



**LEGEND**

- T TRANSITION AREA
- START LINE
- FINISH LINE
- 1 MILE MARKERS
- W WATER/AID STATION

## TURN BY TURN DIRECTIONS

- Exit Transition and cross Roanoke River on foot bridge
  - Left on Roanoke River Greenway
  - Continue on Roanoke River Greenway
- Turn around in Bennington St Greenway Parking Lot
  - Continue on Roanoke River Greenway
    - Left on Piedmont St
    - Right on Arbor Ave
  - Left on Roanoke River Greenway
    - Continue on Wiley Dr
  - Stay right on Roanoke River Greenway
- Continue left on Roanoke River Greenway through Vic Thomas Park
  - Left on Memorial Ave
  - Left on Wasena Ave
  - Left on Richard T Wellins Rd
  - Stay left on Roanoke River Greenway
- Turn around on Roanoke River Greenway near Bridge St parking lot
  - Stay right to Richard T Wellins Rd
    - Right on Wasena Ave
    - Right on Memorial Ave
    - Right on Hannah Cir SW
  - Stay right to Roanoke River Greenway
- Left on Roanoke River Greenway through Vic Thomas Park
  - Stay on Roanoke River Greenway
  - Left on footbridge crossing Roanoke River
    - Stay left to finish

Start Elevation: 921 ft ▪ Finishing Elevation: 922 ft ▪ Gain: 384 ft

