



# 2020 FALL CALENDAR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 30	August 31 STRENGTH TRAIN Jrs & Srs: 2:30-4:00 Soph&Frsh: 4:00-5:30	1	2 STRENGTH TRAIN Jrs & Srs: 2:30-4:00 Soph&Frsh: 4:00-5:30	3	4 <i>No Strength Training</i>	5
6	7 LABOR DAY <i>No Strength Training</i>	8	9 STRENGTH TRAIN Jrs & Srs: 2:30-4:00 Soph&Frsh: 4:00-5:30	10	11 STRENGTH TRAIN Jrs & Srs: 2:30-4:00 Soph&Frsh: 4:00-5:30	12
13	14 <i>FOOTBALL - ALL HELMETS ONLY</i> 2:45pm – 6:00pm	15 <i>FOOTBALL - ALL HELMETS &amp; SHELLS</i> 2:45pm – 6:00pm	16 <i>FOOTBALL - ALL SHELLS</i> 2:45pm – 6:00pm	17 <i>FOOTBALL - ALL SHELLS</i> 2:45pm – 6:00pm	18 STRENGTH TRAIN <b>Sophs, Jrs, Srs</b> 2:45pm – 4:15pm	19
20	21 <i>FOOTBALL - ALL SHELLS</i> 2:45pm – 6:00pm	22 <i>FOOTBALL - ALL SHELLS</i> 2:45pm – 6:00pm	23 <i>FOOTBALL - ALL SHELLS</i> 2:45pm – 6:00pm	24 <i>FOOTBALL - ALL SHELLS</i> 2:45pm – 6:00pm	25 STRENGTH TRAIN <b>Sophs, Jrs, Srs</b> 2:45pm – 4:15pm	26
27	28 <i>FOOTBALL - ALL SHELLS</i> 2:45pm – 6:00pm	29 <i>FOOTBALL - ALL SHELLS</i> 2:45pm – 6:00pm	30 <i>FOOTBALL - ALL SHELLS</i> 2:45pm – 6:00pm	October 1 <i>No Strength Training</i> <i>No Football</i>	October 2 INTRA-SQUAD SCRIMMAGE TBD	October 3
October 4	October 5 STRENGTH TRAIN <b>Sophs, Jrs, Srs</b> 2:45pm – 4:15pm	October 6 STRENGTH TRAIN <b>Freshmen</b> 2:45pm – 4:15pm	October 7 STRENGTH TRAIN <b>Sophs, Jrs, Srs</b> 2:45pm – 4:15pm	October 8 STRENGTH TRAIN <b>Freshmen</b> 2:45pm – 4:15pm	October 9 STRENGTH TRAIN <b>Sophs, Jrs, Srs</b> 2:45pm – 4:15pm	October 10