

|                                                                   |                                             |
|-------------------------------------------------------------------|---------------------------------------------|
| * Even Year - Regular Season Winning coach is All-Star Game Coach | * COY = Coach of the Year                   |
| * Odd Year - COY is All-Star Game Coach                           | * DPOY = Defensive Player of the Year       |
| ** Soccer does not currently have an all-star game                | * MVP = Most Valuable Player                |
|                                                                   |                                             |
| <b>(2018) Boys Soccer</b>                                         |                                             |
| <u><b>EAST</b></u>                                                | <u><b>WEST</b></u>                          |
| Eric Barry - East Wake                                            | Michael Bowman - Asheville                  |
| Joe Rasmussen - East Wake <b>(Co-MVP)</b>                         | Zuriel Mercado - Asheville                  |
| Tiberius Bowers - Fayetteville                                    | Jake Woody - Asheville                      |
| Daniel Miller - North Wake                                        | Titus Crawley - Cabarrus                    |
| Braeden Smith - North Wake                                        | Matthew Frey - Cabarrus                     |
| Eric Walston - North Wake <b>(Co-MVP)</b>                         | Miles Richardson - Cabarrus                 |
| David Biller - Southwest Wake                                     | Micah Mullis - Forsyth                      |
| Joshua Biller - Southwest Wake                                    | James Rowan - Forsyth                       |
| Harrison Barber - Wilmington                                      | Joey Van Eerden - Forsyth                   |
| Corbin Rausenbaum - Wilmington                                    | Ethan Voorhies - Forsyth <b>(MVP)</b>       |
| Elijah Smith - Wilmington                                         | Steve Woody - Asheville <b>(Co-COY)</b>     |
| Connor Brantley - North Wake <b>(COY)</b>                         | John Frey - Cabarrus <b>(Co-COY)</b>        |
|                                                                   |                                             |
| <b>(2018) Volleyball</b>                                          |                                             |
| <u><b>EAST</b></u>                                                | <u><b>WEST</b></u>                          |
| Elizabeth Jackson – Alamance                                      | Sydney Howard – Asheville                   |
| Sophia Knudson – Alamance                                         | Alea Morgan – Asheville                     |
| Rachel Bramble – Cary <b>(MVP)</b>                                | Samantha Worthy – Asheville                 |
| Kate Rezentes – Cary                                              | Amber Barker - Cabarrus <b>(MVP)</b>        |
| Emma Brown – Harnett                                              | Jordan Pracht – Cabarrus                    |
| Grace Kim – Harnett                                               | Kylie Ray – Cabarrus                        |
| Emma Ferrell – Johnston                                           | Megan McHenry - Forsyth                     |
| Christa Burns – North Wake                                        | Olivia Ney – Forsyth                        |
| Emilee Speire – North Wake                                        | Katie Esses – Greensboro                    |
| Brittany Stone – North Wake                                       | Jeanna Hauk – Greensboro                    |
| Darrell Brown - Harnett <b>(COY)</b>                              | Brenda Watt – Asheville <b>(Co-COY)</b>     |
| * Grace Mendhall - North Wake                                     | * Carl Grambrell - Cabarrus <b>(Co-COY)</b> |
|                                                                   |                                             |
| <b>(2019) Basketball (Girls)</b>                                  |                                             |
| <u><b>EAST</b></u>                                                | <u><b>WEST</b></u>                          |
| Savannah Davis - Chatham                                          | Makalie Beaver - Cabarrus                   |
| Alyse Skinner - East Wake                                         | Liv Griffin - Cabarrus                      |
| Caroline Kester - North Wake                                      | Amy Harrell - Cabarrus <b>(DPOY)</b>        |
| Abby Stone - North Wake                                           | Tyler Hackney - High Point                  |

|                                       |                                             |
|---------------------------------------|---------------------------------------------|
| Brittany Stone - North Wake           | Abby Hoyle - High Point                     |
| Sarah Schulz - North Wake (Co-MVP)    | Elaine Smith - High Point                   |
| Allie Dalola - South Wake (DPOY)      | Kara Stancil - High Point                   |
| Abbie George - South Wake             | Jill Boyd - Surry                           |
| Kenzie Hart - South Wake (Co-MVP)     | Krissa Hill - Surry (MVP)                   |
| Liv Hart - South Wake                 | Trinity Thompson - Surry                    |
| Reggie Chapple – South Wake (COY)     | Todd Hill - Surry (COY)                     |
| (2019) Basketball (Boys)              |                                             |
| <u>EAST</u>                           | <u>WEST</u>                                 |
| Jonathan Shutt - Chatham              | Cole Madeira - Cabarrus                     |
| Morgan denBoef - Durham               | Clay Pinion - Cabarrus                      |
| Paul Storey - North Wake              | Jared Cox - Forsyth                         |
| Eric Walston - North Wake             | Gabe Kulits - Forsyth                       |
| Chase Edwards - South Wake            | Sam Williamson - Forsyth                    |
| Austin Manley - South Wake (MVP)      | Kamin Bond - South Charlotte                |
| Jordan Tomberlin - Wake Forest        | Thomas Hailey - South Charlotte (MVP, DPOY) |
| Josh Moyers - Wilmington              | Micah Johnson - South Charlotte             |
| Noah Sibbett - Wilmington             | Timothy Johnson - South Charlotte           |
| Philip Strickland - Wilmington (DPOY) | Berkley Sitterson - South Charlotte         |
| Adam Batts - Wilmington (COY)         | Shawn Hill - South Charlotte (COY)          |
| (2019) Girls Soccer                   |                                             |
| <u>EAST</u>                           | <u>WEST</u>                                 |
| Brinkley Adams - East Wake (Tri-MVP)  | Julianna Bost - Forsyth (Co-MVP)            |
| Hannah Bell - East Wake               | Leah Fisher - Forsyth                       |
| Amery Harrison - East Wake (Tri-MVP)  | Jillian Hauk - Forsyth                      |
| Taylor Harrison - East Wake           | Serena Nelson - Forsyth (Co-MVP)            |
| Tahlia Lloyd - East Wake              | Madelyn Pope - Forsyth                      |
| Katerina Welby - East Wake            | Anna Williams - Forsyth                     |
| Shannon Floyd - North Wake            | Abby Buckner - Asheville                    |
| Mileah Ines - North Wake              | Sarah Leahy - Asheville                     |
| Caitlyn Gunning - Wilmington          | Abby McConnell - Asheville                  |
| Micah King - Wilmington (Tri-MVP)     | Abby Sheppard - Asheville                   |
| Lytic Robinson - Wilmington           | Jared Buckner - Asheville (Co-COY)          |
| Sarah Smith - Wilmington              | Diane Toohey - Forsyth (Co-COY)             |
| Lynn Adams - East Wake (COY)          |                                             |