

NEWSLETTER



The official newsletter of the Irish Youth Hockey League

AUGUST 2023

VOL. 4

UPCOMING EVENTS

- **August 5- Goodman Elite Speed Camp**
- **August 11- IYHL Girls Skate**
- **August 26- Rovers tryouts**
 - 10U AA, 9 am, Ice Box
 - 12U AA, 10:45 am, Ice Box
 - 14U AA, 12:30 am, Ice Box
- **August 26- Back to Hockey Day**
- **August 27- Rovers tryouts**
 - 10U AA, 3 pm, Compton
 - 12U AA, 4:45, Compton
 - 14U AA, 6:30, Compton
- **August 28- Rovers tryouts**
 - 10U A, 5:30 pm, Ice Box
 - 12U A, 7pm, Ice Box
 - 14U A, 8:30, Ice Box
- **August 29- Shamrocks tryouts**
 - 7:15 pm, Ice Box

CURRENT REGISTRATIONS

Register at these links:

- [Shamrock Shoutouts](#)
- [Shamrock Tryouts](#)
- [Road to Rovers & Tryouts](#)
- [House 6U](#)
- [House 8U](#)
- [House 10U](#)
- [House 12U](#)
- [House 14U](#)
- [House League Coach](#)
- [2023 IYHL Volunteer](#)
- [2023 IYHL Sponsor](#)
- [Used Equipment Sale](#)
- [Fall Learn to Play](#)
- [Fall Camp](#)

Do you have used equipment you'd like to sell? [Register here](#) and make some money!

**BACK
TO
HOCKEY**

*August 26
10-2*

- Free T-shirts for ALL!
- Used Equipment Sale
- Food trucks- Kona Ice, Pinyo's Kitchen and Keims Elephant Ears
- 360 Photo Booth
- On-site registration
- IYHL Apparel Sale
- Tape2Tape Sidewalk Sale
- Games
- Learn To Play Gear Pickup

We need your help! [Volunteer for Back to Hockey day here!](#)

Coaching Corner



Anyone planning to be a head or assistant coach must go through the USA Hockey certification process. [Click here](#) to view what those steps are. [MidAm coach clinics are scheduled](#)- register asap!

[House coach registration can be found here.](#)

Select Coach registrations will be posted in September after travel team tryouts.

Player Spotlight



Name: Mason Owens

Current Age: 7-years-old

Years Played: Three years.

Position: Defense

Favorite part of playing in the IYHL: "My favorite part is hanging with the boys and going to tournaments ."

Name: Harper Colburn

Current Age: 10-years-old

Years Played: Five years

Position: Goalie

Favorite part of playing in the IYHL: "My favorite thing about the IYHL is winning the Girl's Ice Festival with the Shamrocks!."



Lessons from the Local Pros

TIPS FOR IYHL PLAYERS/COACHES FROM THE COACHES AT COMPTON AND THE ICE BOX

Compton:

Each ice session should have an educational aspect, and surprisingly, some of the most instructive sessions are the ones with unfavorable outcomes. However, this is perfectly fine. The process of learning thrives through encountering difficulties, and failure should be seen as an opportunity for improvement.

If you don't experience frustration when faced with failure, it's likely that you don't possess a strong competitive spirit. However, more crucial than the frustration itself is the ability to sift through it and extract valuable information. By continually making adjustments, you can learn from your mistakes. The key is to utilize these adjustments to discern between what worked well and what didn't. The earlier you learn to recognize these sensations, the greater your progress will be.

To unlock your true potential and become the best version of yourself, it is essential to develop the skill of listening to the narratives your performance conveys, regardless of whether they are positive, negative, or neutral.

Your IYHL Board

Executive Board



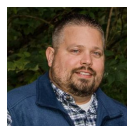
President
Anne Clifford



Vice President
Jay Rizzi

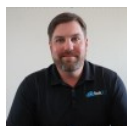


Secretary
Brenna Payne



Treasurer
Brandon Yates

At Large Members



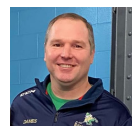
Jim Abercrombie



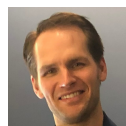
John Alcock II



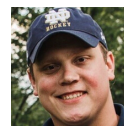
Dave Birchmeier



Nick Dames



Tyler McGregor



CJ Owens



Jon Schubert