



# Edina Wrestling



## Why Wrestle Freestyle & Greco:

Fun Tournaments • Focus on the Feet • Sharpen Technique  
Mat Time • Wrestling Experience

## EWC COACHES

### **Ryan Stroud – Grades K-5**

- Two-time Wisconsin State Placewinner
- Wrestled at Augsburg University
  - Two-time NCAA team National Champions
  - NCAA National Qualifier
- Augsburg University Assistant Coach 2010-2013
- Edina High School Assistant Coach 2018-Present

### **Brent Jones – Grades 6-12**

- Four-time Minnesota Individual State Champion
  - HS Career Record 164-6
- Four-time Fargo Cadet/Junior All-American
- National Wrestling Association All-American
- Wrestled for the Minnesota Gophers

### **Gannon Volk - Grades 6-12**

- Two-time Minnesota State Placewinner (2nd & 4th)
- Five-time Fargo Cadet/Junior All-American (2X Champion)
- Wrestled for the Minnesota Gophers (All-Academic Big Ten Team)
- U17 USA World Team Member

## DIVISIONS

### **PreK-5th Grade (Fundamentals & Fun) \$100**

- When: Thursdays 6PM-730PM, March 28 to May 2
- Where: Edina High School Wrestling Room

### **Grades 6-12 (Freestyle & Greco) \$200**

- When: Mondays & Wednesdays 6PM-730PM, March 4 to May 1
- Where: Edina High School Wrestling Room

*\*USA Wrestling Card Required*

*\*Email questions to [edinawrestlingclub@gmail.com](mailto:edinawrestlingclub@gmail.com)*

**sign up at [www.edinawrestling.org](http://www.edinawrestling.org)**