



TOWN HALL

Indoor Volleyball Return to Play New Government Zone System

NOVEMBER 16, 2020

Volleyball for Life

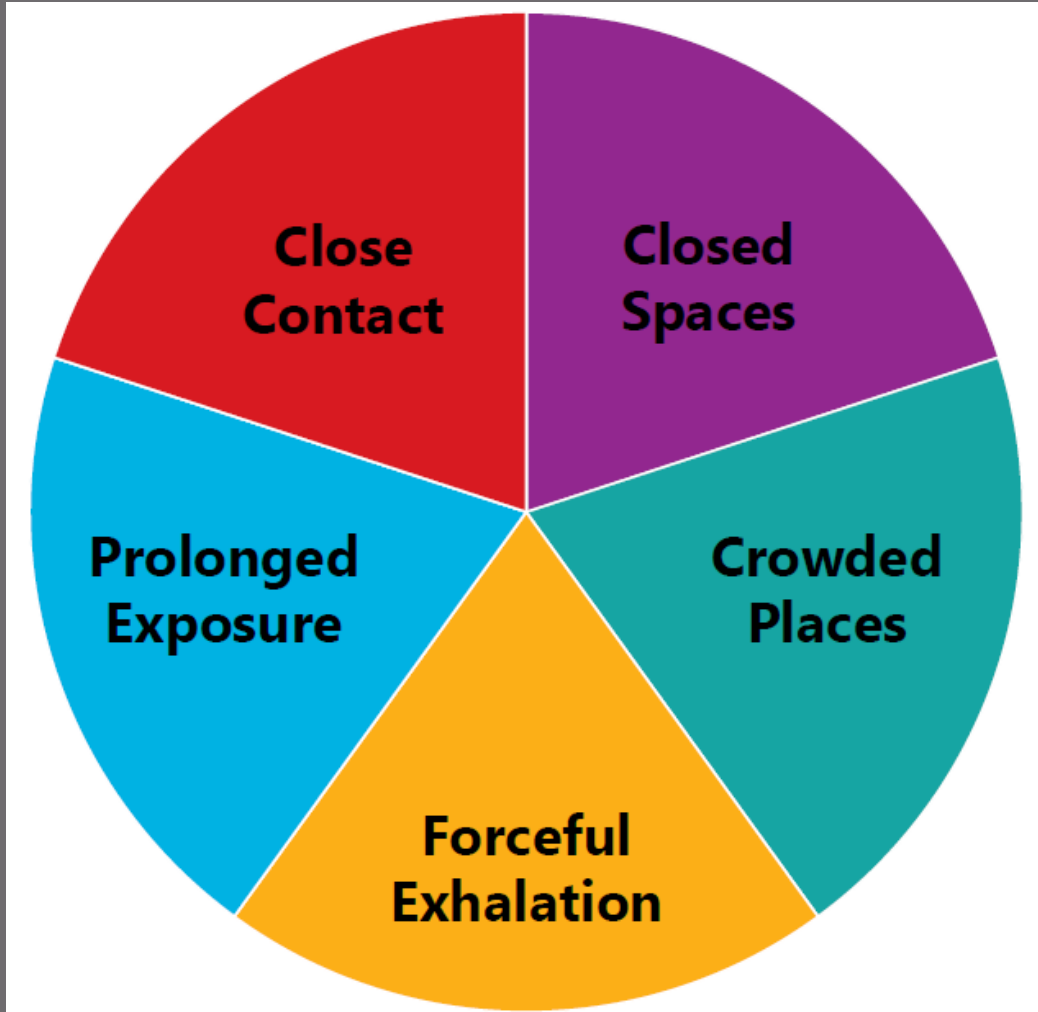


AGENDA

1. New Ontario Zone System
2. Translate to Volleyball
3. Additional Protective Measures
4. Q&A
5. Future Town Halls Schedule



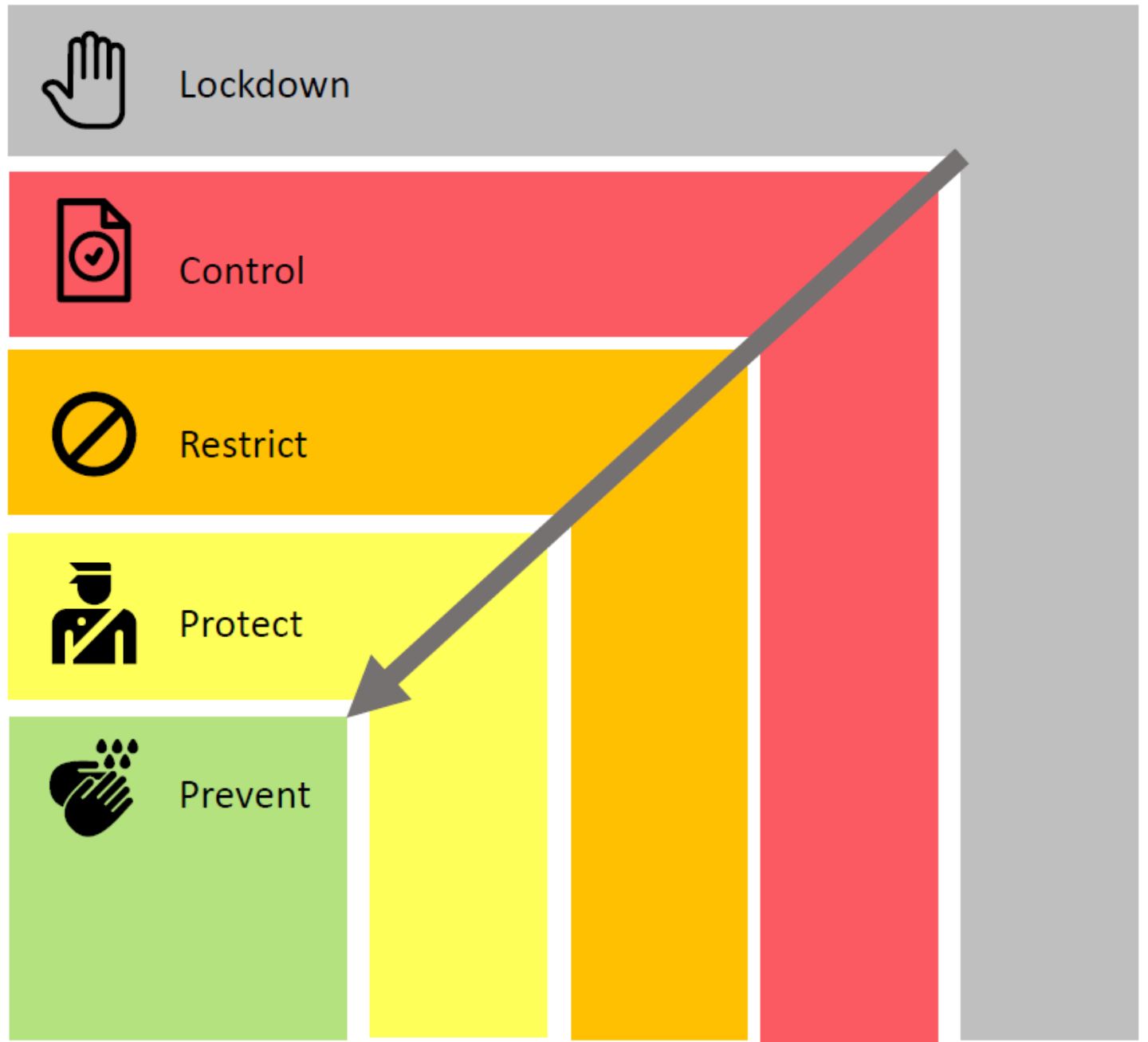
Key Risk Factors of Potential Transmission



- Limiting these risks is critical to keeping Ontario open and safe
- **Close contact is the highest risk**
- Understand risks to understand how to mitigate and make informed choices
- Personal and Public Health Measures for ALL zones
 - Physical distancing
 - Staying home when ill
 - Frequent handwashing and surface cleaning

Framework

- Goal every region – “Prevent”
- Designed to ‘Ladder down or up’
- Measures are scaled back or implemented progressively level by level
- Measures cautiously dropped – level by level, ensure no significant impacts



Lockdown Level

- Maximum Measures are in place
- No activity
- No regions at this time



LOCKDOWN

(Maximum Measures)

Implement widescale measures and restrictions, including closures, to halt or interrupt transmission (Return to modified Stage 1 or pre-Stage 1).

Consider declaration of emergency.

Stage 1

Control Level

Gathering limit for organized public events and social gatherings:

- 10 people indoors
- 25 people outdoors
- Team sports training only (no games or scrimmage)
- No contact permitted
- Physical distancing is required at all times



CONTROL (Stringent Measures)




Implement broader-scale measures and restrictions, across multiple sectors, to control transmission.

Restrictions are the most severe available before widescale business or organizational closure.

Stage 2

Must maintain physical distance at all times

Prevent – Protect - Restrict

 PREVENT (Standard Measures)	 PROTECT (Strengthened Measures)	 RESTRICT (Intermediate Measures)
<p>Focus on education and awareness of public health and workplace safety measures in place.</p> <p>Restrictions reflect broadest allowance of activities in Stage 3 absent a widely available vaccine or treatment.</p> <p>Highest risk settings remain closed.</p>	<p>Enhanced targeted enforcement, fines, and enhanced education to limit further transmission.</p> <p>Apply public health measures in high risk settings.</p> <div data-bbox="621 1016 1396 1196"> <p>Stage 3</p> <p>Sports play no physical contact allowed</p> <p>Breach physical distance allowed</p> </div>	<p>Implement enhanced measures, restrictions, and enforcement avoiding any closures.</p>

Gathering limit for organized public events:

- 50 people indoors
- 100 people outdoors
- Sports can be played if modified to avoid physical contact
- Only while playing sports can physical distancing be breached
- League limit 50 players and no outside league play
- Stage 3 Return to Play Protocol

Yellow/Orange Further Regulations

Yellow and Orange

- Physical Distance increases to 3 metres in weights/exercise machines area
- Contact tracing information collected
- Safety plans required
- Reservation required to enter facility
 - One per team

Orange Zone

- No spectators



RESTRICT

(Intermediate Measures)



PROTECT

(Strengthened Measures)

Return to Play Protocols

- Government Regulations
 - Operate legally
- Insurance
- Volleyball Canada
- Ontario Volleyball



Ontario Volleyball Protective Measures

Masks

Masks are required by all participants at all times.

- If necessary, exemptions allowed
- Athletes should change masks, as soon as damp
- See studies and info posted on OVA website and Coach Academy
 - From University of Saskatchewan - *'wearing a face mask during vigorous exercise had no discernable detrimental effect on blood or muscle oxygenation, and exercise performance in young, healthy participants.'*
- Recent Incident
 - Asymptomatic Covid positive athlete participated in scrimmage – masks worn
 - Local public health classified this as a 'casual interaction' not close contact
 - Participants required to self-monitor not self isolate
 - No other positive cases





Ontario Volleyball Protective Measures

Indoor Friendlies - Red Zone to Orange/Yellow/Green Zones

- Government advice is to restrict non-essential travel from areas of high-transmission to areas of low transmission
- Red zone participants are not permitted to compete in OVA Indoor Friendlies events.
- Indoor Friendlies are limited to orange/yellow/green zone participants



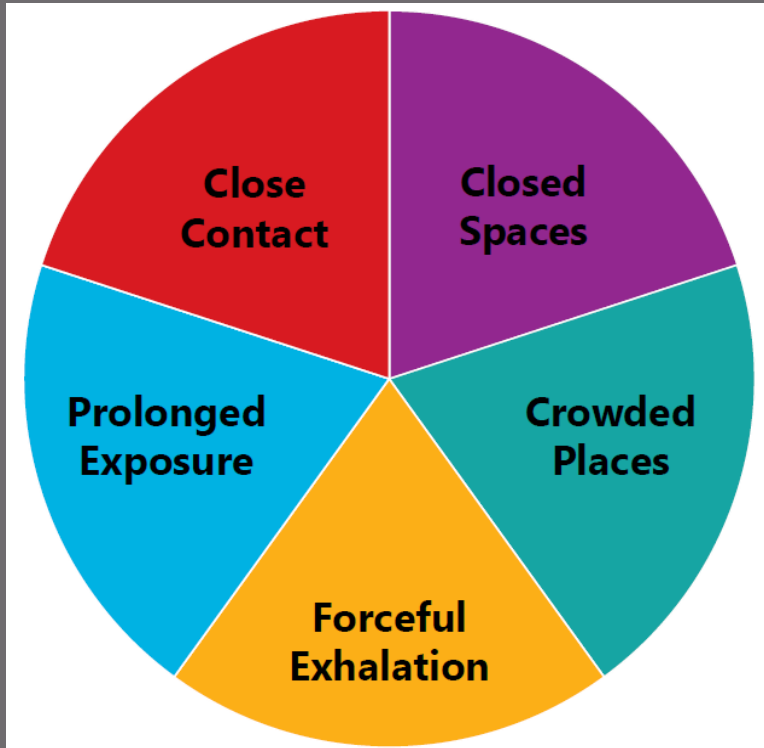
Return to Play Protocols

- Government Regulations
 - Operate legally
- Insurance
- Volleyball Canada
- Ontario Volleyball
- Local Public Health Authorities
- Facilities/Permit Issuers
- Club



Be knowledgeable and respectful of protocols. Be safe.

Risk Factors



- Review protocols
- Assess your own risk and comfort level
- Then choose whether to participate or not
- Consider further ways to mitigate risk

‘Being Comfortable with Being Uncomfortable’



Questions?



ONTARIO
Volleyball





OVA Town Hall Schedule

Monday November 30th @ 7:00pm

- Indoor Youth Competitions Update

Monday December 14th @ 7:30pm

- Referee Update

Thank-you OVA community!



OVA