

September 13-November 7th									
Sunday		Monday		Tuesday	Wednesday		Thursday	Friday	Saturday
3:00-4:00 (30 min of instruction 3:30-4)	3:30-5:30	3:00-6:15	4:45-6:15	3:00-5:00	3:00-5:00		3:00-5:00	3:00-5:00	2:00-5:00
Solo Competition practice	Lessons OK	Lessons OK	Lessons OK	Lessons OK	Lessons OK		Lessons OK	Lessons OK	Lessons OK
<b>Starts SEPT 13</b>		9/14-10/5		9/15-10/6 ONLY	9/16-10/7 ONLY		9/17-10/8 ONLY	9/18-10/9 ONLY	9/12-10/10 ONLY
4:00-4:45	4:00-4:30	4:45-5:45			4:45-6:00		6:00-6:30		
JUNIOR	Beg/Low moves	PRELIM	5:30-6:15		PRELIM		Flying Solo		
off ice	4:30-5:00	on ice	INT/NOV		on ice		sps-B6 only		
4:45-5:15	Low J&S		off ice		<b>Sep 16-Oct 7 ONLY</b>				
Synchro Babes			upstairs		5:00-5:30				
5:00-10:00pm		ZAM-6:15-6:30			JUNIOR-High Art				
Lessons OK		6:30-8:15			<b>STARTS October 14th</b>		6:30-7:00		
<b>Starts SEPT 13</b>		INT/NOV			5:30-6:00		Int/nov/OJ		
5:00-8:45		on ice	8:15-8:45		JUNIOR-High Art		Art		
JUNIOR		8:15-10:00	Med/High		<b>STARTS October 14th</b>		6:30-7:00		
on ice		Lessons OK	moves		6:15-7:00 Junior off ice		PRELIM-AOE		
ZAM 6:00-6:15					ZAM-7:00-7:15				
<b>Starts October 11th</b>					<b>Starts October 14th</b>		7:15-7:45		
9:00-10:00					7:15-8:30		Learn to Skate-4 Weeks Only		
Lessons OK					JUNIOR		SPS-B6		
					on ice		7:45-8:30		
							High J&S & Power		
					7:15-10:00		4 Weeks Only		
					Lessons OK		<b>Sept 16-Oct 7</b>		