TOWN HALL
GRASSROOTS

Online

August 5, 2025 | 7:00pm

BMO GENERATION 26

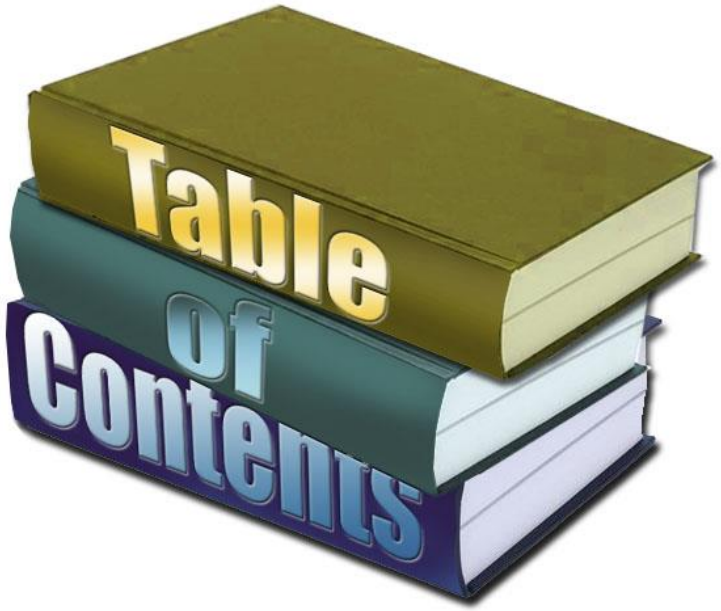
ontariosoccer.net/player-grassroots

grassroots

“Ontario Soccer recognizes that our work, and the work of our membership, takes place on Indigenous territories across Ontario.”

TRUTH AND RECONCILIATION

An Overview



- ❑ **Terms of Reference**
- ❑ **The Grassroots Standards**
  - ➢ How did we get here?
  - ➢ Where We Are Going: Key Differences
- ❑ **Key Areas of Support**
  - ➢ Key Date & Areas of Support
  - ➢ Ongoing Assessment
- ❑ **Ongoing Assessment**
- ❑ **Other Projects**

Before WE Start…

Rules of Engagement

We May Experience…

- ❑Cognitive Dissonance & Justification
- ❑Avoidance of Discomfort
- ❑Fear of the Unknown
- ❑Identity Preservation & Ego Investment
- ❑Secondary Gains
- ❑Learned Helplessness
- ❑Fear of Responsibility or Success

The Why?

- **Consistency in the application of Long-Term Player Development**
- **Address youth dropout by delaying selection & enhancing enjoyment**
- **Better age-stage appropriate development**

Key Outcomes

- Greater Playing & Ball Contact Time
- Reduce Systemic Dropout
- Player-Centered Competition Structure
- Nation-wide Program Alignment

How Did We Get Here?

Long-Term Player Development

DEVELOPMENT MATRIX *MANDATORY for 2014 and beyond, unless implemented prior*

Stage	FUNdamentals	Learning to Train	
**NO SCORES ARE RECORDED AS THERE IS NO PROMOTION OR RELEGATION **			Revision Date: MAY 9th 2013
Age Group	**U8**	**U9 and U10**	**U11 and U12**
Playing Format	4V4 (no GK) 5v5 (with GK)	7v7 (including GK)	9v9 (including GK)
Coaching Requirement	Fundamentals + MED and RiS	Learning to Train + MED and RiS	Learning to Train + MED and RiS**
Squad Size (Game day only)	Max 10 (5v5)	Ideal 9 / Max 12	Ideal 12 / Max 16
Substitutions	Unlimited (on the fly)	Unlimited (any stoppage)	Unlimited (any stoppage)
Practice to playing ratio	2:1 or 3:1	2:1 or 3:1	2:1 or 3:1
Max competition days per outdoor season	20 festivals	20 (including other forms of competition)	20 (including other forms of competition)
Number of competition days per week	1	1	1
Memorable Events	N/A	N/A	U11, 1 event; U12, 2 events.
Recommended Practice Duration	30 – 45 minutes	45 – 70 minutes	45 – 70 minutes
Recommended Playing time	Fair time in all positions	Fair time in all positions	Fair time in all positions
Maximum Game Duration	40 minutes	50 minutes	70 minutes
Playing time per player per festival	Max 60 minutes playing time	Max 80 minutes playing time	Max 80 minutes playing time
Minimum rest between matches	20 min	30 min	30 min
Season length (outdoor or indoor)	12 – 20 weeks	16 – 20 weeks	16 – 20 weeks
Recommended Team Travel Time	30 minutes each way.	45 minutes each way	60 minutes each way
Referee/Game Leader	Game Leader**	Referee	Referee
Throw ins	No (pass ins)	No (pass ins)	Yes
Offside	No	No	Yes
Field width	25 to 30m	30 to 36m	42 to 55m
Field length	30 to 36m	40 to 55m	60 to 75m
Goal Size (no larger than)	5f / 1.52m x 8f / 2.44m	6f / 1.83m x 16f / 4.88m	6f / 1.83m x 18f / 5.49m
Ball size	3 or 4 (or 4 super light*)	4 (or 5 light*)	4 (or 5 light*)

PLEASE NOTE MED = Making Ethical Decisions RiS = Respect in Soccer

Participation mementos (certificates or t-shirts) are allowed at Festivals or other forms of competition. The OSA would encourage clubs / districts organizing Festivals or other forms of competition to move away from participation medals and trophies and look to lower participation costs where possible.

The current LTPD Development Stages (Fundamentals, Learning to Train etc) relate to the different development stages as players develop and are different for males and females. The CSA Coaching courses are tailored to these development stages. At the current time to assist in the understanding and acceptance of changes to competition we have kept competition specific to age groups and consistent for both male and female competition i.e. U8.

- **Better environments for as many players as possible**
  - Age stage appropriate playing formats & coach education
  - Adapted fields, goals & balls
  - Adjusted playing time
  - Reduced travel
  - Festivals over leagues

Ontario Soccer Grassroots Standards

Revised: October 4, 2021

	Active Start	Fundamentals		Learn to Train	
Criteria	**U5 and U6**	**U7**	**U8 and U9**	**U10 and U11**	**U12 and U13**
Match Format	No Formal Matches	3v3	4v4 (no GK) or 5v5 (with GK)	7v7 (including GK)	**U12:** 9v9 (including GK) **U13:** 9v9 or 11v11
Coaching Qualification	Active Start + MED + RiS + MH + EAP	Fundamentals + MED + RiS + MH + EAP	Fundamentals + MED + RiS + MH + EAP	Learn to Train + MED + RiS + MH + EAP	Learn to Train + MED + RiS + MH + EAP
Maximum Match Duration	Informal Play	30 minutes	40 minutes	50 minutes	**U12:** 70 minutes **U13:** 80 minutes
Maximum Match Time per Player per Day	N/A	60 minutes	60 minutes	80 minutes	100 minutes
Minimum Rest Time between Matches	N/A	Duration of 1 match	Duration of one match	Duration of one match	Duration of one match
Maximum Goal Size	Pop-Up Goals 0.91m (3ft) x 1.52m (5ft)	Pop-Up Goals 0.91m (3ft) x 1.52m (5ft)	1.52m (5ft) x 2.44m (8ft)	1.83m (6ft) x 4.88m (16ft)	1.83m (6ft) x 5.49m (18ft)
Field Size	N/A	**Width:** 18-22m **Length:** 25-30m	**Width:** 25-30m **Length:** 30-36m	**Width:** 30-36m **Length:** 40-55m	**Width:** 42-55m **Length:** 60-75m
Ball Size	3	3	3 (or 4 super light)	4 (or 5 light)	4 (or 5 light)
Memorable Events	N/A	N/A	*Two (2) per Year	*Two (2) per Year	**Four (4) per year
Referee or Game Leader	N/A	Game Leader	Game Leader or Small Sided Referee	Small Sided Referee	Referee
Sideline Restarts	N/A	Pass in and Dribble in	Pass in and Dribble in	Pass in and Dribble in	Throw-in
Offside	N/A	N/A	No	No	Yes

Ontario Soccer Grassroots Standards

Revised: October 4, 2021

	Active Start	Fundamentals		Learn to Train	
Criteria	**U5 and U6**	**U7**	**U8 and U9**	**U10 and U11**	**U12 and U13**
Retreat Line	N/A	Yes (Halfway Line)	Yes (Halfway Line)	Yes (One Third)	Yes (One Third)
Substitutions	N/A	Unlimited (any stoppage or during play)	Unlimited (any stoppage or during play)	Unlimited (any stoppage)	Unlimited (any stoppage)
Season Length	6-16 weeks	6-16 weeks	6-22 weeks	10-22 weeks	10-22 weeks
Team Travel Time	Within Organization	***Within Organization	Under 60 minutes each way	Under 60 minutes each way	Under 60 minutes each way
Playing Time	Players all play	Fair time in all positions	Fair time in all positions	Fair time in all positions	Fair time in all positions
Player-to-Coach Ratio	**Ideal** (4:1) **Maximum** (8:1)	**Ideal** (6:1) **Maximum** (8:1)	**Ideal** (8:1) **Maximum** (10:1)	**Ideal** (10:1) **Maximum** (12:1)	**Ideal** (12:1) **Maximum** (16:1)
Practice-to-Match Ratio	N/A	1:1	1:1 or 2:1	2:1 or 3:1	2:1 or 3:1
Structured Practice Duration	30-45 minutes	30-45 minutes	45-60 minutes	60-75 minutes	60-75 minutes
Match Day Roster (Game day only)	N/A	**Ideal:** 6 **Maximum:** 8	**Ideal:** 8 **Maximum:** 10	**Ideal:** 10 **Maximum:** 12	**Ideal:** 12 **Maximum:** 16
Match Day Format	N/A	Festival Format	Festival Format	Festival or League Format	Festival or League Format
Number of competition days per week	N/A	One (1)	One (1)	One (1)	One (1)

ONTARIO SOCCER
EST. 1901

FIFA

"Considering the program is almost exclusively operated by amateur clubs, this is a uniquely ambitious approach. The key principles being adopted are consistent with what we have seen in the very best elite professional club academies across the world. This is a testament to the vision and ambition of Ontario Soccer that they have positioned their development system in this way"

- Ged Roddy, FIFA

Grassroots Standards

CANADA SOCCER

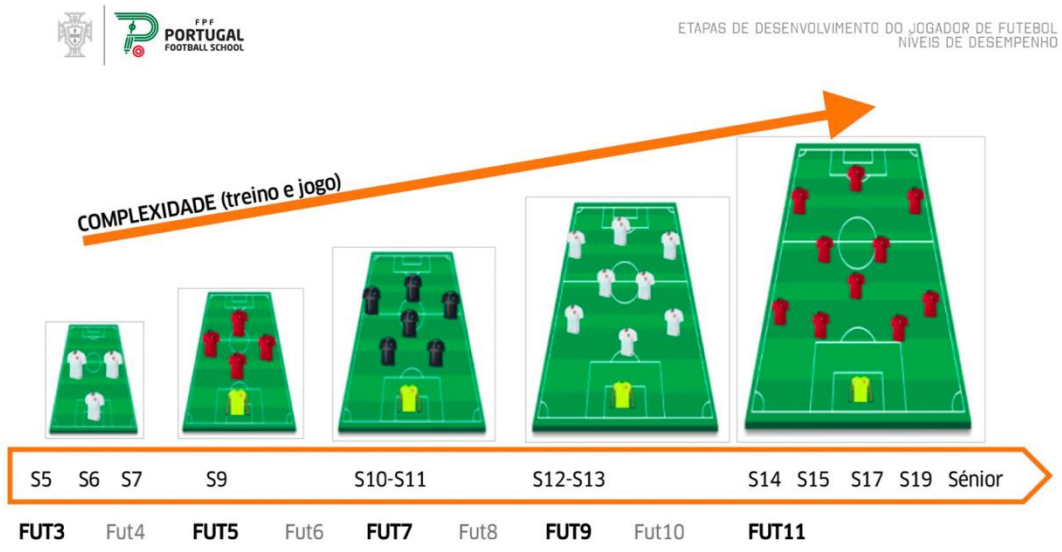
Global Movement

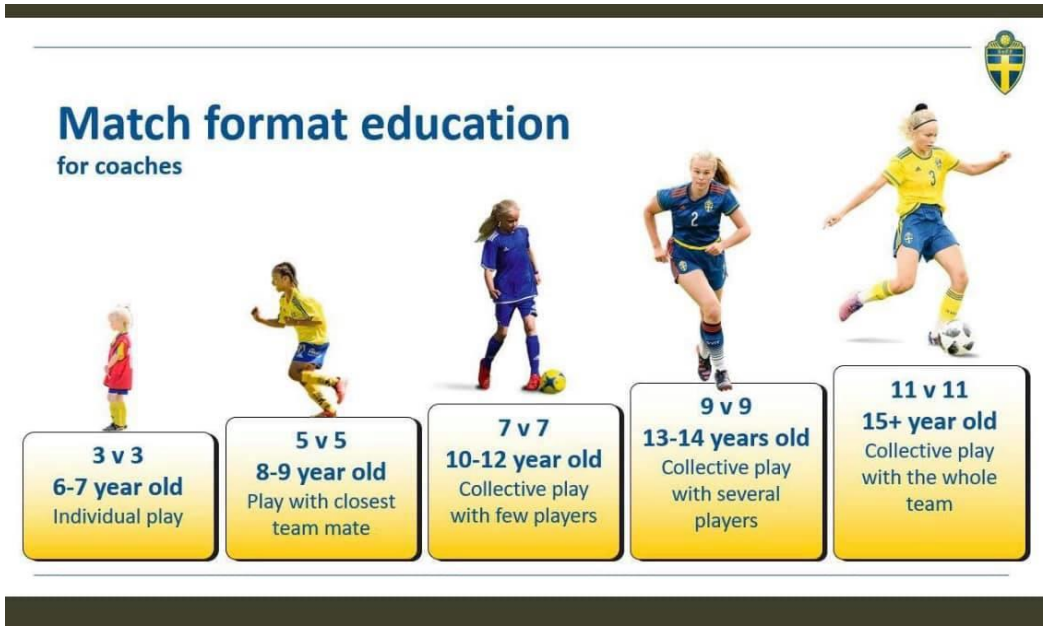
Structuring youth competitions

Member associations, confederations and FIFA have a major responsibility when it comes to structuring youth competitions. Without these age-appropriate competitions, the training cannot be completed. The main principle when structuring competitions is to group together teams of the same level. The ideal solution would be to organise regional competitions by category for grassroots football, and national competitions for the elite (see double pyramid in chapter 1). Compromise solutions exist (e.g. final tournament) if the distances involved or lack of financial means preclude the organisation of championships for a whole season.

Model of a possible youth competition structure (double pyramid, see page 6)

Age of player	Category of young player			Education level
	Regional championships	Elite: national championships	Selections	
21		U-21		Advanced
20		U-21	national U-21	Advanced
19	A	U-20	national U-20	Advanced
18	A	U-19	national U-19	Intermediate
17	A	U-18	national U-18	Intermediate
16	B	U-17	national U-17	Intermediate
15	B	U-16	national U-16	Basic
14	C	U-15	national U-15	Basic
13	C: 11 against 11	U-14	regional U-14	Basic
12	D: 9 against 9	U-13	regional U-13	Grassroots
11	D: 9 against 9			Grassroots
10	E: 7 against 7			Grassroots
9	E: 7 against 7			Grassroots
8	F: 5 against 5			Grassroots
7	F: 5 against 5			Grassroots
6	G: Club football academies			Grassroots
5	G: Club football academies			Grassroots





ONTARIO SOCCER EST. 1901

National Movement

- **The AMM 2023**
- **PTSO Leads Committee**
  - Monthly Meetings

Start 2025/26 Indoor Season

Province-wide Implementation

Grassroots Standards Principles

1. Grassroots Programs should be appropriately structured for the age and stage of the participating players and allow for the opportunity for multi-sport participation, activity sampling, and life balance.
2. Grassroots Matches should be played on fields, with goals and balls, and following a match day format that is developmentally appropriate for the participating players.
3. Coaches have the greatest impact on the experience of players and every child deserves a properly qualified coach.
4. Children register to play soccer, not to watch others play or spend time traveling. Teams should strive for fair playing time and limit travel time as much as possible.
5. Talent Identification and selection should be delayed as long as possible to provide as many players as possible with the best training environment available.
6. Match results should not be the focus of grassroots soccer as this restricts player development and negatively impacts the player experience.

The Key Differences

From Ontario to Canada

The Canada Soccer Grassroots Standards

	ACTIVE START	FUNDAMENTALS		LEARN TO TRAIN	
CRITERIA	**U4-U6**	**U6-U7**	**U8-U9**	**U10-U11**	**U12-U13**
Principle: Grassroots Programs should be appropriately structured for the age and stage of the participating players and allow for the opportunity for multi-sport participation, activity sampling, and life balance.					
Season or Block Length	6-16 weeks	6-16 weeks	6-22 weeks	10-22 weeks	10-22 weeks
Practice-to-Match Ratio	N/A	1:1 or 2:1	2:1 or 3:1	2:1 or 3:1	2:1 or 3:1
Structured Practice Duration	30-60 minutes	30-60 minutes	45-75 minutes	60-75 minutes	60-90 minutes
Number of Match Days per Week	N/A	1 (Respecting the practice-to-match ratio)			
Number of Memorable Events (tournaments)	N/A	N/A	2 per season	2 per season	3 per season

- **Increased training time at all age groups**
- **Increased training:match ratio at U8/9**
- **U12-13 Memorable Event Reduction from 4 to 3**

The Canada Soccer Grassroots Standards

	ACTIVE START	FUNDAMENTALS		LEARN TO TRAIN	
CRITERIA	**U4-U6**	**U6-U7**	**U8-U9**	**U10-U11**	**U12-U13**
Principle: Grassroots Matches should be played on fields, with goals and balls, and following a match day format that is developmentally appropriate for the participating players.					
Match Format (maximum)	Informal Games	3v3	4v4 (No GK) **or** 5v5 (With GK)	7v7	9v9
Maximum Goal Size	N/A	Pop-up Goals 3ft (0.91m) x 5ft (1.52m)	5ft (1.52m) x 8ft (2.44m)	6ft (1.83m) x 16ft (4.88m)	6ft (1.83m) x 18ft (5.49m)
Field Size	N/A	Width: 18-22m Length: 25-30m	Width: 25-30m Length: 30-36m	Width: 30-36m Length: 40-55m	Width: 45-55m Length: 65-75m
Ball Size	3	3	3 or 4	4	U12: 4 U13: 5
Match Duration (maximum)	N/A	30 minutes (2x15 min, or 4x7.5 min)	40 minutes (2x20 min or 4x10 min)	50 minutes (2x25 min or 4x12.5 min)	70 minutes (U12) (2x35 min or 4x 17.5 min) 80 minutes (U13) (2x40 min or 4x 20 min)
Maximum Match Time Per Player Per Day	N/A	60 minutes	80 minutes	100 minutes	120 minutes
Minimum Rest Time Between Matches	N/A		Duration of one match		
Match Day Roster	N/A	Ideal: 6 players Maximum: 9 players	Ideal: 8-10 players (depending on game format) Maximum: 12 players	Ideal: 10-12 players Maximum: 14 players	Ideal: 14 players Maximum: 18 players
Match Day Format	N/A	Festival Format		Festival or League Format	
Referee or Game Leader	N/A	Game Leader	Game Leader or Referee		Referee
Restarts from Sidelines	N/A	Dribble-in and Pass-in			Throw-in
Offside	N/A	No			Yes
Substitutions	N/A	Unlimited (on the fly or at designated stoppages)		Unlimited (any stoppage)	
Retreat Line	N/A	Yes (halfway line)		Yes (one third)	No

- **Ball Sizes**
  - Light balls removed
  - Size 4 at U12
  - Size 5 at U13
- **Rosters Maximums Expanded**
- **Retreat Line removed at U12-13**

The Canada Soccer Grassroots Standards

	ACTIVE START	FUNDAMENTALS		LEARN TO TRAIN	
CRITERIA	**U4-U6**	**U6-U7**	**U8-U9**	**U10-U11**	**U12-U13**
Principle: Coaches have the greatest impact on the experience of players and every child deserves a properly qualified coach.					
Coaching Qualifications	As outlined in the Canada Soccer Coach Education Minimum Standards, Canada Soccer Safe Sport Roster and presented below				
	Grassroots Stream* 1. Criminal Record Check with Vulnerable Sector Screen 2. NCCP Make Ethical Decisions Module and/or Online Evaluation 3. Respect in Sport Activity Leader Program 4. NCCP Making Headway Module 5. NCCP Emergency Action Planning Module 6. NCCP Rule of Two Module				
	Active Start – Online Theory Module and Practical Workshop	Fundamentals – Online Theory Module and Practical Workshop		Learn to Train – Online Theory Module and Practical Workshop	
	Grassroots – Community Stream* 1. Criminal Record Check with Vulnerable Sector Screen 2. Canada Soccer Coaching Soccer in Canada Online Module 3. Respect in Sport Activity Leader Program				
	* these coach qualifications represent the minimum standard for the Grassroots Streams. Member Association may increase the requirements within their jurisdiction.				
Player-to-Coach Ratio	U4: One-with-One (child-with-adult informal play) U6: Ideal: 4:1; Maximum 8:1	Ideal: 6:1 Maximum 9:1	Ideal: 8:1 Maximum 10:1	Ideal: 8:1 Maximum 12:1	Ideal: 8:1 Maximum 14:1

- **Player:Coach Ratios increased for Active Start**
  - U4: Parent and Tot
  - U5: 4:1

The Canada Soccer Grassroots Standards

	ACTIVE START	FUNDAMENTALS		LEARN TO TRAIN	
CRITERIA	**U4-U6**	**U6-U7**	**U8-U9**	**U10-U11**	**U12-U13**
Principle: Children register to play soccer, not to watch others play or spend time traveling. Teams should strive for fair playing time and limit travel time as much as possible.					
Playing Time and Positions	N/A	Fair Playing Time for All Players (Coaches should target a minimum of 50% playing time for each player) Players Try All Positions			
Team Travel Time	Within organization	Under 60 minutes each way			

- **Fair Time in All Positions (principle is equal time)**

The Canada Soccer Grassroots Standards

	ACTIVE START	FUNDAMENTALS		LEARN TO TRAIN	
CRITERIA	**U4-U6**	**U6-U7**	**U8-U9**	**U10-U11**	**U12-U13**
Principle: Talent Identification and selection should be delayed as long as possible to provide as many players as possible with the best training environment available.					
Grouping Players for Match Play	Must support "Open Rosters" that allow the movement players between teams on a regular and ongoing basis				
	Teams cannot be formed using try-outs or other similar evaluation methods				
	Tiering of players is not permitted before U10				
Select Teams	No provincial/territorial or regional select teams before U14.				

- **Open Rosters only with no try-outs**
- **Tiering, as a game day grouping method, can begin at U10**

The Canada Soccer Grassroots Standards

	ACTIVE START	FUNDAMENTALS		LEARN TO TRAIN	
CRITERIA	**U4-U6**	**U6-U7**	**U8-U9**	**U10-U11**	**U12-U13**
Principle: Match results should not be the focus of grassroots soccer as this restricts player development and negatively impacts the player experience.					
Scores and Standings	N/A	No scores or standings			
Scores and Standings in Tournaments	N/A		No		Permitted but not preferred

- **No Scores & Standings across the board**
- **Tournament Play can be introduced at Under-12**

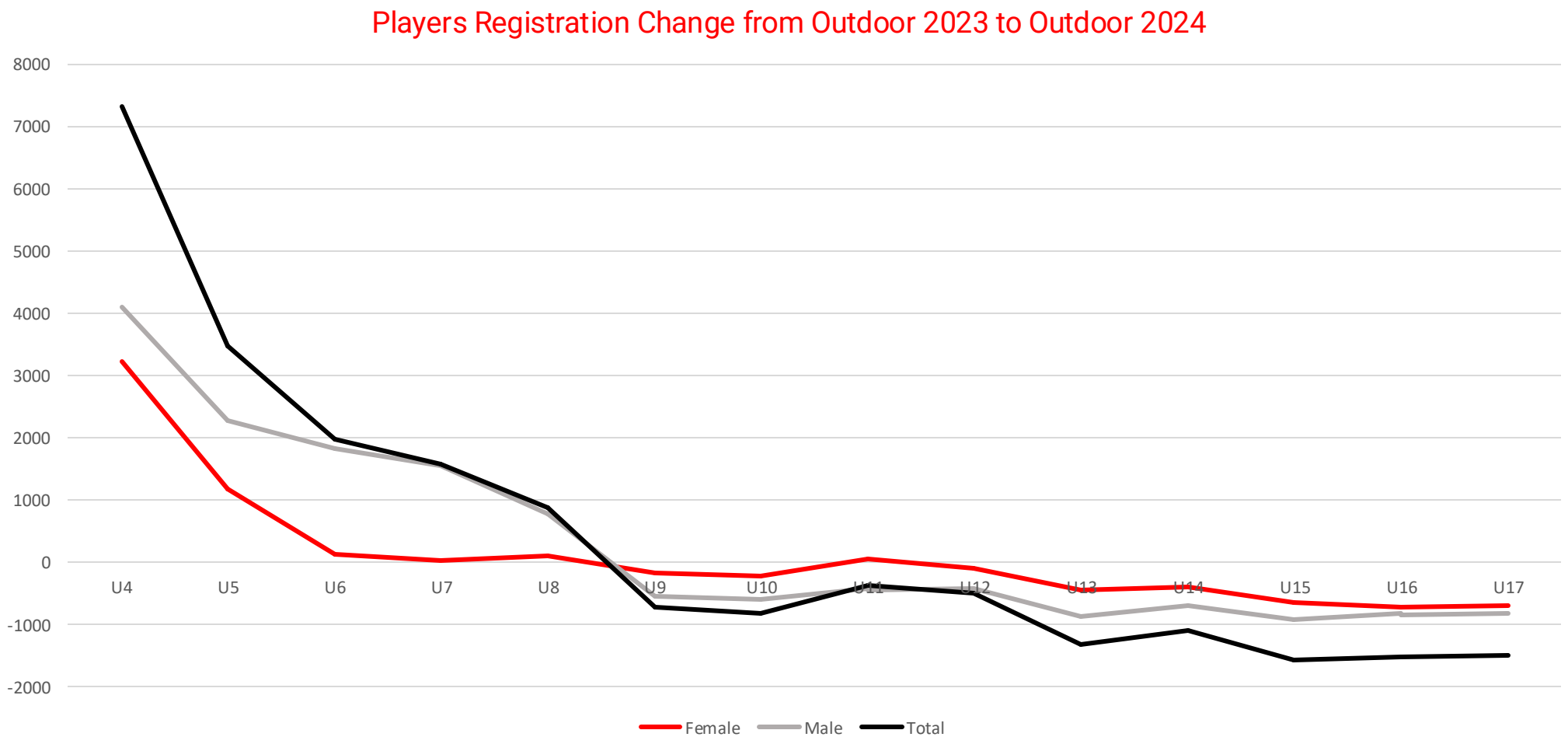
*The Canada Soccer Grassroots Standards have been designed to create the best possible learning and development environment for young players in Canada and will become **mandatory** for all member organizations (clubs, academies, districts/regions, leagues) in Canada in advance of the **2026 playing season**.*

Other Considerations

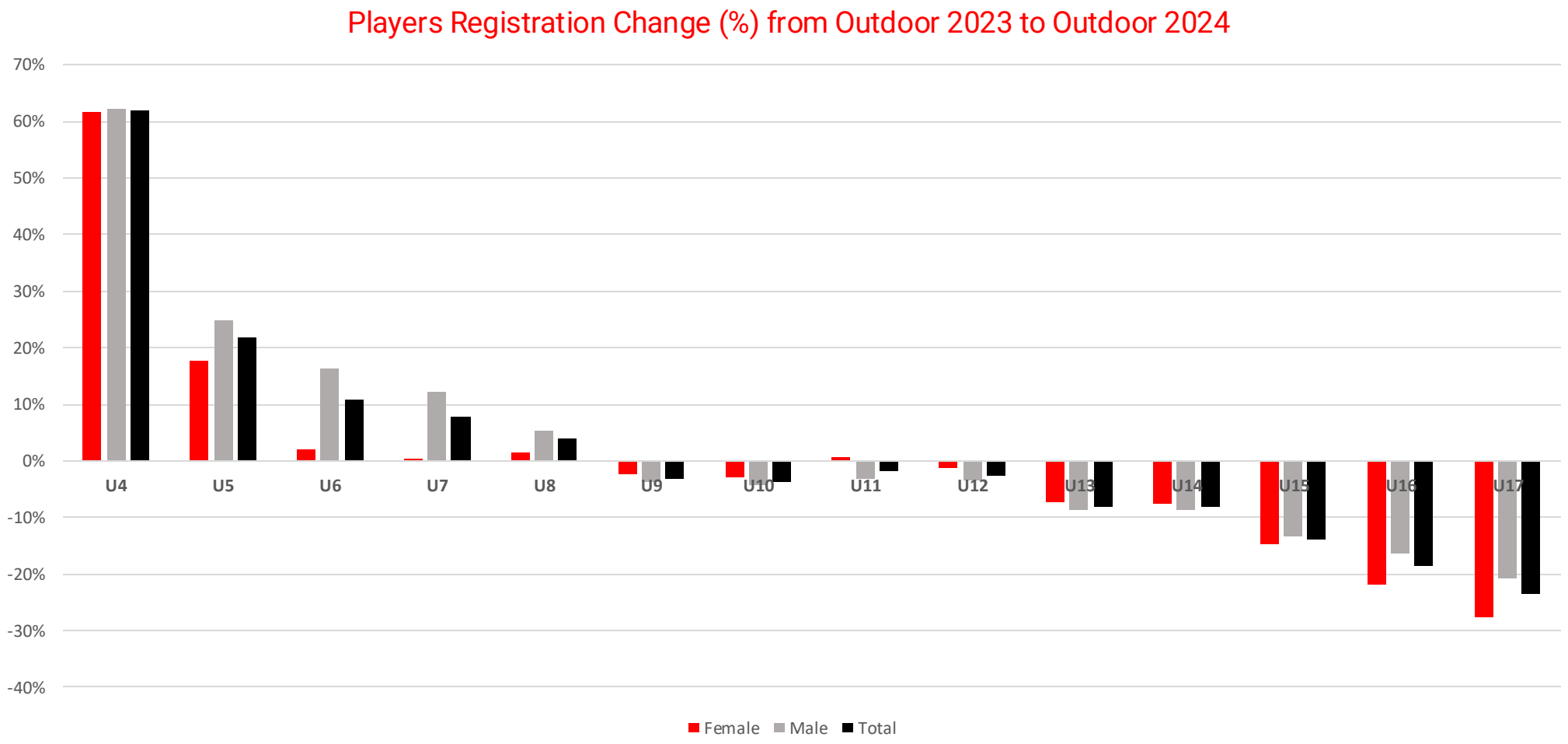
Global Best Practices

- **FIFA recommends players play the same proposed formats**
- **European countries aligning to research produced by Canada in the areas of youth development in sport**
  - England (aligned), Germany (adjusting smaller), Portugal (aligned), Spain (reviewing to align), Sweden (11v11 only at U15), etc.
- **Technical Case Studies show smaller formats:**
  - Increase 1v1 actions as well as touches & combination play
  - Have more final acts
  - Improve related positional play & spatial awareness
- **Top 3 Reasons for Dropout (Persson et al., 2020)**
  - Lack of Enjoyment, Time/School Pressure, Too Competitive/Serious
- **Gender dropout differences (CBC, June 11/2020)**
  - 1/3 girls leave by 16-18 v 1/10 for boys
- **Meta-Analysis of 12 studies (Mollerlokken et al., 2015)**
  - Consistent dropout rates internationally; weighted average of 23.9% from 10-18 years of age
    - Top cited reasons: Negative coach behaviours & external influences

Impacts of Talent Selection



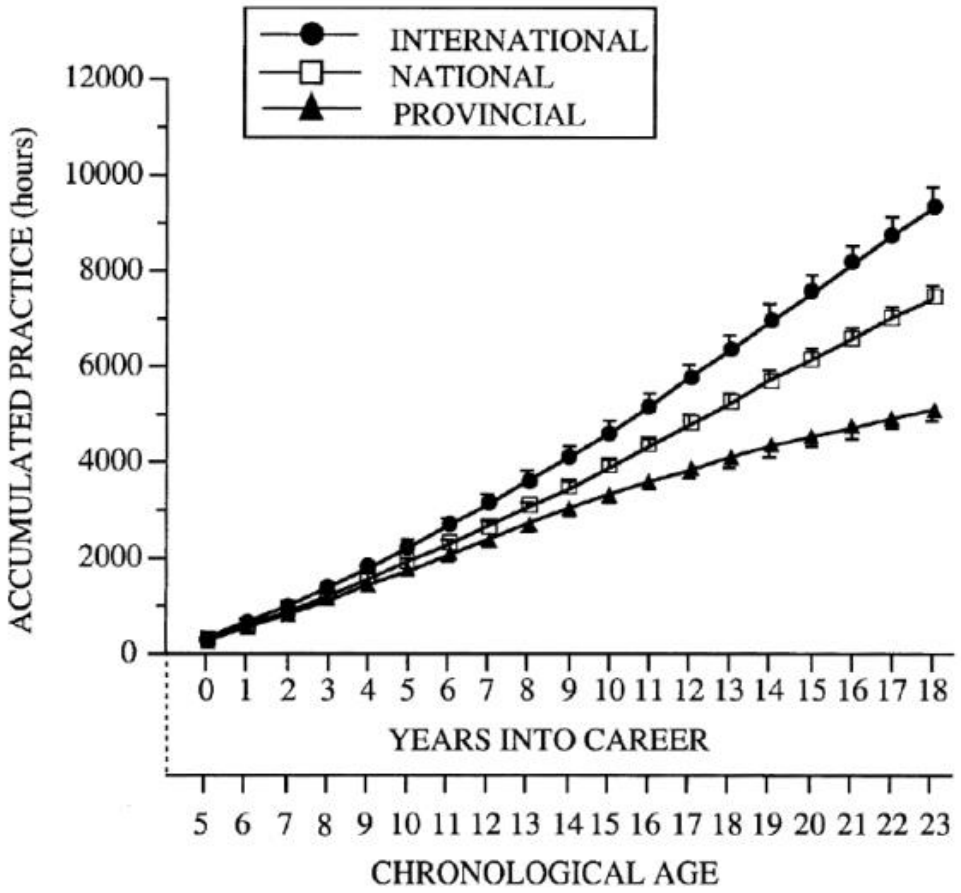
Impacts of Talent Selection



Other Benefits

- **Adjusted playing formats are better aligned to the growth/maturation of each age stage**
- **Aligns to global best practices**
  - Canada looked to as a leader in this space as others implement
- **Delay de-selection until at least Under-14 to reduce Address youth soccer dropout rates**
- **Facilitates embedding of Canada Soccer's philosophy through competition model alignment**
  - Festival-based competitions supporting multi-sport participation
- **Other provinces/territories have already implemented**
  - BC, PEI, New Brunswick, NWT, Nova Scotia & Manitoba have already adopted the Grassroots Standards; Quebec & Saskatchewan to follow

The Training Environment



- **Effect of accumulated hours over time…**

- **Moderators:**
  - Club DNA
  - Coaching Quality
  - Facility Access
  - Peak Support

Helsen, W.F., Hodges, N.J., Van Winckel, J. & Starkes, J.L. (2000). *The roles of talent, physical precocity and practice in the development of soccer expertise. Journal of Sports Sciences, 18(9).*

The Training Environment

- "Coaches were keen on the use of opposed **chaotic training sessions** and were somewhat aware these led to **implicit learning** in players through exposure to **failure** and encouraged the use of conditional knowledge to develop players who were able to **perform actions** beyond the basic tactics the academy taught them."

Cavallerio, F., Keyesb, H., Maskella, C., van Paridona, K.N., and Timmisa, M.A. (2024). *Coaches' experience of the importance, development and integration of decision-making and visual exploratory behaviour in an elite football academy setting. Sports Coaching Review, DOI: 10.1080/21640629.2024.2343573.*

9v9

FutureFit

What does this mean for my team?

	2024/25	2025/26	2026/27	2027/28	2028/29	2029/30
U7	5v5	5v5	3v3	3v3	3v3	3v3
U8	5v5	5v5	5v5	5v5	5v5	5v5
U9	7v7	7v7	5v5	5v5	5v5	5v5
U10	7v7	7v7	7v7	7v7	7v7	7v7
U11	9v9	9v9	7v7	7v7	7v7	7v7
U12	9v9	9v9	9v9	9v9	9v9	9v9
U13	11v11	11v11	9v9	9v9	9v9	9v9
U14	11v11	11v11	11v11	11v11	11v11	11v11
U15	11v11	11v11	11v11	11v11	11v11	11v11
U16	11v11	11v11	11v11	11v11	11v11	11v11

ENGLAND FOOTBALL

Cambridge vs. Whitby
9v9 & 11v11 Match Data

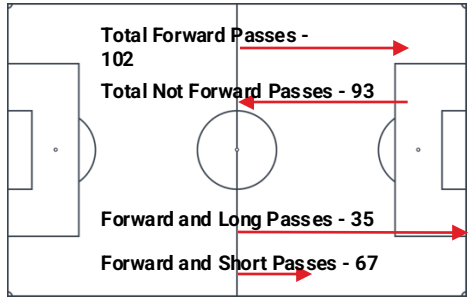
Match Data Details:

1. 9v9 Match - April 22, 2023 @ BMO Training Ground (TFC)
   1. 40 min match
2. 11v11 Match - May 6, 2023 @ Redeemer
   1. 80 min match (Data divided by 2 for appropriate comparison)
3. Standing Level as of July 20th, 2023
   1. Cambridge - 9th in U13 Boys West
   2. Whitby - 8th in U13 Boys East
4. Further Data can be found in Appendix

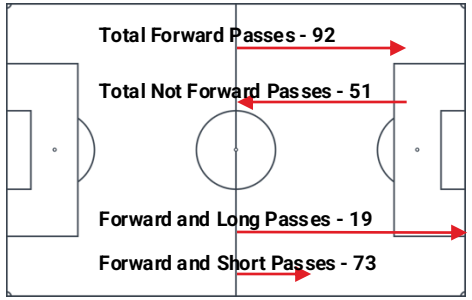
How the Goals were Scored

9v9 - Cambridge (1) vs Whitby (2)		11v11 - Cambridge (1) vs Whitby (2)	
First Half Goals Cambridge (1)	First Half Goals Whitby (1)	First Half Goals Cambridge (1)	First Half Goals Whitby (1)
Second Half Goals Cambridge (0)	Second Half Goals Whitby (1)	Second Half Goals Cambridge (1)	Second Half Goals Whitby (3)
Direct Free Kick (1)	Corner (1), Open Play (1)	Penalty (1)	Penalty (1), Corner (1) Open Play (2)

9v9 Passing Totals



11v11 Passing Totals



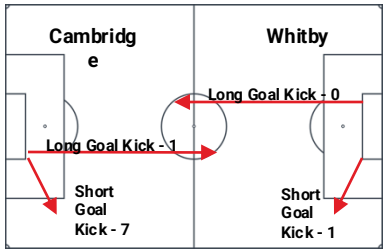
9v9 Attacking 1v1 Data

11v11 Attacking 1v1 Data

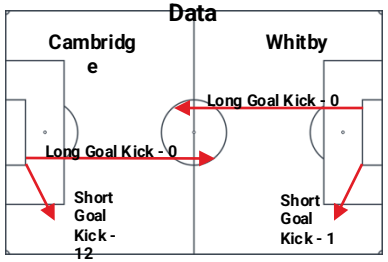
Live Play Involvement:

1. Cambridge GK (7)
2. Whitby GK (16)

9v9 Goal Kick Data



11v11 Goal Kick Data



Live Play Involvement:

1. Cambridge GK (3)
2. Whitby GK (5)

London TFC Academy vs. Aurora
9v9 & 11v11 Match Data

Match Data Details:

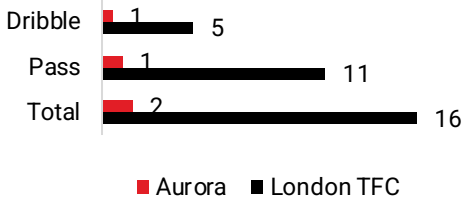
1. 9v9 Match - April 22, 2023 @ BMO Training Ground (TFC)
   1. 40 min match
2. 11v11 Match - May 6, 2023 @ Redeemer
   1. 80 min match (Data divided by 2 for appropriate comparison)
3. Standing Level as of July 20th, 2023
   1. London TFC - 7th in U13 Boys West
   2. Aurora - 13th in U13 Boys East
4. Further Data can be found in Appendix

How the Goals were Scored

9v9 - London TFC (1) vs Aurora (0)		11v11 - London TFC (5) vs Aurora (1)	
First Half Goals London TFC (1)	First Half Goals Aurora (0)	First Half Goals London TFC (2)	First Half Goals Aurora (0)
Second Half Goals London TFC (1)	Second Half Goals Aurora (0)	Second Half Goals London TFC (3)	Second Half Goals Aurora (1)
Open Play (1)		Open Play (4), Corner (1)	Open Play (1)

9v9 Final Zone Entry

11v11 Final Zone Entry



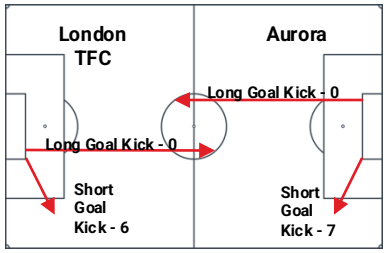
9v9 Final Acts

11v11 Final Acts

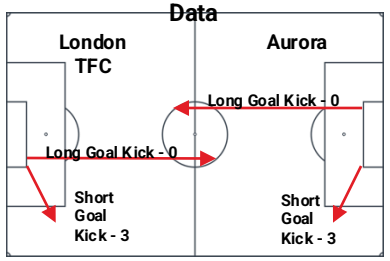
Live Play Involvement:

1. London TFC GK (11)
2. Aurora GK (4)

9v9 Goal Kick Data



11v11 Goal Kick Data



Live Play Involvement:

1. London TFC GK (5)
2. Aurora GK (3)

FC Durham Academy vs. Rush Canada 9v9 & 11v11 Match Data

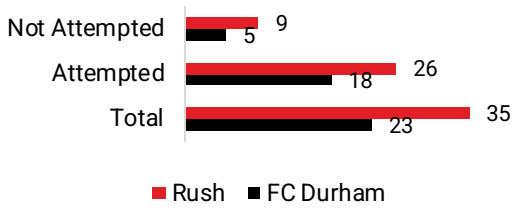
Match Data Details:

1. 9v9 Match - April 22, 2023 @ BMO Training Ground (TFC)
   1. 40 min match
2. 11v11 Match - May 6, 2023 @ Ontario Soccer Centre
   1. 80 min match (Data divided by 2 for appropriate comparison)
3. Standing Level as of July 20th, 2023
   1. FC Durham - 9th in U13 Boys East
   2. Rush - 8th in U13 Boys West
4. Further Data can be found in Appendix

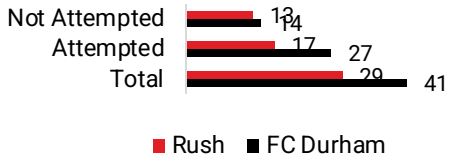
How the Goals were Scored

9v9 FC Durham (3) vs Rush (0)		11v11 - FC Durham (2) vs Rush (3)	
First Half Goals FC Durham (2)	First Half Goals Rush (0)	First Half Goals FC Durham (1)	First Half Goals Rush (1)
Second Half Goals FC Durham (1)	Second Half Goals Rush (0)	Second Half Goals FC Durham (1)	Second Half Goals Rush (3)
Open Play (1)		Open Play (2)	Penalty (1), Open Play (2)

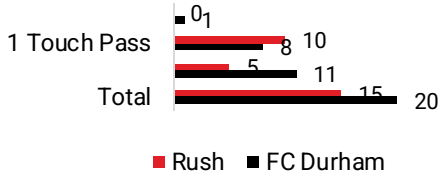
9v9 Attacking 1v1 Data



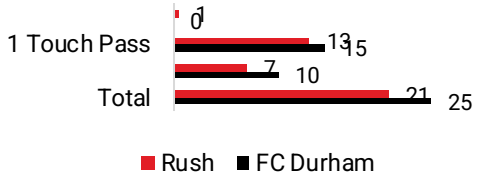
11v11 Attacking 1v1 Data



9v9 High Speed Action Data



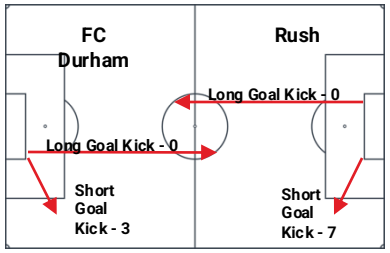
11v11 High Speed Action Data



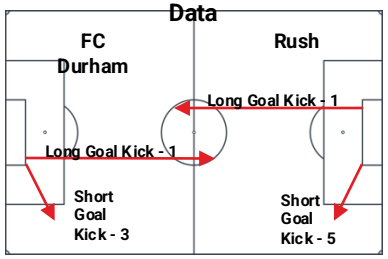
Live Play Involvement:

1. FC Durham GK (3)
2. Rush GK (7)

9v9 Goal Kick Data



11v11 Goal Kick Data



Live Play Involvement:

1. FC Durham GK (3)
2. Rush GK (5)

Key Areas of Support

Key Areas of Support Summary

- **Memorable Event** – Establish strategy for local implementation
- **Equipment Provider** – Find partner to provide, at reduced rate, key tools (i.e. goals)
- **Municipality Engagement** – Letters to field providers on the 'why'
- **Resource Development** – Deploy content to support messaging & standards
- **Townhalls** – Deliver regional, virtual & in-person offerings to engage stakeholders

Club Leadership Connects

- ❑Set a minimum of one meeting in each district to engage with Club Leads
- ❑Empower leaders to champion concepts
- ❑Learn about unique challenges for ongoing enhancements

Equipment Provider

- ❑ **Partnership agreement close to completion to provide equipment to membership at preferred rates over multiple years**
- ❑ **Launch to allow clubs opportunity to purchase ahead of 2026 Outdoor**

Flexibility

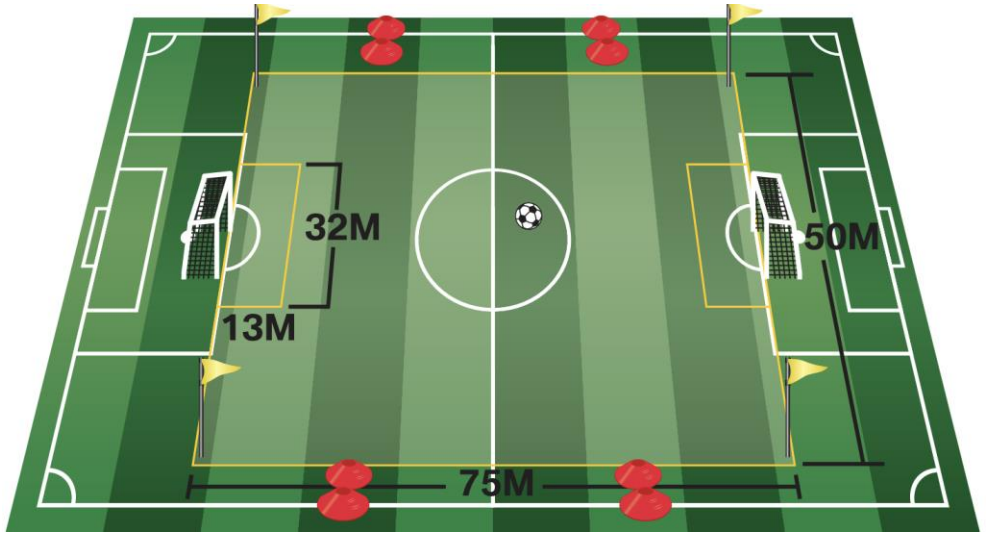
- **Memorable Events**
  - Tournament play to be permitted at U12 & U13
    - NYCL Host only in 2026
    - NYCL & MA2 Host in 2027
- **9v9**
  - Field Dimensions
    - Width of 11v11 @ U12
    - Box-to-Box @ U13
- **Travel Restrictions**
  - Work with specific districts on tailored affordances

Municipality Engagement

- **Support discussions, directly or indirectly, between districts/clubs with municipalities**
  - Field inventory expansion
  - Field configuration

Resource Development

- ❑ **Launch key resources to support education & implementation**
- ❑ **Including, but not limited to:**
  - ❑ Case Studies (ie. 9v9)
  - ❑ Festival Organization Guide
  - ❑ Field Organization Guide
  - ❑ Game Organization Guide
  - ❑ Video Content



Ongoing Assessment

2026: Post-Implementation

- **Ongoing Review & Research**
  - ❑Monitor global best practices for further applicable insights to Canada
    - ❑Timelines & process
  - ❑Other Areas to Gather Data
    - ❑Ball Running Time
    - ❑Impacts of the Retreat Line
    - ❑Coach & Parent Behaviour
    - ❑Impacts of Field Dimension
    - ❑Player Retention Trends
    - ❑Other?

Example of Continued Research

- **Under-8's and Restarts**
  - Some Findings
    - Ball Running Time = 46-53%
      - Reduces when introducing Corner-Kicks (37s on average)
      - Dribble & Pass-Ins take only 25s on average
    - Further Coach & Match Official Education needed in these areas
    - Further research needed across other areas

Other Projects

TECHNICAL DEVELOPMENT PLAN

2025 - 2036

ONTARIO SOCCER

BMO

GENER26ATION

Gen26 Campaign Vision

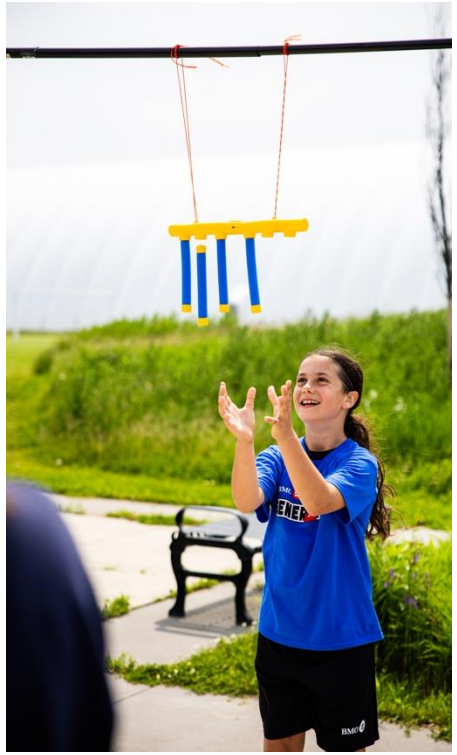
Soccer in every Ontario home.

Gen26 Campaign Mission

Ontarians unite under a common goal of pursuing their unique soccer journeys as members of GeneratiON26.

GeneratiON26 - Overview

- Campaign officially kicked off on June 9 with Grassroots festival at Zanchin Automotive Soccer Centre in Vaughan (Ontario Soccer HQ)
- Ontario Soccer will host key GeneratiON26 'Anchor' Events such as Grassroots Festivals and Soccer Day in Ontario



Club Initiatives

Club Parties

- Clubs can host parties, bringing their community together and create a great atmosphere of soccer, fun, and celebration!

Soccer Festivals & Try-it Events

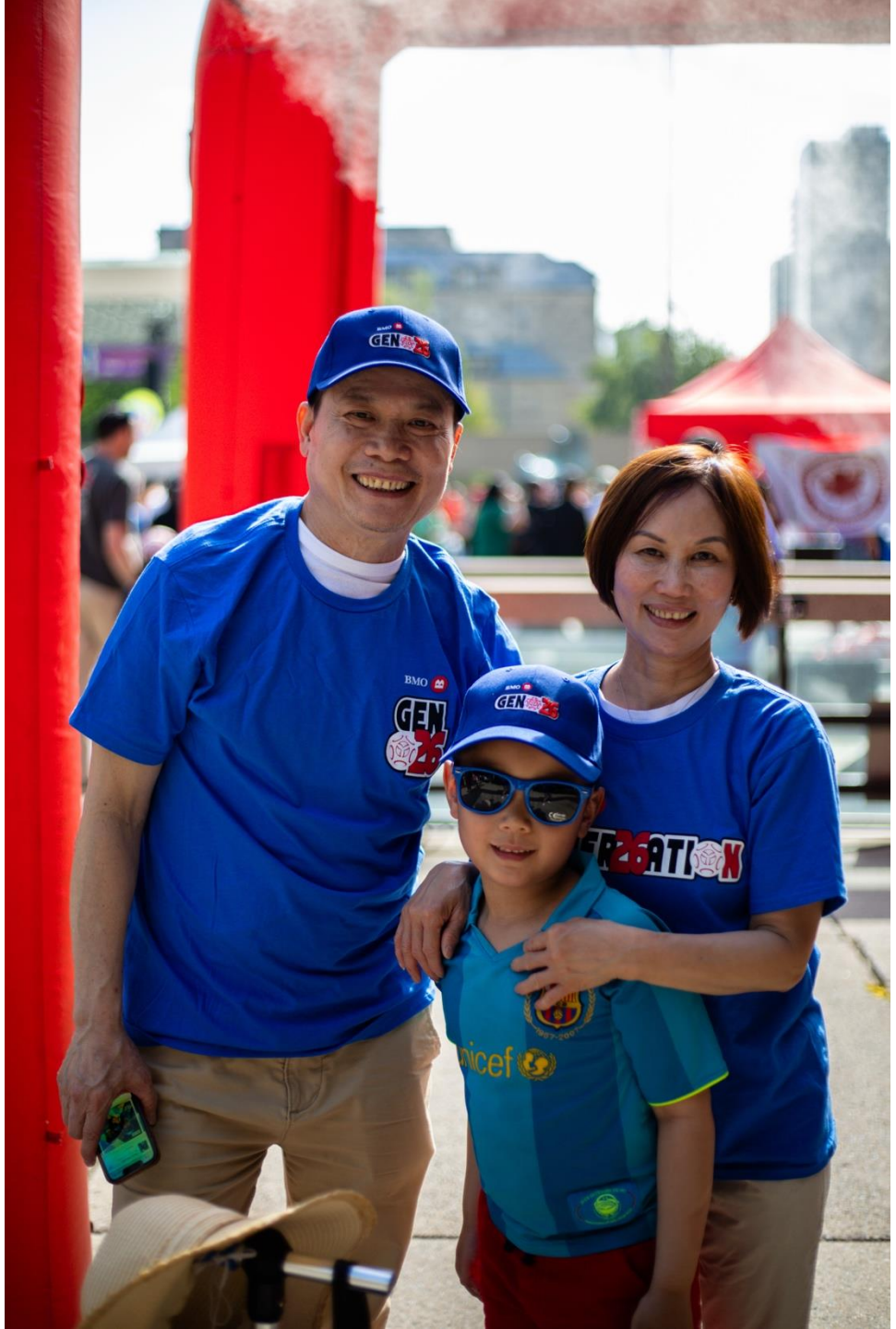
- Clubs can organize soccer festivals with a Global Celebration theme and invite anyone new to soccer – all ages to try it out! Something for everyone!

Second Language Festivals

- Host a newcomer festival fully in a second language (Punjabi, Mandarin, Urdu, etc.)

Cultural Festivals

- Host a booth at major cultural festivals that promotes your Club and the GeneratiON26 brand



ONTARIO SOCCER EST. 1901

BMO GENERATION

The Culture

- ❑If you have a problem and don’t ask for help, you’re preserving it.
- ❑If you ask for help, then reject the solution without trying it, you’re protecting it.
- ❑If others and the evidence are telling you there’s a problem, you’re denying it.
- ❑Either way – at that point, the problem isn’t the problem. You are.

ONTARIO SOCCER
EST. 1901

Thank You!

Development Department

Thank you to our Partners who help us #PlayInspireUnite.

PREMIER PARTNERS

CIRCLE K
TORONTO FC
BMO
DAIRY FARMERS of ONTARIO Milk EST. 1965
CANADIAN PREMIER LEAGUE - PREMIÈRE LIGUE CANADIENNE

APPAREL AND EQUIPMENT PARTNER

oneills

OFFICIAL MEMBER REGISTRATION TECHNOLOGY PARTNER

POWER UP

OFFICIAL SUPPLIERS

GATORADE
veo
HUB
NOTHERS THE AWARD STORE
hudl

SPORT PARTNERS

CANADA
Ontario
RESPECT in SPORT
CANADIAN WOMEN & SPORT