ethical-decisions
Making Headway in Sport (free)	https://coach.ca/nccp-making-head-way-sport
Mental Training for Performance (US \$30)	https://nfhslearn.com/courses/mental-training-for-performance
Middle School Sports (US \$20)	https://nfhslearn.com/courses/middle-school-sports-2
Multi-Sport Training Modules	https://coach.ca/nccp-multi-sport-training-modules
NCCP Training – Home Study Delivery	https://saskcoach.ca/nccp-training/home-study-delivery/
NCCP Training – Saskatchewan Coaching Academy Online	https://saskcoach.ca/nccp-training/saskatchewan-coaching-academy/
NFHS (USA High Schools)	https://www.nfhs.org/resources/conferences-meetings/
NFHS – 2020 Student Leadership Summit (archived sessions – free)	https://www.nfhsnetwork.com/search?query=nfhs%20leadership%20
NFHS – Videos	https://nfhslearn.com/library/videos
Plan a Practice – NCCP	https://coach.ca/nccp-planning-practice
Positive Sport Parenting (free)	https://nfhslearn.com/courses/positive-sport-parenting
Protecting Students from Abuse (free)	https://nfhslearn.com/courses/protecting-students-from-abuse
Public Address (PA) Announcing (free)	https://nfhslearn.com/courses/p-a-announcing
Educating Against Racism in your Athletic Program	https://0d53b9ff-f5f9-4325-9e4f-12be7413e690.filesusr.com/ugd/686a20_0ed1e5397f1742a9856e19fcaabc7b9f.pdf
Respect in Sport (free)	https://www.sasksport.ca/programs-education/respect-in-sport/access-training/
Sask Sport – Women & Leadership Virtual Workshops (free)	https://www.sasksport.ca/events/women-and-leadership-free-virtual-workshops/
Social Media (free)	https://nfhslearn.com/courses/social-media
Social Media for Students (free)	https://nfhslearn.com/courses/social-media-for-students
Sports Nutrition (free)	https://nfhslearn.com/courses/sports-nutrition
Sportsmanship (free)	https://nfhslearn.com/courses/sportsmanship-2
Strength and Conditioning (US \$50)	https://nfhslearn.com/courses/strength-and-conditioning
Student Mental Health and Suicide Prevention (free)	https://nfhslearn.com/courses/student-mental-health-and-suicide-prevention
Sudden Cardiac Arrest (free)	https://nfhslearn.com/courses/sudden-cardiac-arrest
The Collapsed Athlete (free)	https://nfhslearn.com/courses/the-collapsed-athlete
Teaching and Modelling Behaviour (US \$20)	https://nfhslearn.com/courses/teaching-and-modeling-behavior
Teaching Sports Skills (US \$35)	https://nfhslearn.com/courses/teaching-sports-skills-2

Understanding Copywrite and Compliance (free)

<https://nfhslearn.com/courses/understanding-copyright-and-compliance>

Understanding Vaping and E-Cigarettes (free)

<https://nfhslearn.com/courses/understanding-vaping-and-e-cigarettes>

Working with LGTBQ+ Athletes and Coaches

<https://coach.ca/working-lgbtq-athletes-and-coaches>

OFFICIALS:

Interscholastic Officiating (free)

<https://nfhslearn.com/courses/interscholastic-officiating>

Officiating Basketball (free)

<https://nfhslearn.com/courses/officiating-basketball>

Officiating Basketball – Crew of Three (free)

<https://nfhslearn.com/courses/officiating-basketball-crew-of-three>

Canada Basketball

<https://www.basketball.ca/en/development/officials>

Basketball Saskatchewan – Officials’ Clinics

https://www.basketballsask.com/?page_id=2719

Officiating Football (free)

<https://nfhslearn.com/courses/officiating-football>

Football Canada – Become an Official

<http://footballcanada.com/officials/become-an-official/>

Football Sask

<https://www.footballsaskatchewan.ca/skofficials>

Officiating Soccer: Pre-Game Conference for Officials

<https://nfhslearn.com/courses/officiating-soccer-pre-game-conference-for-officials>

Officiating Soccer: Fouls and Misconduct (free)

<https://nfhslearn.com/courses/officiating-soccer-fouls-and-misconduct>

Officiating Soccer: Offside Rule (free)

<https://nfhslearn.com/courses/officiating-soccer-offside-rule>

Canada Soccer – Referee Resources

<https://www.canadasoccer.com/referee/referee-resources/>

Officiating Track & Field (free)

<https://nfhslearn.com/courses/officiating-track-and-field>

Officiating Track & Field videos (scroll to the bottom of the link) (free)

<https://www.wcshsaa.ca/>

Athletics Canada

<https://athletics.ca/programs/officials/>

Officiating Volleyball: Alignment (free)

<https://nfhslearn.com/courses/officiating-volleyball-alignment>

Officiating Volleyball: Ball Handling (free)

<https://nfhslearn.com/courses/officiating-volleyball-ball-handling>

Volleyball Canada – Become a Referee

<https://volleyball.ca/en/development/referee>

Sask Volleyball – NCCP

<http://www.saskvolleyball.ca/nccp-clinics/>

Sask Volleyball – Symposium

<http://www.saskvolleyball.ca/coaches-symposium/>

Officiating Wrestling (free)

<https://nfhslearn.com/courses/officiating-wrestling>

ATHLETIC DIRECTORS:

CIAAA

CIAAA National Conference (Apr 22-24, 2021)	https://www.ciaaa.ca/
Upcoming Courses (click on “Register Here”)	https://www.ciaaa.ca/2022nadc
Leadership Training Program Courses Information	tinyurl.com/CIAAAreg
Athletic Administration Certification	https://www.ciaaa.ca/ltpcourses
Masters of Science in Athletic Administration	https://www.ciaaa.ca/certification
	https://www.ciaaa.ca/masters-athletic-admin

NIAAA

52 st National Athletic Directors Conference	https://members.niaaa.org/
Leadership Training Program Webinars	https://members.niaaa.org/page/LeadershipTraining

RESOURCES (FOUNDATIONAL READING, PODCASTS, ONLINE RESOURCES):

<https://www.3dcoaching.com/>

10-Minute Toughness – The Mental-Training Program for Winning Before The Game Begins – Jason Selk

A Lifetime of Observations and Reflections On and Off the Court – John Wooden

Above the Line – Lessons in Leadership and Life from a Championship Season – Urban Meyer

<https://www.athleteassessments.com/sport-coach-development-programs/>

Atomic Habits – James Clear

Beyond Success – 15 Secrets to Effective Leadership and Life – John Wooden

Bleachers – John Grisham

Calico Joe – John Grisham

Caring Enough to Lead – Leonard O. Pellicer

Changing the Game Project (changingthegameproject.com) – John O’Sullivan

Chasing Excellence – Pat Melgares

Chop Wood, Carry Water - Joshua Medcalf

<https://coachad.com/>

Coaching Your Kids to be Leaders – Pat Williams

Dare to Lead – Brene Brown

Every Moment Matters -John O’Sullivan

Five-Point Play – Mike Krzyzewski with Donald T. Phillips

Good to Great – Jim Collins

InSideOut Coaching – How Sports Can Transform Lives – Joe Ehrmann

Is It Wise to Specialize? – John O’Sullivan

It’s Your Ship – Captain D. Michael Abrashoff

John Maxwell Leadership (series of books)

LeaderKit – Jeremy Boone

Leave NO Doubt – Mike Babcock with Rich Larsen

Legacy – What the All Blacks can Teach us about the Business of Life – James Kerr

Make Your Bed – William H. McRaven

Mind Gym – An Athlete’s Guide to Inner Excellence – Gary Mack with David Casstevens

National Alliance for Youth Sports (<https://nays.org/parents/>)

Play Like a Champion Today (<https://www.playlikeachampion.org/>)

Playing Beyond the Scoreboard – Craig Hillier

Podcast – Focus 3 – Tim Kight and Urban Meyer

Podcast – Flying Coach – Steve Kerr and Pete Carroll

Podcast – The Coaching Culture – J.P. Nerbun

Proactive Coaching – Coaches, Teachers, Parents, and Leaders: Please Understand The Power of your Words

Proactive Coaching – Empowering Messages for Parents – What Athletes Really Want You To Know

Quiet Strength – Tony Dungy

Rules for a Knight – Ethan Hawke

Start With Why – Simon Sinek

StrengthsFinder

Successful Sport Parenting

The 5 Dysfunctions of a Team - Patrick Lencioni

The 7 Habits of Highly Effective People – Stephen R. Covey

The Double-Goal Coach – Jim Thompson and Phil Jackson

The Energy Bus – Jon Gordon

The Hard Hat – Jon Gordon

The Impact Cycle – Jim Knight

The Inner Game of Tennis: The Classic Guide to the Mental Side of Peak Performance (applications to all activities) – W. Timothy Gallwey

The Matheny Manifests – Mike Matheny

The Mentor Leader – Tony Dungy

The Obstacle is the Way – Ryan Holiday

The Power of a Positive Team – Jon Gordon

The Power of Positive Coaching – Lee Colan and Julie Davis-Colan

The Role of Parents in Athletics

The Talent Code – Daniel Coyle

Think Like a Champion – A Guide to Championship Performance for Student-Athletes – Dick Devenzio

Uncommon – Tony Dungy

Unstoppable Teams – Alden Mills

Visible Well-Being – Lea Waters

Win Forever – Live, Work, and Play like a Champion – Pete Carroll with Yogi Roth

Win in the Locker Room First – Jon Gordon

Wins, Losses, and Lessons – Lou Holtz

What Drives Winning - Brett Ledbetter (whatdriveswinning.com)

Wooden on Leadership – John Wooden

You Win in the Locker Room First – The 7 C's to Build a Winning Team in Business, Sports, and Life – Wiley

You Win with People – Woody Hayes