



EVENT REGISTRATION, RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT FOR PARTICIPATION IN: IRON GIRL BAHRAIN 2019 (including related programs and/or event) ("Event") READ THIS DOCUMENT CAREFULLY BEFORE SIGNING, THIS DOCUMENT HAS LEGAL CONSEQUENCES AND WILL AFFECT YOUR LEGAL RIGHTS, AND WILL LIMIT OR ELIMINATE YOUR ABILITY TO BRING FUTURE LEGAL ACTIONS. YOU MAY WISH TO TAKE INDEPENDENT LEGAL ADVICE.

In consideration of being permitted by FAALYAT MANAGEMENT CO W.L.L ("Event Producer") to participate in the Event, I understand and acknowledge that by signing below I am legally agreeing to the statements in the following Event Registration Release and Waiver of Liability, and Assumption of Risk and Indemnity Agreement ("Agreement") and that these statements are being accepted and relied upon by the Released Parties (as defined below). All adult participants, or the participant's legal guardian (for the participant and on his/her behalf), if applicable, must sign this Agreement. I hereby freely and voluntarily acknowledge and/or take action for myself, and on behalf of my spouse, children, parents, guardians, heirs, next of kin, and any legal or personal representatives, executors, administrators, successors and assigns, or anyone else who might claim or sue on my behalf, as follows:

1. I HEREBY ACKNOWLEDGE AND ASSUME ALL OF THE RISKS OF PARTICIPATING IN THIS EVENT. I acknowledge running, and/or other portions of this Event are inherently dangerous and are an extreme test of my physical and mental limits that carries with them the potential for serious bodily injury, permanent disability, paralysis and death, and property damage or loss. I acknowledge and agree that it is my responsibility to determine whether I am sufficiently fit and healthy enough to safely participate in the Event, to take out and maintain suitable insurance cover against any injury I might sustain due to my participation and I attest and certify that I am or will be sufficiently fit and physically trained to participate in the Event, which I elect to enter. I certify that I have not been advised against participation in the Event by any healthcare provider. I have no physical or mental condition that would endanger myself or others if I participate in the Event, or would interfere with my ability to safely participate in the Event. I accept responsibility for the condition and adequacy of my competition equipment and my conduct in connection with the Event. I understand and acknowledge that there may be vehicle or pedestrian traffic on the course route, and I assume the risk of running, biking, swimming and/or other portions of this Event and participating under these circumstances. I also assume any and all other risk associated with participating in this Event including but not limited to the following: falls, dangers of collisions with objects (including parked or moving vehicles and/or bicycles), pedestrians, other participants, unmanned aerial vehicles (also known as drones), the dangers arising from surface hazards, equipment failure, inadequate safety equipment, any hazard that may be posed by spectators or volunteers, and weather conditions. I further acknowledge that these risks include risks that may be the result of negligent acts, omissions, and/or carelessness of the Released Parties, as defined herein. I understand that I will be participating in the Event at my own risk, that I am responsible for the risk of participation in the Event.

2. I understand and acknowledge the dangers associated with the consumption of alcohol and/or drugs before, during and after the Event and I recognize that consumption of alcohol and/or drugs might impair my judgment and motor skills. I assume responsibility for any injury, loss or damage associated with my consumption of alcohol and/or drugs.

3. I WAIVE, RELEASE, AND FOREVER DISCHARGE Event Producer, World Triathlon Corporation ("WTC") and its subsidiaries (collectively, "IRONMAN"), event sponsors, event organizers, event promoters, race directors, event officials, event staff, advertisers, property owners, volunteers, administrators, contractors, vendors, volunteers, all other persons or entities involved with the Event, and other Government bodies, and/or agencies whose property and/or personnel are used and/or in any way assist in locations in which the Event or segments of the Event take place, and each of their respective parent, subsidiary and affiliated companies, licensees, officers, directors, partners, board members, shareholders, members, supervisors, insurers, agents, employees, volunteers, and other participants and representatives (individually and collectively, the "Released Parties"), from any and all claims, liabilities of every kind, demands, damages (including direct, indirect, incidental, special and/or consequential), losses (economic and non-economic), and causes of actions, of any kind or any nature, which I have or may have in the future, including court costs, legal fees and litigation expenses (individually and collectively, the "Claims") that may arise out of, result from, or relate to my participation in the Event or my travelling to or from the Event, including my death, personal injury, partial or permanent disability, negligence, property damage and damages of any kind, property theft, and Claims relating to the provision of first aid, medical care, medical treatment, or medical decisions (at the Event site or elsewhere) and any Claims for medical or hospital expenses, even if such Claims are caused by the negligent acts, omissions, or the carelessness of the Released Parties, save where death or personal injury is caused by the negligence of the Released Parties. I FURTHER COVENANT and AGREE NOT TO SUE any of the Released Parties for any of the Claims that I have waived, released, or discharged herein (save for death or personal injury caused by their negligence).

4. I AGREE TO INDEMNIFY, DEFEND, and HOLD HARMLESS the Released Parties from any and all expenses incurred, Claims made by me or other individuals or entities, for liabilities assessed against the Released Parties, including but not limited to court costs, legal fees and litigation expenses, arising out of or resulting from, directly or indirectly, in whole or in part, my breach or failure to abide by any part of this Agreement, my breach or failure to abide by any of the race sanctioning body's competitive rules and information in the Athlete Information Guide, and/or my actions or inactions which cause injury or damage to any other person.

5. I agree to read and abide by the competitive rules adopted by the race sanctioning body, including any drug or doping control rules, IRONMAN's Doping Control Rules found under the domain <http://www.ironman.com.com/triathlon/organizations/anti-doping/resources/anti-doping-rules-and-resources.aspx>, and any applicable information in the athlete information guide (if any), as they may be amended from time to time, and all traffic laws. I agree that prior to participating in the Event I will inspect the race course, facilities, equipment, and areas to be used, and if I believe or become aware that any are unsafe, I will immediately advise the Race Director.

6. I hereby consent to receive medical care and treatment that may be deemed advisable in the event of injury, accident or illness to me while participating in the Event by a medical director or any of its agents, employees, volunteers, affiliates and designees, a physician and/or hospital. If necessary, I authorize Event Producer or any of its agents, employees, affiliates and designees, any organizer or sponsor of the Event, or any Event volunteer, to consent to such medical care and treatment. I understand that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required and is given to provide authority and power to render care which the above-mentioned may deem advisable in the exercise of their best judgment. I agree to be responsible and assume liability for any and all costs incurred as a result of my participation in the Event, not covered by my insurance, including but not limited to, medical care and treatment, ambulance services, hospital stays, and physician and pharmaceutical goods and services. I agree to indemnify and hold harmless the Released Parties from all liability for such costs.

7. I authorize and voluntarily consent to the release and disclosure of my protected health information, health services provided to me, and/or any health related information about me by a physician, emergency personnel, medical team member or any Event Producer employee for the purposes of diagnosing or providing treatment to me, for payment purposes, co-ordination or care and for health care operations including necessary administrative and business functions related to my protected health information, including but not limited to, the release of my protected health information to Event Producer, any sanctioning entity, insurance carriers, medical insurance coordinators, other health care providers, parents/guardians, and/or hospitals. I understand there is no expiration for this health information disclosure authorization; I have the right to revoke this authorization, unless action has been taken in reliance on this authorization, and that treatment will not be conditioned upon this authorization.

8. I hereby grant to Event Producer and IRONMAN, and each of their respective affiliates, designees, assignees, and sponsors the right, permission, and authority to photograph, film, record, or otherwise capture in any media the name, image, voice, written statements, photograph and/or visual likeness of participant and/or participant's family members (collectively, "images"), with rights to sublicense, during the Event or otherwise, without compensation, for use for any purpose in any media (now known or hereafter devised) throughout

the world in perpetuity, including but not limited to use in photographs, videotapes, CDs, DVDs, broadcast, telecast, podcast, webcast, recordings, motion pictures, commercial advertisement, promotion materials, and/or any other record of this Event. It is understood that all ownership and copyright rights in the images shall be owned by Event Producer or WTC, respectively, and participant expressly waives any inspection or approval rights.

9. In no event may I (or anyone else on my behalf) without the prior written consent of IRONMAN, its assignees, or its designees: (a) use any intellectual property of IRONMAN and/or its affiliates, including, but not limited to, the IRONMAN®, 70.3®, Iron Girl®, IRONKIDS®, Velothon®, Cape Epic®, 5150®, and Rock 'n' Roll® marks and names, the "M-Dot" logo, "K-Dot" logo (collectively, the "IRONMAN IP") and/or any words or marks that refer to, or are suggestive of, or confusingly similar to, the Event, any Event logo, Event name, Event location, Event date, or Event race distance (collectively, "Event IP"), or (b) sell, market, distribute, or produce any products, events, merchandise, websites, or services that are IRONMAN®-branded, 70.3®-branded, Event-branded, or branded or marked using (i) any Event logo, (ii) any Event name, (iii) any Event IP, or (iv) any IRONMAN IP (including without limitation the word "IRON" or any foreign translation thereof as a prefix for, or component of, any race, event, trade name, trademark, organization name, club name, or brand of any kind, in each case in any way related to triathlon, triathletes, training, coaching, or any endurance sports).

10. I acknowledge and agree that Event Producer or IRONMAN, each in their sole discretion, may delay, modify, or cancel the Event if it believes the condition on the race day are unsafe. In the event the Event is delayed, modified, or cancelled for any reason, including but not limited for wind, rough water, rain, hail, hurricane, tornado, earthquake), acts of terrorism, fire, threatened or actual strike, labor difficulty, work stoppage, insurrection, war, public disaster, flood, unavoidable casualty, race course conditions, or any other cause beyond the control of Event Producer, there shall be no refund of Event Producer's entry fee or any other costs incurred in connection with the Event.

11. I understand that I must meet the cut-off times specified on each leg of the course. Should I not meet the specified cut off times then I fully understand that I will be considered withdrawn from the race, my timing chip will be removed by race officials, and I will not be allowed to continue around the course. I understand that I will be listed as "did not finish" or "DNF".

12. I acknowledge that my Entry Fee and place in the Event are NON-TRANSFERABLE from person to person, race to race, year to year. Furthermore, I shall not assign or subcontract my rights or obligations under this Agreement.

13. Event Producer will loan me a timing chip for the duration of the race, and I acknowledge that by picking up this chip I am agreeing that I will return my chip to the race organizers or I will be charged USD\$75 for its replacement. I acknowledge that if I do not start the race, I am still responsible for returning the chip to the race organizers. Chips must be returned to an official member of Event Producer's staff or alternatively they can be returned by post, recorded delivery only, within fourteen (14) days of the Race.

14. A late entry fee will apply for all entries made within one hundred eighty (180) days of the Event.

15. I understand that Event Producer reserves the right, in its sole and complete discretion, to deny entry, revoke the entry application of any applicant at any time, and/or to disqualify any individual from the Event. Applicant expressly waives any claim for damages arising from the denial or revocation of any entry application exceeding the amount of the entry fee.

16. A legal guardian who signs this Agreement on behalf of an incapacitated and/or mentally challenged person (hereinafter "Said Person") hereby acknowledges that he or she has the legal capacity and authority to act on behalf of Said Person and to legally bind Said Person to the Agreement. The legal guardian who signs this Agreement agrees to indemnify and hold harmless the Released Parties for any expenses incurred, Claims made, or liabilities assessed against them, as a result of any insufficiency of legal capacity or authority to act on behalf of Said Person in the execution of this Agreement.

17. This Agreement, and any dispute or claim arising out of or in connection with it or its subject matter or formation (including non- contractual disputes or claims) shall be governed by, and construed in accordance with, the law of Bahrain. If any provision of this Agreement shall be deemed unlawful, void, or for any reason, unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions. This Agreement constitutes the entire understanding in relation to its subject matter. All other terms, whether express or implied, written or oral, are hereby excluded to the fullest extent permitted by law.

18. Participants do not have the option of purchasing a one (1) day license for the Event. Each athlete is consequently responsible for personal accident coverage.

19. Severability. If any provision of this Agreement is held to be invalid, illegal or unenforceable, the validity, legality and enforceability of the remaining provisions shall in no way be affected or impaired.

20. Any dispute or difference, which may arise between the parties in relation to the provisions of this Agreement or related thereto, through the International Court for Alternative Dispute Resolution ("ICADR"). The parties have reviewed the rules and regulations adopted by ICADR and their amendments as issued from time parties have reviewed the rules and regulations adopted by ICADR and their amendments as issued from time to time and hereby irrevocably agree to be bound by such ICADR rules and regulations (as available on <http://www.ic-adr.org/>). ICADR shall, pursuant to its standard procedures (and at its absolute discretion), select and appoint one or more arbitrator(s) to resolve a dispute. The number of arbitrators in respect of a specific dispute matter, shall be decided by ICADR at its absolute discretion considering complexity and nature of the dispute. The parties agree with the communication method adopted by ICADR, which shall be via e-mail or facsimile number provided by either party in this Agreement and non-delivery of such communication, for whatsoever reasons, shall be deemed as completion of notice service requirement and ICADR or the arbitrator(s) shall have the right to proceed ex-parte due to non- appearance of either party, after servicing the notice. The parties accept the absolute authority of ICADR and agree to waive all objections in respect to the selection and appointment of arbitrator(s). The arbitrator(s) shall have the right to apply provisions of conciliation as set out in Article 242 of the Civil and Commercial Procedures Act of Bahrain (Decree 12 of 1971) and its amendments. The arbitrator(s) may also have the right to settle the dispute between the parties on the principles of equity and natural justice. The dispute resolution proceedings shall be conducted primarily in English or any other language determined by ICADR while taking into consideration of the relevant documentation. The dispute resolution proceedings shall be held in Manama, Kingdom of Bahrain. The award issued by the arbitrator(s) shall be final and shall not be subject to any appeal.

I agree: I have carefully read, understand and agree to voluntarily sign this form and understand that by doing so I am entering into a legally binding contract with Event Producer. I acknowledge that this form will be effective and legally binding upon me (and if I am participant's legal guardian, participant), and my/participant's spouse, children and other family members, and my/participant's heirs, executors, representatives, subrogors and estate. The adult participant (or his/her legal guardian) must complete all information and sign below.

_____	_____	_____	_____
PARTICIPANT SIGNATURE	DATE	PRINTED NAME OF PARTICIPANT	PARTICIPANT'S AGE AND BIRTHDATE
_____	_____	_____	_____
PARENT/ GUARDIAN'S SIGNATURE	DATE	PRINTED NAME OF PARENT/GUARDIAN	BIB NUMBER