



Northwest Hockey Club

2020-2021 Student/Player Code of Conduct Contract

Alcohol, Drugs and Substance Use/Abuse - Zero Tolerance

I understand and agree that I may be required to take a random drug test or a compulsory drug test if my behavior leads the coaches to believe I am under the influence of non-prescribed alcohol or drugs. If I fail to pass or choose not to take the drug test when requested, I will be suspended immediately from play for the remainder of the season.

This includes, but is not limited to, the use of Anabolic Steroids.

Academic Performance – No Pass, No Play

I understand and agree that I must maintain grades at or above 70% in all academic courses to continue to play in Northwest Hockey Club games. Additionally, I will provide a copy of my grades within a week after each reporting period.

Playing Time

I understand playing time is at the SOLE DISCRETION of the coaching staff. Coaches exclusively determine who plays when, where and how much time.

Game Day Dress Code

I agree to wear my Northwest Hockey Club designated polo dress shirt and slacks to all games, unless otherwise specified. No jeans, sneakers or other team's logos. If I fail to wear this, I will be penalized.

Practices

There will be Varsity & JV priority practices and Varsity & JV skills practices. All practices are open to ALL players. I will attend as many as possible and notify the coaches 3 days prior if I will not be attending.

Missing Games

Varsity and JV players are required to notify the coach or team manager by 10 p.m. 3 days prior to games if I will be unable to attend.



This is my responsibility, not my parents'. If I am not at a practice at the beginning of practice without properly coordinating through my team manager, I will be penalized. This includes missing or arriving late for my scheduled off-ice practice if required.

Dispute Resolution

If I have a dispute with the coaches, the following provides me a path for recourse. If the issue is game-related, after 24 hours:

1. I will contact the coach about the issue first to seek resolution.
2. If I am not satisfied, my PARENT and I can bring the grievance to the TEAM MANAGER, who will address it with the coach and/or refer it to the Grievance Committee depending on the issue.
3. If no resolution has been reached, my PARENT & I can bring the issue to any member of the board, preferably the President or Vice President.

Cell Phones in the Locker Rooms

I agree to not bring or use my cell phone in the locker room.

Social Media

Social Media refers to internet-based applications designed to create and share user generated content. Any form of digital magazines, internet forums, web-blogs, podcasts, photographs, video, rating and social bookmarking found on websites such as Twitter, Instagram, Facebook, or Snap Chat that is open to public viewing is considered to be social media. As the user of these platforms, student-athletes are expected to conduct themselves responsibly as members of their respective team, and the Northwest Hockey Club. Users must understand that any content shared is expected to follow acceptable social behaviors outlined in this document. Violations of this policy are subject to investigation and sanctions outlined in this document, and are also subject to review by state and federal law enforcement.

Any malicious use of social media platforms shall not be tolerated. Malicious use may include, but not limited to:

1. Derogatory language or remarks.
2. Demeaning statements or threats that endanger the safety of another person.



3. Incriminating photos or statements regarding illegal criminal behavior, underage drinking use of illegal drugs, sexual harassment or violence.
4. Indicating knowledge of the acts listed above.

Sanctions

Any malicious use can be investigated by representatives of Northwest Hockey Club, as well as civil authorities. Upon investigation and the severity of the incident can result in sanctions by the appropriate body, including the Grievance or Sportsmanship Committee. Sanctions may include, but are not limited to:

1. Written notification from the Northwest Hockey Club to the student identifying the offense and mandated removal of the violation.
2. Temporary or indefinite suspension from their team.
3. Dismissal from athletic team.
4. Non-renewal of athletic grant/scholarship.



Northwest Hockey Club Player Coach Agreement

1. The Head Coach reserves the right to move players between teams as he deems necessary for player development or team performance. Players involved in such a move will be notified in person of any change in their team assignment.
2. Every player has their own gifts and talents, which brings uniqueness to the table. The Northwest Hockey Club will not tolerate any malicious attacks on any player for any reason. This rule will apply in the locker room as well as on the ice. Each player has been chosen with a high expectation of character, and will be held to high standards.
3. I will bring windsuit, running shoes, shorts, etc., and be ready to stretch and warm up with the team.
4. I will not talk with on-ice Referees and Linesmen, unless they are asking me a direct question or I am a captain.
5. I will be penalized by the coach in whatever way he deems appropriate if:
 - a. I get an unnecessary penalty after the whistle has been sounded.
 - b. I talk back, swear, or use obscene or vulgar language at any time during a Northwest Hockey Club event.
6. I will also be penalized if I get mad and leave the practice or if I am asked to leave by the coach. If this behavior is repeated, the severity of the penalty will increase.
7. I may not play in the next game when I do not give 100% during practice.
8. If I refuse or forget to take responsibility for the team pucks or water bottles when asked, I will not expect to use the pucks or bottles in the next practice.

I affirm that I have read and understand the above rules. I understand my responsibilities and the consequences of my behavior.

Player Name: _____

Player Signature: _____

Team / Season: _____ Date: _____

Parent Signature: _____