

Wade Canton Jr.

Coaching & Playing Experience

- I have been coaching and mentoring young athletes for over 17 years.
- I have been a coach at NMB Volleyball for 8 years.
- Certified Impact and Safesport USAV accreditations

Why do you coach?

"Nothing is so complicated that it cannot be simplified by hard work."

I enjoy the progression of not knowing how to do something, taking an interest in that something, giving it an honest effort, and then mastering that something!

I enjoy fostering that process correctly and seeing it through. More importantly, I enjoy mentoring to assist in bettering society; it starts with our kids!

Fun facts about you

I can find the positive in just about anything!

Regarding athletic wear, I am THEE best-dressed coach there is, Period!
Especially if we're talking sneakers!

Coaching Philosophy or Style?

My coaching style can be seen as militant in a way, but also free-flowing. We learn about our team together and adapt as necessary in order to put the best product on the floor!

My practices usually have the following components:

- Warm up
- Ball control
- Skill portion
- Serve and serve receive
- Put it all together

Each section normally has progressions as part of the drills that get more intense, when we get to the final portion we apply all we've worked on throughout the practice.

I also enjoy attending practices of our other coaches. I'm a sponge when it comes to volleyball, if it's worth learning, I'll learn it!