



Welcome to the 2025 Eastvale Tigers Youth Cheer season. We have put together this packet to inform each participant and their parents/guardians of our program.

The following age limits apply for placement on the competition teams:

6 Year Olds	Mascot
7 Year Olds and First Year 8 Year Olds	Jr. Micro
8 Year Olds and First Year 9 Year Olds	Micro
9, 10, and First Year 11 Year Olds	Jr. PeeWee
11 and 12 Year Olds	PeeWee
12 (must have cheered at least one year), 13, and 14 Year Olds	Midget

*Age as of July 31, 2025

\$600 Registration Fee Includes:

○ Spirit Wear	○ Cheer Warmups
○ T-Shirt	○ Player Participation Trophy
○ Shorts	○ SCJAAF Cheer Competition
○ (2) New Uniform Packages	○ + Lunch Fee (per cheerleader)
○ Shell Top + Embroidery	○ SCJAAF Stunt Clinic
○ Skirt	○ League Fees
○ Briefs	○ Park and Light Fees
○ Pompoms	○ Game Field Fees
○ Game Day Bow	○ Secondary Insurance
○ Socks	
○ Shoes	

Items / Costs NOT Covered by Registration Fee:

- Returned Items
 - If any piece of the uniform is ordered and it does not fit your child, the parents/guardians are responsible for the return and shipping fees.
- Snacks and water for games and competition
- Cheer Buckets
- Paint / supplies for cheer buckets
- ERHS Cheer Clinic

All information is subject to change.
We will inform everyone if / when there is a change.

REFUND POLICY:

Present – May 31, 2025

June 1, 2025 – June 30, 2025 : \$225 Non-Refundable

July 1, 2025 – After : NO REFUNDS, NO EXCEPTIONS

IMPORTANT DATES:

League Important Dates	
Date	Event
June 1 st	Board and Coaches Meet and Greet / Paperwork Collection & Uniform Sizing
June 3 rd – July 10 th (Tuesdays and Thursdays)	Preseason Conditioning (NOT Mandatory)
July 21 st	First Day of Regular Season Practice (Hell Month) – MANDATORY (Monday, Tuesday, Wednesday, Thursday, and Friday)
August 9 th	Eastvale Tigers Jamboree
August (actual date TBD)	SCJAAF Cheer Clinic – Mandatory to Stunt
August 28 th	Division Donations Due
September 1 st	Practice Moves to 3 Days a Week
September 4 th	Team Fees DUE
September 6 th	First Game
September 14 th	Picture Day
October 28 th	Annual Truck-or-Treat
November (actual date TBD)	SCJAAF Cheer Competition
Playoff Schedule for Tackle – please keep below schedule in mind so cheerleaders can support	
November 8 th	Preliminaries
November 15 th	Quarter Finals
November 22 nd	Semi-Finals (Please Plan on Playing Thanksgiving Weekend)
November 29 th	D1A Championships
November 30 th	D2 Championships
December 6 th	D1 Championships
Mid-January 2026	End of Season Banquet

Parents **MUST** show up to turn in SCJAAF Contract, Medical Release Form, Waiver, Bill (Gas, Water, Utility, or Lease Agreement will ONLY be accepted), and ORIGINAL Birth Certificate. If paperwork is not turned in and registration is not paid in full by July 19th, your cheerleader WILL NOT be allowed to practice the first week of practice. Also, once all

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paperwork is turned in and registration balance has been paid in FULL, the cheerleader's uniform will be placed in the ordering queue.

Per Conference, no cheerleader shall be registered, certified, or enter into any physical type of activity if she/he has not attained a sound physical as attested to by a duly qualified Doctor of Medicine, Doctor of Osteopathy, Nurse Practitioner, or Physician's Assistant on the player Contract Form. A Doctor of Chiropractic and a Registered Nurse **ARE NOT** considered to be qualified to give a physical to a cheerleader and a physical **WILL NOT** be accepted from one. The SCJAAF Medical Release Form must be signed, stamped, and dated. **Only SCJAAF Medical Release Form may be used. No other forms will be accepted per SCJAAF.** This record of physical exam must be within 4 months of the start of practice. **Physical MUST be performed after March 21, 2025.**

REGISTRATION FEE MUST BE PAID IN FULL BEFORE A CHEERLEADER WILL BE ALLOWED TO PRACTICE.

PRACTICE:

Pre-season conditioning begins June 3rd and will be every Tuesday and Thursday until July 10th. Pre-season conditioning is NOT mandatory. It is just a great way to get the kids in shape before the season begins.

Practice (Hell Month) starts Monday July 21st. Please be at the park on time ready to practice. The cheerleaders must arrive wearing their Spirit Wear (issued shirt and shorts), hair in a ponytail (off the shoulders), socks, and tennis shoes **NO jewelry, nail polish, spaghetti straps, Vans, Converse, or Sketchers are permitted. Girls must wear shorts and shirts that are appropriate and modest throughout the season. Coaches reserve the right to send a cheerleader home to change if these rules are not followed.**

Cheerleaders with prescription glasses must wear an athletic strap to hold them in place.

During the first week of practice each division will practice together. There will be no stunting the first week, only conditioning. Each cheerleader **MUST** complete 10 hours of conditioning before she/he can participate in stunting or motions. If a cheerleader misses a day (or more) during the first week, they **MUST** complete their conditioning hours the following week. This is a Conference rule and must be followed.

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PLEASE NOTE THAT YOUR CHILD WILL NOT BE ALLOWED TO PRACTICE IF HER/HIS MEDICAL RELEASE FORM HAS NOT BEEN TURNED IN.

July 21st through August 29th, practices will be held Monday through Friday. Cheerleaders are encouraged to arrive 15 minutes early and are expected to attend EVERY practice.

Starting September 1st through the end of the season, practice will be held 3 days a week. The specific days your child practices will depend on the number of participants, number of teams, and park availability. While we will do our best to schedule siblings on the same days and/or at the same park, we cannot guarantee it due to the limited field space and the need for parks with lights.

Your coach will expect your child to attend EVERY practice and be on time! It is possible that the season could last until December!! **We ask that you schedule your vacations accordingly.** It is important to remember that you and your child have made a commitment to cheer. For your child to get the best experience, she/he should attend every practice, be on time, and be prepared to practice. Any player who will miss practice **MUST** contact the Head Coach or Team Parent prior to practice. Unexcused absences from practice may result in disciplinary action.

GAMES:

Depending on the number of participants, and the number of coaches, cheerleaders will be split into 'Game Squads'. There is no guarantee that your cheerleaders will cheer for your football player (if applicable). You may request this, but as mentioned, it depends on the number of participants and coaches. **If there is no Cheer Coach on your football player's division, then your cheerleader will be placed on another team.** We encourage everyone to talk to our Cheer Coordinator for ways on how you can volunteer!

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Games are every Saturday starting September 6th. Our Home Games will be played at Eleanor Roosevelt High School (7447 Scholar Way, Eastvale, 92880) or Colony High School (3850 E Riverside Dr., Ontario, 91761). Our away games are in the Inland Empire, some as far as Apple Valley, Palm Desert, or Murrieta. If any of our football teams make it to the playoffs, it is possible that your child will have to cheer every Saturday through the first or second week of December (YES, this includes Thanksgiving weekend). Parents/guardians must provide/arrange transportation for your child to the games.

Home Game Security and Field Rules:

For the safety of everyone and to ensure we remain in good standing with the schools, security will be present at all home games. Security guards at the gates will be enforcing the school rules, which include:

- **No pets** allowed on the premises.
- **No outside food or drinks** (this includes but is not limited to sealed water bottles, hydro flasks, Stanley Cups, or thermoses – even if they are empty).
- **No ice chests or coolers**, except for approved team coolers.
- **No violence or aggressive behavior** of any kind.

Please note: **We RENT these fields** and are required to follow the school's policies. These are not league rules but school regulations.

Anyone who does not comply with these rules will be asked to leave the game and may be subject to dismissal for the remainder of the season. Thank you for your understanding and cooperation!

COMPETITION:

Every Chapter within SCJAAF must participate in the competition.

Cheer rosters are broken down into (3) different variations.

1. Game/Exception Roster
2. Competition Roster
3. Playoff Roster

Competition rosters are broken down by the age placement shown on page 1. Cheerleaders will compete with their age group.

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*Please note, cheerleaders will not be able to participate in the competition if they miss more than (2) scheduled Conference games or (4) halves. It is extremely important to make sure your child is keeping up with their commitment and not missing games.

FUNDRAISING/SPONSORS:

Throughout the season we will be fundraising as a whole squad/unit. All money will be used for things such as team necessities, pizza parties, our end of the season banquet, gifts for the cheerleaders, and more. If you or someone you know has good fundraising ideas, we'd love to hear about them! Please contact our Cheer Coordinator or one of her Team Parents.

Our cheer squad accepts sponsorships as well! If you, your family, your friends, or a business would like to sponsor us, we would gladly accept the donation! All money raised will go towards everything mentioned in the paragraph above.

LEAGUE-WIDE BANQUET:

We are excited to announce that we are planning a league-wide banquet to celebrate our 2025 season! The banquet is scheduled to take place in mid-January 2026. In order to make this event possible, we will be holding a league-wide fundraiser during the season.

More details about both the banquet and the fundraiser will be shared at the start of the season. We look forward to celebrating all our players' hard work together!

DIVISION DONATIONS:

Division	Donation Item
Cheer	20oz cases of Gatorade and/or Powerade
Jr Micro	Cases of Coke, Pepsi, Diet Coke
Micro	Cases of Tiki Punch, Sprite, Dr. Pepper
Jr PeeWee	Cases of Water
PeeWee	Cases of Shasta (variety pack), Brisk Iced Tea
Midget	Cases of Full-Sized Candy Bars (Chocolate and Non-Chocolate)

These donations will start up our Home Game Snack Bar. Please have all donations turned in by August 28th. The division that has the most donations will win a popsicle party!

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CONTACT US:

League Phone/Text: (951) 515-1043

League Email: eastvaletigers@gmail.com or info.eastvaletigers@gmail.com

League Website: eastvaletigers.com

Facebook: Eastvale Tigers

Instagram (Football): @eastvale_tigers

Instagram (Cheer): @eastvaletigersyouthcheer

****** IMPORTANT!! PLEASE READ ******

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The Eastvale Tigers are NOT a babysitting facility!!! At least one parent/guardian should be present at every practice and game, especially in case of an emergency.

Please keep our fields clean and always use a trashcan. We get to use the fields and we would hate to lose them. Coaches and Team Moms will be responsible for making sure that your field is clean before leaving.

There will be **ABSOLUTELY NO ALCOHOL, TOBACCO PRODUCTS, E-CIGARETTES, VAPING, CANNABIS, OR ILLEGAL SUBSTANCES** allowed anywhere by anyone at practice or game locations.

For **ALL** practices and games that are played on school property, you **MUST** leave school property to smoke. **THIS INCLUDES E-CIGARETTES AND VAPING!** When we are away, we must abide by their rules.

Code of Conduct

The EASTVALE TIGERS organization has a vision of being the best in providing a positive sportsmanship environment for our cheerleaders. As a part of the EASTVALE TIGERS organization, we require our parents and players to:

1. Encourage members of both teams.
2. Keep all comments positive.
3. Only cheerleaders, coaches, board members, and game day parent volunteers are allowed on the field.
4. Leave the coaching to the Coaches. If you have suggestions, please schedule a time to talk with your coaching staff. If you would like to coach next year's team, please volunteer so you can attend the mandatory coaching clinics, pass the background check, and study and pass the required coaches' interviews.
5. Not engage in any unsportsmanlike conduct such as: criticizing, booing, and refusing to shake hands. Abusive language, cursing or yelling at the officials, coaches, cheerleaders (of both teams), opponents or fans will not be tolerated. This is youth sports, everyone makes mistakes.
6. Be a positive role model and encourage sportsmanship by showing respect and courtesy and by demonstrating positive support for all players, coaches, officials, and spectators at every game, practice, or sporting event.
7. Understand that parents are responsible for all family members and guests attending the games to watch your child.
8. No alcoholic beverages or drugs are allowed at any EASTVALE TIGERS event.
9. Help us make this a positive experience for all by remembering that children participate

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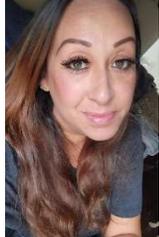
to have fun and grow and that the game is for the youth, not adults.

Any parent or guest guilty of not adhering to these requirements will be addressed as follows:

1. At any EASTVALE TIGERS event, practice or competition, any adult who verbally abuses, attempts to intimidate, is flagrantly rude, or cannot control their language or action with an official, coach, player, or board member will be asked to immediately leave the event. His/her child(ren) may be immediately removed from the event. He or she will receive a written warning regarding their behavior and be suspended from the next week's practice and game.
2. Any adult that commits a second offense will be banned from any and all EASTVALE TIGERS or So Cal JAAF events for the remainder of the season and their child(ren) may be removed from playing for the remainder of the season.
3. Any adult who physically assaults an official, coach or board member will be banned from the organization and their child will be removed from the program.
4. Any adult engaging in any action which reflects negatively on, or causes embarrassment to, the EASTVALE TIGERS program is subject to disciplinary actions of the association and/or conference.
5. Depending on the severity of the situation, immediate removal of the program may be warranted.

MEET THE BOARD

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 Richard Marshall President	 Juan Andrade Vice President	 Art Warren Commissioner	 Arlene Mayo-Santos Secretary
 Alyssa Andrade Treasurer	 Amira Whitlock Chapter AD	 Joe Blue Deputy Commissioner	 Jasmine Marshall Assistant Chapter AD
 Juan Andrade Flag Coordinator	 Brittany Nabaa Cheer Coordinator	 Matt Olson Community Liaison	 Tiffany Moreira Fundraising Coordinator
 Sheri Olson Team Parent Coordinator	 Sandra Andrade Snack Bar Coordinator	 Jocelyn Coto Social Media Coordinator	 Nicole Velarde-Blue Website Coordinator
 Thomesha Warren Merchandise Coordinator	 Anthony Elliott Member At Large	 Chris Deveaux Member At Large	 Ebitimi Kpaki Member At Large

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