



# **SEATTLE JUNIOR HOCKEY**

## **COMMITTED TO:**

- 1. CREATING A STRONG HOCKEY COMMUNITY**
- 2. PERSONAL AND PLAYER DEVELOPMENT**
- 3. TRANSPARENCY AND CONNECTION**

**IT'S WORTH BEING HERE**

# 16UAA JUNIOR METS- TIER II



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- **HEAD COACH: KYLE MOORE**
- **ICE HOURS: 3X75 MINUTE SHARED PRACTICES PER WEEK (3.75 HOURS/WEEK)**
- **OPPORTUNITIES FOR 10-20 FULL ICE PRACTICES PER SEASON**
- **DEDICATED WEEKLY OFF-ICE TRAINING PROGRAM**
- **WEEKLY ON-ICE GOALIE DEVELOPMENT**
- **ACCESS TO HUDL AND LIC VIDEO CLASSROOM**
- **LEAGUE: NWAHL, PNAHA TIER II NB**
- **COST: \$4,200**
- **SLUSH FUND EXPECTATIONS (ESTIMATE): \$2,000-\$3,000**
- **UNIFORM: TACKLE TWILL**
- **40-50 SEASON GAMES**
- **2-3 FLYAWAY TOURNAMENTS**
- **TRYOUTS: 4/24-4/27 (GUARANTEED 4 TRYOUTS)**

# 14UAA JUNIOR METS- TIER II



- **HEAD COACH: AARON FROEHLICH**
- **ICE HOURS: 3X75 MINUTE SHARED PRACTICES PER WEEK (3.75 HOURS/WEEK)**
- **OPPORTUNITIES FOR 10-20 FULL ICE PRACTICES PER SEASON**
- **DEDICATED WEEKLY OFF-ICE TRAINING PROGRAM**
- **WEEKLY ON-ICE GOALIE DEVELOPMENT**
- **ACCESS TO HUDL AND LIC VIDEO CLASSROOM**
- **LEAGUE: PCAHA U15A, PNAHA TIER II NB**
- **COST: \$4,200**
- **SLUSH FUND EXPECTATIONS (ESTIMATE): \$2,000-\$3,000**
- **UNIFORM: TACKLE TWILL**
- **40-50 SEASON GAMES**
- **2-3 FLYAWAY TOURNAMENTS**
- **TRYOUTS: 4/24-4/27 (GUARANTEED 4 TRYOUTS)**

# 12UA1 JUNIOR METS- TIER II



- **HEAD COACH: TYLER SLUSARCZYK**
- **ICE HOURS: 3X75 MINUTE SHARED PRACTICES PER WEEK (3.75 HOURS/WEEK)**
- **OPPORTUNITIES FOR 10-20 FULL ICE PRACTICES PER SEASON**
- **DEDICATED WEEKLY OFF-ICE TRAINING PROGRAM**
- **WEEKLY ON-ICE GOALIE DEVELOPMENT**
- **ACCESS TO HUDL AND LIC VIDEO CLASSROOM**
- **LEAGUE: PCAHA U13A**
- **COST: \$3,900**
- **SLUSH FUND EXPECTATIONS (ESTIMATE): UNIFORM: TACKLE TWILL**
- **40-50 SEASON GAMES**
- **1-2 FLYAWAY TOURNAMENTS**
- **TRYOUTS: 4/24-4/27 [GUARANTEED 4 TRYOUTS]**