

2024 Sweetheart Tournament Rules

The tournament uses the official 2023-2024 WIAA High School Rules except as modified below.

1. Game/Playing Time:
 - 18 minute halves; Running clock w/stop clock in the last 2 min. of each half
 - 3 minute halftime & minimum of 3 minutes between games (only if behind), otherwise as scheduled
 - 1st Overtime - 2-minute extra period with stop clock (one minute between periods)
 - 2nd Overtime – Sudden death period with no clock, first team to score wins.
 - Timeouts – Three (3) timeouts per game; One (1) per overtime period (no carryovers allowed)
2. Player/Coach Conduct and Technical, Intentional, & Flagrant Fouls:
 - Coach Conduct – Inappropriate conduct by coaches will be addressed at the discretion of the referees.
 - Technical & Intentional Fouls – Results in automatic 2 points & ball possession for the other team. Player/Coach will be ejected from the game upon a 2nd technical/intentional foul.
 - Flagrant Foul - Results in automatic 2 points and ball possession for the other team as well as ejection from the gymnasium. Any players/coach using profanity directed toward an official during a game will be charged with a flagrant technical foul and ejected from the gymnasium.
3. Spectator Conduct:
 - If an official deems the conduct of a team's spectators to be inappropriate, one verbal warning will be given to that team's head coach. Thereafter, any further occurrence by a team's spectators will result in a technical foul assessed against that team's head coach. Also, officials have full discretion to have spectators removed from the gym without penalty to either team. Official's decisions with respect to this rule are final.
4. Free Throw Line:
 - Standard for 6th through 8th grades. 3rd - 5th grade line is 2 feet closer.
5. Half Court Defensive Play:
 - 7th & 8th Grade - Any style of defense is permissible.
 - 3rd - 6th Grade - Teams may not use a zone defense or a half court trapping defense once the ball crosses the half court line. No double-teaming at the half court line. Man-to-Man defense only, help side defense in the lane area is allowed. A defensive player should actually guard an offensive player and not retreat to a spot or position on the floor.
6. Back Court Pressure:
 - 6th-8th Grade - No rules prohibiting back court pressure throughout the game until a team has attained a fifteen point (or more) lead.
 - 3rd - 5th Grade - No defensive player is allowed in the opponent's backcourt until the last two minutes of the game and overtime. Any type of back court defense may be implemented during the allowable period. The restriction begins once the defense secures the rebound or gains possession (complete control) of the ball. No backcourt pressure by a team with a 15 or more lead.
7. Team Rosters:
 - Must consist of players on the official team roster submitted. Players may only participate for one team in any and all grade levels. No exceptions unless approved by the Tournament Director.
8. No Carry-Ins, please:
 - The Sweetheart Tournament is our club's main fundraising event. We appreciate your business at our concession stand with a great selection of items. Thank you!