

REGISTRATION FORM

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Age: _____ DOB: _____

Level (circle one): Mite / Squirt / Pee Wee /
Bantam / High School

In case of emergency:

Contact: _____ Relationship: _____

Cell #: _____ Work #: _____

Enclosed is my check for \$ _____

Camp Selection: (1) _____

(2) _____ (3) _____

*****All camps are held at Oregon Ice Arena, Oregon, WI*****

In consideration of granting my child permission to participate in Rick Fleming's Complete Hockey Training Camp, the undersigned parent or guardian of said child hereby consents such participation. I hereby discharge Rick Fleming and his staff from all claims, demands, actions, and judgements. I assume all risks and understand that certain risks arise from my child playing hockey. I understand that we are responsible for our own insurance, the facility and Rick Fleming's camp will be held harmless, and exempt from all liability for injuries to our child while at camp.

Parent Signature: _____

E-Mail: _____

Please Mail Registration form and
enclose payment to:
Rick Fleming
607 Prairie Grass Rd, Oregon, WI 53575

CONTACT US

Coach Rick Fleming

Cell: (608) 220-2846

Email: completehockey@gmail.com

www.mycompletehockeycamps.com

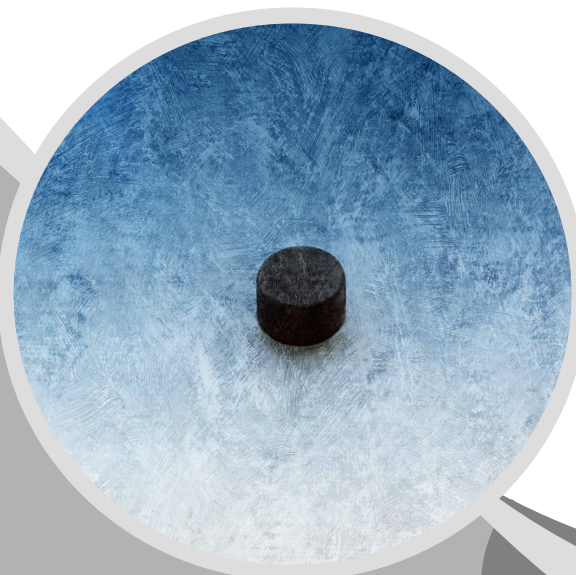
www.wisconsincupseries.com

ADDRESS

Rick Fleming

607 Prairie Grass Rd

Oregon, WI 53575



COMPLETE HOCKEY

WITH COACH RICK FLEMING

2022 SUMMER HOCKEY TRAINING CAMPS

All camps are held at Oregon Ice Arena

To register online visit us at:

www.mycompletehockycamps.com

www.wisconsincupseries.com



CHECKING CAMP

AUGUST 13TH - 14TH / SAT 10:00 - 12:00 /
SUN 12:00 -2:00 PM / PRICE OF CAMP \$105.00

This camp is designed to teach players on how to give and receive a proper check. The focus is on positioning and angling, stick checks and a variety of different body checks. Emphasis is placed on safety! The clinic is beneficial to all players who compete at a checking level, and players about to move into a checking league.

STICKHANDLING PROGRESSION

AUGUST 1ST - 5TH / MON - FRI 10:15 - 11:30 AM
PRICE OF CAMP \$160.00

From our Coaches experience, this camp is a player's favorite! Players will be taught what to look for when attacking a defenseman one on one and how to get the goaltender to commit so that the deke is successful. Proper technique of stickhandling will be reviewed, followed by a series of different moves that will leave a defenseman spinning.

This camp is for the 2nd year Mite, Squirt, Pee – Wee, or Bantam player. *Goalies Free

DEFENSEMAN CAMP

AUGUST 1ST - 5TH / MON-FRI 1:45 -2:45 & 3:00-4:00 PM
PRICE OF CAMP \$265.00

This camp will focus on footwork, skills, practice game and tactical situations. Camp is not just for defensemen, forwards will benefit as well. The great forwards in the game skate well and handle the puck backwards while understanding the defensive responsibilities. Concepts include:

- On ice drills ½ ice and full ice
- Gap control taking away time and space
- Read and react to the rush and how to force the play to the least vulnerable area
- Partner support in all 3 zones
- Game situations: 1:1, 2:1, 2:2, 3:2
- Playing in front of net, corners, aligning and sustaining checks, pivoting, Shooting, jumping into rush, use of stick.

**This camp accommodates HS, Bantam, AA/AAA, and Pee-wee players. **

POWER SKATING

JULY 6TH - 22ND (8 SESSIONS)
EVERY MON, WED, & FRI: 1:45 - 2:45 PM
PRICE OF CAMP \$225.00
(EARLY BIRD \$205.00 REGISTER BY MAY 30TH)

Students will receive basic instruction on the fundamentals of power skating and all critical techniques necessary in allowing players to get back into play quickly. Sessions follow a low skater/coach ratio & include personalized videotaped analysis on stride performance. This camp is designed to teach the youth hockey player the exact skills needed to improve the following on ice techniques:

- Basic skating alignment & balance drills
- Forward stride – toe snap & recovery
- Backward stride
- Forward / backward crossunders
- Explosive starts – forward / backwards
- Stops and starts – change of direction
- Tight turns & pivots
- Escape Moves – Gretzky
- Agility drills with pucks

SHOOTING & SCORING CAMP

AUG 27TH- 28TH / SAT 10:00-12:00 PM / SUN 12:00-2:00 PM
PRICE OF CAMP \$130.00

Our shooting and goal scoring clinic is designed to train players on proper shooting techniques. Our focus is to teach players to properly position themselves to the puck, so that they can quickly catch and accurately release the shot to help improve their goal scoring ability, proper net positioning for tips/rebounds and attacking the net with a purpose. Our drills will be high paced, with an emphasis of being in a game situation. Players will be taught:

- The kind of stick they should use
- Wrist Shot
- Back hand shot
- Snap shot
- Slap shot
- Flip shot
- One timers
- Deception of release
- Shooting off angle
- Shooting off your front foot
- Puck protection
- Breakaways

**This camp accommodates HS, Bantam, and Pee-wee players. **



TRAIN WITH... COACH RICK FLEMING

With over 30 years of coaching experience at the youth, high school, collegiate, and Junior levels, Rick Fleming has created a COMPLETE HOCKEY Training Camp focused exclusively on player development. Rick served as an Assistant Coach at UW – Stevens Point, a Junior “A” Assistant and Head Coach for the Omaha Lancers (USHL), an Assistant Coach for Indianapolis Jr. Ice (NAJHL), and Head High School Hockey Coach for over 20 years. He worked and learned from some of the finest mentors in hockey: Coach Mark Mazzolenie (Green Bay Gamblers), Grant Stanbrook (Maine University), Tim Coughlin five time division III National Champions (St. Norbert), Mike Evaves (former Coach of University of WI) and Troy Ward, Head Scout of the Vancouver Canucks (NHL). Rick was a NCAA Championship player and Captain in 1989, followed by an NCAA Championship Coach in 1990, and currently is a scout for the USHL's Lincoln Stars. His mission has always been to develop skaters and help them reach the next level in the game of hockey.

**Private Lessons Available – please call
(608) 220-2846 for pricing and information**