

2023 MHSA State Cross Country Meet
Missoula, MT – October 21, 2023
Eligibility Certification and Fee Submission – Girls' Teams

Schools participating in cross country are required to complete a two-step process in order to register for the state meet and to submit individual entries. **Both steps must be completed. Forms must be turned in at packet pickup on October 20th or on arrival on Oct. 21st. Athletic.net registration must be completed by October 15 at 3 p.m.**

Step 1: Complete this Eligibility Certification and Fee Submission to be submitted to the Meet Director when picking up your state meet packet. This form is used to certify the eligibility of your runners and to calculate required entry fees. *If you have questions on this form, contact Kip Ryan at MHSA (442-6010 or kryan@mhsa.org.)*

Step 2: Utilize the [Required Athletic.net Guidelines](#) to submit electronic entries. You must enter your individual runners via athletic.net in order for them to participate in their respective races. Only eligible athletes listed on this form should be entered. *If you have questions regarding entries/athletic.net, contact Bryce Wilson Flathead High School (751-3477 or wilsonb@sd5.k12.mt.us).*

A. Athletes must meet a qualifying time in at least one regular season cross country meet prior to participation in the State Cross Country Meet. **The qualifying times are as follows: Boys – 25.00 minutes or faster Girls – 30.00 minutes or faster.**

Athletes who do not meet the required performance time at least once during regular season competition will not qualify for participation at the state meet and cannot be entered as a team member or alternate. For all competitors and alternates that you will enter, list the name, qualifying time and the meet where the qualifying time was established.

B. Each participating school is required to share proportionally the cost of running the State Cross Country Meet by paying a \$7.00 fee for each athlete that actually participates in the meet (alternates are not considered participants). Example for Team A: 7 boy participants and 7 girl participants = 14 total participants X \$7.00 for each participants = \$98.00 will be the fee Team A must pay to participate in the State Cross Country Meet. However, boys' and girls' team members should be listed on separate forms. **Schools will pay through athletic.net this year, if you have questions contact Bryce Wilson, Flathead Activities Director.**

Coaches will be required to submit this form and the corresponding fee if it was not already paid for online when they pick up their State Cross Country Meet Coaches' Packet.
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Classification: (check one)

AA ☐ A ☐ B ☐ C ☐

School Name: _____

Calculate Fees: _____ runners (not alternates) x \$7.00 each = \$ _____ (\$49.00 maximum)

Girls' Entries

	Athlete's Name	Qualifying Time	Date and Name of Meet at Which Qualifying Time Was Achieved	*Competed in two or more meets?
1				
2				
3				
4				
5				
6				
7				
Alternates				
1				
2				

*For an athlete to be eligible to compete in the State Cross Country Meet he/she must compete in at least two (2) Association-sanctioned meets during the regular cross country season. Only a medical waiver from a certified physician stating that an athlete has sustained an injury preventing him/her from competing until that time will be accepted as a condition to be exempt from this rule. The high school for which the student will participate must file a request with the MHSA Executive Director for consideration of a waiver of this rule.

I certify that all athletes listed above have met the qualifying time and the minimum of two (2) meets during the regular season.

Head Coaches'
 Signature: _____

Typed or Printed Name
 Of Head Coach: _____