



2026 Mustangs STP

Come train with the Mounds View High School boys hockey coaching staff, former MVHS players, and other guest trainers. The Mustangs Summer Training Program will focus on a variety of skills, hockey concepts, and scrimmages with other high schools. Our ice sessions will be on Tuesday, Wednesday, and Thursday each week.

All ice will be at the TCO Sports Garden at 1490 County Road E East in Vadnais Heights.

Ice Schedule – Group A

Tuesday: 2:10-3:10 PM @ TCO Rink #1 – 6/9, 6/16, 6/23, 6/30, 7/14, 7/21, 7/28

Wednesday: 1:10 PM-2:40 PM @ TCO Rink #1 – 6/10, 6/17, 6/24, 7/1, 7/15, 7/22, 7/29

Thursday: 2:10-3:10 PM @ TCO Rink #1 – 6/11, 6/18, 6/25, 7/2, 7/16, 7/23, 7/30

Ice Schedule – Group B

Tuesday: 3:25-4:25 PM @ TCO Rink #1 – 6/9, 6/16, 6/23, 6/30, 7/14, 7/21, 7/28

Wednesday: 2:50 PM-4:20 PM @ TCO Rink #1 – 6/10, 6/17, 6/24, 7/1, 7/15, 7/22, 7/29

Thursday: 3:25-4:25 PM @ TCO Rink #1 – 6/11, 6/18, 6/25, 7/2, 7/16, 7/23, 7/30

Chris Carroll will once again lead our off-ice strength development/lifting program at Bethel University. Off-ice strength/conditioning training will be at the Sports and Recreation Center (SRC) at 3900 Bethel Drive in Arden Hills on Monday, Tuesday, and Thursday this summer.

Chris and his staff will offer training to our participants where they can expect:

- SAFE, FUN, TEAM BASED training for ALL incoming and current Mounds View H.S. players.
- Promote CONFIDENCE, STRENGTH, POWER, SPEED & ATHLETICISM leading up to the 2025-26 season.
- Emphasize proper TECHNIQUE of HOCKEY SPECIFIC movements that will heighten on-ice play.
- Build WORK CAPACITY to endure the full length of the hockey season at a high level.

Off-ice Schedule – All Players

Monday: 12:00-1:00 PM @ Bethel – 6/8, 6/15, 6/22, 6/29, 7/13, 7/20, 7/27

Tuesday: 12:00-1:00 PM @ Bethel – 6/9, 6/16, 6/23, 6/30, 7/14, 7/21, 7/28

Thursday: 12:00-1:00 PM @ Bethel – 6/11, 6/18, 6/25, 7/2, 7/16, 7/23, 7/30

Varsity & JV Scrimmages

Forest Lake Boys STP Tourney
June 20-21 @ Forest Lake Sports Center

SLP/CR 2026 STP Jamboree
July 25-26 @ Fogerty Arena

Cost: \$650 (skaters), \$325 (goalies)

[Group A Registration](#)
Returning Varsity & JV Players

[Group B Registration](#)
Incoming High School & Bantam Players

Mustangs Summer Training Program Waiver

I, the parent/guardian of _____ realize that Darrell Schulte and the Mustangs STP staff may have to act in a medical emergency concerning my child and that they have my permission to do so. I hereby waive and release Darrell Schulte and the Mustangs STP staff from any and all liability for any injuries and illnesses that my child incurs during this hockey camp.

Parent/Guardian signature

Make payments by May 1, 2026.

Venmo: @Darrell-Schulte (please include *2026 Mustangs STP* and player name in the notes)

By mail to: Darrell Schulte, 28 Pheasant Lane, North Oaks, MN 55127

Any questions, comments, or concerns: Darrell Schulte at d@schulte.mn or 651-280-7417.

Please return a signed waiver via email or return with payment.