

The local newsletter featuring Hastings High School athletics. Connecting, informing, & celebrating HHS student-athletes & programs.

AUGUST 2020 ISSUE IV

## PLANS FOR FALL ATHLETICS, SPRING SPORTS REVIEW

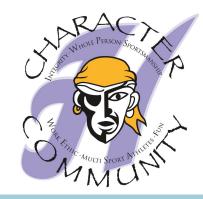
#### FALL PREVIEW

Athletic administrators spent the summer preparing countless contingency plans in hopes that a fall season may be a reality. While there are constraints and challenges with the model that the MSHSL has put forth, we are thrilled to be offering a modified version of education-based athletics at HHS. Stay tuned to our athletics website and Twitter page for regular updates (see below). Fall coaches will also be sending detailed directions and expectations on a sport-by-sport basis. Thanks in advance for your partnership and cooperation with these changes. Stay in touch and GO RAIDERS!

#### SPRING REVIEW

It was an incredible spring. The entire in-person season of spring sports was canceled, which was a significant loss for athletes, families, and coaches alike. Did you know, however, that HHS implemented a "distance coaching" model that was nation-leading? We were one of the first school districts in Minnesota to adopt a creative, intentional framework to connect with student-athletes, impart character lessons, and support social and emotional health. The Hastings model was promoted on a national platform as a model for other schools to implement and use. Our coaches are thanked for their dedicated leadership, and our student-athletes and families are commended for their engagement and partnership.

# CHECK OUT THE 2020-21 HHS SPORTS PARENT VIDEO



Each summer, HHS develops an updated "sports parent video" to inform and update our Raiders athletics network. Intended for parents, the ten-minute video is worth watching for all involved in Hastings High School sports.

The video was produced in partnership with HCTV, and features a variety of student-athletes and coaches. You are encouraged to watch the video <u>HERE</u>.



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## NEW REGISTRATION SOFTWARE, PARTICIPATION FEE STRUCTURE

There are two significant changes to the registration process for athletics.

We have partnered with a new software vendor, Affinety Solutions, to manage our online registration. We believe that families and coaches will appreciate how easy and robust this new platform is. It will require families to create a new username and password in the system. We recognize that this is a hassle - but think you will appreciate many of the differences between Affinety and our old platform. Thanks in advance for your patience with a new system. Contact the athletic office with any questions.

For the first time since 2009, participation fees for athletics have changed. Instead of one single fee for all sports, there are now three tiers. Each tier has a different price point that is based on the average length of season and cost-per-participant per sport. Price points are \$175-200-265 and are outlined on the registration page of the HHS website. HHS is proud to remain at or below the conference and region average for participation fees.

90% of all HHS athletes report they are proud to be a member of their team and sport program, and would recommend it to a friend or classmate

# CHARACTER COMMUNITY COMPETITION



## WHY WE COACH: COACHES DEFINE PURPOSE

HHS is proud to employ over 100 coaches that lead and contribute to our education-based programs. **Our coaches are certified and trained in a variety of ways.** 

All coaches receive instruction on Why We Play and Inside Out transformational coaching, prevention and care of injuries, and MSHSL rules and policies. Head coaches in particular complete a state-mandated certification program, and all coaches at all levels complete annual continuing education requirements at both the state and local level. At HHS specifically, head coaches attend bi-monthly breakfast meetings that focus on professional development and contemporary issues.

In 2020-21 in particular, all coaches at all levels are reading *Inside Out Coaching* by Joe Ehrmann and are participating in a four-session book study. As part of that work, each coach is developing and affirming their own transformational purpose statement (TPS). A TPS recognizes the character values unique to each coach and defines their "why" - how they will show up and lead student-athletes daily. Ask your coach to share their TPS with you!